

Sunday

Monday

Tuesday

Wednesday


Thursday

Friday

Saturday

March 2025

Sherwood Oaks Personal Care

										10:00 Resident Choice Activities: word search, puzzles, wood craft color project, Puzzles, TV favorites Day Room 1:20 Afternoon Movie 3:30 Card Bingo 6:15 Gather after dinner to play Board Games			
9:30-11:00 Catholic Communion 1:20 Afternoon Movie 2:00 Chapel 3:30 Academy Awards Action!	2	10:00 Local News Chat 10:30 Move and Groove 1:30 Word Search Group 2:00 Oscar Awards Trivia/Past and Present 3:00 Uno card Game 6:15 Gather after dinner to play Board Games, Puzzles	3	10:00 Gather and Chat 10:30 Tuesday Tone-Ups 1:30 Word Search Group 2:00 Mardi Gras Party 3:15 Music and Celtic Mandalas 6:15 Gather after dinner to play Board Games, Puzzles	4	10:00 Word of the Day 10:30 Chair Yoga 11:30 Catholic Ashes 2:00 Stability and Stretch 2:30 Protestant Ashes DR 3:00 Yam Slam Game 6:15 Gather after dinner to play Board Games, Puzzles	5	10:00 Today in History 10:30 ABC Fitness 1:30 Word Search Group 2:00 World Wildlife Collage Art Project/African Travel 3:15 Truth or Blarney? 6:15 Gather after dinner to play Board Games, Puzzles	6	10:30 Friday Fitness 1:20 Afternoon Movie 1-5 SORA Festival- AUD/CR 2:00 Stability and Stretch 3:30 Monopoly Game 6:15 Gather after dinner to play Board Games, Puzzles	7	10:30 Sit and Stretch 1:20 Afternoon Movie 3:30 Crazy Eights Card Game 6:15 Gather after dinner to play Board Games, Puzzles Don't forget to turn your clocks ahead one hour!	8
9:30-11:00 Catholic Communion 10:00 Bible Finishing Lines 1:20 Afternoon Movie 2:00 Chapel 3:30 Rummikub Game	9	10:30 Monday Exercise 1:20 Afternoon Movie 3:30 Bagpipe Day: Travelogue to Scotland-Tea and Shortbread 6:15 Gather after dinner to play Board Games, Puzzles	10	10:00 Morning Chat with Coffee and Donuts 1:20 Afternoon Movie 1:30 WQED Program with David Solomon AUD 3:00 6:15 Gather after dinner to play Board Games, Puzzles	11	10:30 Throwback Music and Fitness 2:00 Stability and Stretch 3:00 SWO Ukulele Club Music 3:30 LCR Game 6:15 Gather after dinner to play Board Games, Puzzles	12	10:00 Morning Chat 10:30 Meditative Yoga 1:30 Word Search Group 1:30 Steel Clover Band St. Patrick's Day Music AUD 3:00 Catchphrase Game 6:15 Gather after dinner to play Board Games, Puzzles	13	10:00 Morning Chat 10:30 Friday Fitness 1:30 Word Search Group 2:00 Stability and Stretch 2:45 Music with Dr Dan and Dr Ed and "PI" day 6:15 Gather after dinner to play Board Games, Puzzles	14	10:00 Resident Choice Activities: word search, puzzles, wood craft color project, Puzzles, TV favorites Day Room 1:20 Afternoon Movie 3:30 Clover Craft 6:15 Gather after dinner to play Board Games	15
9:30-11:00 Catholic Communion 1:20 Afternoon Movie 2:00 Chapel 3:30 Giant Crossword Puzzle Group	16	10:00 Morning Chat 10:30 Chair Exercise 1:30 Word Search Group 2:00 Irish Music and Limericks/Refreshments 3:00 Irish Name 5 6:15 Gather after dinner to play Board Games, Puzzles	17	10:00 This Day in Sports History 10:30 Tuesday Tone-Ups 1:30 Word Search Group 2:00 All About Pittsburgh 3:00 Pittsburgh Trivia Game 6:15 Gather after dinner to play Board Games, Puzzles	18	10:00 Morning Chat 10:30 Workout Challenge 1:30 Word Search Group 2:00 Stability and Stretch 2:45 Travelogue: Egypt 6:15 Gather after dinner to play Board Games, Puzzles	19	10:00 Signs of Spring 10:30 Spring into Fitness 11:00 Catholic Mass 2:00 Protestant Communion 2:30 Stuffing Easter Eggs 3:15 Card Games 6:15 Gather after dinner to play Board Games, Puzzles	20	10:00 Morning Chat 10:30 Chair Yoga 1:30 Word Search Group 2:00 Stability and Stretch 2:45 M and M Candy Day 3:15 World Poetry-Read a favorite poem 6:15 Gather after dinner to play Board Games, Puzzles	21	10:00 Resident Choice Activities: word search, puzzles, wood craft color project, Puzzles, TV favorites Day Room 1:20 Afternoon Movie 3:30 Spring Craft Corner 6:15 Gather after dinner to play Board Games	22
9:30-11:00 Catholic Communion 1:20 Afternoon Movie 2:00 Chapel 3:30 Table Games	23	10:00 Weekend News 10:30 Chair One Fitness 1:30 Word Search Group 2:00 Monday Bingo 3:00 Resident Council Mtg 3:30 Famous Speeches/Trivia 6:15 Gather after dinner to play Board Games, Puzzles	24	10:00 Morning Chat 10:30 Meditative Yoga 1:20 Afternoon Movie 1:30 Pittsburgh Ball Room Dancers AUD 3:15 You Be The Judge Game 6:15 Gather after dinner to play Board Games, Puzzles	25	10:00 Word of the Day 10:30 Music with Gene 1:30 Word Search Group 2:00 Stability and Stretch 2:45 History of the Theatre/Virtual Tour/Skits 6:15 Gather after dinner to play Board Games, Puzzles	26	10:00 Baseball Trivia 10:30 Sit and Be Fit 1:30 Word Search Group 2:00 Virtual Ballpark Tours 3:00 Outburst Game and Bases Loaded with Laughs 6:15 Gather after dinner to play Board Games, Puzzles	27	10:30 Friday Fitness 1:20 Afternoon Movie 1:30 North Allegheny HS Cyber Security Club Program AUD 3:30 Yahtzee Game 6:15 Gather after dinner to play Board Games, Puzzles	28	10:30 ABC Fitness 1:20 Afternoon Movie 3:30 Story Behind the Song 6:15 Gather after dinner to play Board Games, Puzzles	29
9:30-11:00 Catholic Communion 10:00 Devotions: Spring Bible Verses 1:20 Afternoon Movie 2:00 Chapel 3:30 TV Tunes/Game	30	10:30 Monday Move and Groove 1:20 Afternoon Movie 3:30 Spring Bingo 6:15 Gather after dinner to play Board Games, Puzzles	31	 <div data-bbox="1445 1612 1911 1874"> <p>Locations Key</p> <p>DR- Day Room C-Chapel AUD-Auditorium CR- Card Room CLG- Cranberry Lake Grill</p> </div>									

Daylight Saving Time Begins

Purim Begins

St. Patrick's Day

Spring Begins

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