

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2025

Sherwood Oaks Personal Care

						<p>10:30 Resident Choice Activities: word search, puzzles, wood craft color project, Puzzles, TV favorites Day Room 1:20 Afternoon Movie 3:30 February Games and Trivia</p>
<p>9:30-11:00 Catholic Communion 1:30 Afternoon Movie 2:00 Chapel 3:30 Groundhog Day and Word Search Challenge</p> <p>Groundhog Day</p>	<p>10:00 Morning Chat 10:30 Move and Groove 1:30 Word Search Group 2:00 Halfway Point of Winter Celebration and Hot Cocoa 3:00 Songs from the Heart 6:15 Gather after dinner to play Board Games, Puzzles</p>	<p>10:00 Good News Stories 10:30 Chair Exercise 2:00 Heart Craft 3:15 Catchphrase Game 6:15 Gather after dinner to play Board Games, Puzzles</p>	<p>10:00 Word of the Day 10:30 Chair One Fitness 1:30 Connections and Conversations (room visits) 2:00 Stability and Stretch 2:45 Front Porch History Travels 3:15 Rummikub Game 6:15 Resident Led: Board Games, Puzzles</p>	<p>10:00 On This Day in History 10:30 Thursday Tunes and Tone-Ups 2:00 Gametime: Yamslam 3:00 Tech Corner: How Chocolate and Gummy Candy is made - sample some! 6:15 Gather after dinner to play Board Games, Puzzles</p>	<p>10:00 Share Your Story 10:30 Meditative Yoga 1:30 Connections and Conversations (room visits) 2:00 Stability and Stretch 2:45 Library Lover's Activity 3:15 Kings in the Corner 6:15 Gather after dinner to play Board Games, Puzzles</p>	<p>10:30 Resident Choice Activities: word search, puzzles, wood craft color project, Puzzles, TV favorites Day Room 1:20 Afternoon Movie 3:30 Name That Tune</p>
<p>9:30-11:00 Catholic Communion 1:30 Afternoon Movie 2:00 Chapel 3:30</p> <p>6:30 Superbowl Sunday Eagles vs. Chiefs Lounge TV</p>	<p>10:00 Gathering News 10:30 Chair One Fitness 1:30 Crossword Puzzle Group 2:00 Famous Literary Couples 3:00 Presidential Bingo 6:15 Gather after dinner to play Board Games, Puzzles</p>	<p>10:00 Donuts, Coffee, and Conversation 10:30 Crazy Eights Card Game 1:45 Short Biographies Black History Month 2:45 Roll it Play it Game 6:15 Gather after dinner to play Board Games, Puzzles</p>	<p>9:45 Word Search Group 10:15 Sing-along Fitness 11:30 Valentine Lunch CR 1:30 Bird Cage Conversation 2:00 Stability and Stretch 2:45 Learning 101- Japan 3:30 Ukelele Club Music</p> <p>Tu B'Shevat Begins</p>	<p>10:30 Thursday Tone-Ups 1:20 Afternoon Movie 3:30 Paper Craft 6:15 Gather after dinner to play Board Games, Puzzles</p>	<p>10:30 Friday Dance Fitness 1:30 Bird Cage Conversation 2:00 Stability and Stretch 3:30 Valentine Social 6:15 Gather after dinner to play Board Games, Puzzles</p> <p>Valentine's Day</p>	<p>10:30 Saturday Sit and Stretch 1:20 Afternoon Movie 3:30 Word Challenge: Snack Foods of the Decades</p>
<p>9:30-11:00 Catholic Communion 10:00 Devotions: Kindness 1:20 Afternoon Movie 2:00 Chapel 3:30 Ka-Blab Game</p>	<p>10:30 Monday Move and Groove 1:20 Afternoon Movie 3:30 Music with Roberta-Love Songs of the 1960's</p> <p>Presidents' Day (U.S.)</p>	<p>10:00 Good News Stories 10:30 Chair Yoga 2:00 Resident Auction 3:00 Zoot Card Game 6:15 Gather after dinner to play Board Games, Puzzles</p>	<p>10:00 Today's Updates 10:30 Workout Challenge 1:30 Connections and Conversations (room visits) 2:00 Stability and Stretch 2:45 Cooking Club: Making Cherries in the Snow 6:15 Gather after dinner to play Board Games, Puzzles</p>	<p>10:00 World News 10:30 Chair One Fitness 11:00 Catholic Mass CR 2:00 Protestant Communion 2:45 Pokeno Game and Famous Feb Birthdays 6:15 Gather after dinner to play Board Games, Puzzles</p>	<p>10:00 Sport Stories 10:30 Pool Noodle Fitness 1:30 Connections and Conversations (room visits) 2:00 Stability and Stretch 2:45 Movie Themes Songs by the Decades 6:15 Gather after dinner to play Board Games, Puzzles</p>	<p>10:30 Resident Choice Activities: word search, puzzles, wood craft color project, Puzzles, TV favorites Day Room 1:00 Drama Club Matinee 1:20 Afternoon Movie 3:30 Virtual Trivia Game</p>
<p>9:30-11:00 Catholic Communion 1:20 Afternoon Movie 2:00 Chapel 3:30 Would You Rather? Spin the Wheel Game</p>	<p>10:00 Bird Cage Chat 10:30 Connections and Fitness 1:30 Word Search Group 2:00 Where in the World? European Landmarks 3:00 Outburst Game 6:15 Gather after dinner to play Board Games, Puzzles</p>	<p>10:00 Historical Facts 10:30 Chair One Fitness 2:00 Art Education: The Grand Canyon 2:30 Pictionary Game 6:15 Gather after dinner to play Board Games, Puzzles</p>	<p>10:00 Word of the Day 10:30 Lo-Impact Fitness 1:30 Connections and Conversations (room visits) 2:00 Stability and Stretch 2:45 Jamaican Themed Happy Hour and Reggae Dance Tunes 6:15 Gather after dinner to play Board Games, Puzzles</p>	<p>10:00 This Day in History 10:30 Balanced Fitness 2:00 Magazine Scavenger Hunt 3:00 Gametime: Rummikub 6:15 Gather after dinner to play Board Games, Puzzles</p>	<p>10:00 Points to Ponder 10:30 Sit and Get Fit! 1:30 Pittsburgh Cultural Trust Group Presents: Interactive Art- Cojiform (as featured in WQED) AUD 2:00 Stability and Stretch 6:15 Gather after dinner to play Board Games, Puzzles</p>	<p>Location Key for Activities</p> <p>F- Founders L- Lake C-Chapel AUD-Auditorium CR- Card Room CLG- Cranberry Lake Grill</p>

Activities are subject to change