

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2025

## Sherwood Oaks Skilled Nursing

<h1>January 2025</h1> <h2>Sherwood Oaks Skilled Nursing</h2>		<b>Happy New Year! 1</b> 9:45 Morning Greetings 10:00 New Years Traditions/This Day in History 2:00 Craft Corner: Winter Mitten Project and "J" Questions 6:15 Evening Movie <small>New Year's Day</small>		<b>2</b> 9:45 Morning Greetings 10:00 Chair One Fitness 2:00 Catchphrase Game 6:15 Evening Movie		<b>3</b> 9:45 Morning Greetings 10:00 Friday Fitness 2:00 History 101: Watches and Time for Humor 6:15 Evening Movie		<b>4</b> 10:00 Resident Run Activities Word Searches, Puzzles, TV Favorites: Lake Lounge 2:00 Think Fast Game 6:15 Evening Movie							
		<b>5</b> 9:30-11:00 Catholic Communion 10:00 Bird Day Trivia 2:00 Chapel 2:45 Uno Game 6:15 Evening Movie		<b>6</b> 9:45 Morning Greetings 10:00 Monday Move and Groove 2:00 Wheel of Fortune History and Game 6:15 Evening Movie		<b>7</b> 9:45 Morning Greetings 10:00 Tuesday Tone-Ups 10:30 Pandora's Box 2:00 Book Club and 3:30 Connections and Conversations 6:15 Evening Movie		<b>8</b> 9:45 Morning Greetings 10:00 Wednesday Warm-Ups 10:30 Word Teasers 2:00 <b>Elvis Day: Music, Trivia, and Making Favorite Food</b> 3:30 Connections and Conversations 6:15 Evening Movie		<b>9</b> 9:45 Morning Greetings 10:00 Thursday Balloon Volley 10:30 Shake Loose a Memory 2:00 Andy Warhol's Campbell's Soup Project/Art 3:30 Connections and Conversations 6:15 Evening Movie		<b>10</b> 9:45 Morning Greetings 10:00 Friday Fitness- Bee Gees Music 10:30 Think Again 2:00 Guess the Song: Music from 1930's-1960's 3:00 Board Games 3:30 Connections and Conversations 6:15 Evening Movie		<b>11</b> 9:45 Morning Greetings 10:00 Saturday Stretch and News and Views 2:00 Art Group- Snowflakes 6:15 Evening Movie	
		<b>12</b> 9:30-11:00 Catholic Communion 2:00 Chapel 2:45 Games and Gab 6:15 Evening Movie		<b>13</b> 9:45 Morning Greetings 10:00 Monday Fitness 10:30 Brain Games 2:00 Winter Bird Art 3:30 Connections and Conversations 6:15 Evening Movie		<b>14</b> 9:45 Morning Greetings 10:00 Tuesday Tone-Ups 10:30 White Board Game Word Challenge 2:00 Zentangle Art 3:30 Connections and Conversations 6:15 Evening Movie		<b>15</b> 9:45 Morning Greetings 10:00 Wednesday Warm-Ups 10:30 Scattogories 2:00 Winter Jar Craft 3:30 Connections and Conversations 6:15 Evening Movie		<b>16</b> 9:45 Morning Greetings 10:00 Thursday Exercise 11:00 <b>Catholic Mass</b> 1:30 <b>Protestant Communion: Founders Lounge</b> 2:15 1920's Speakeasy Happy Hour 3:30 Connections and Conversations		<b>17</b> 9:45 Morning Greetings 10:00 Friday Fitness 10:30 Finish the Phrases 2:00 <b>Winter Bingo</b> 3:30 Connections and Conversations 6:15 Evening Movie		<b>18</b> 10:00 Resident Run Activities Word Searches, Puzzles, TV Favorites: Lake Lounge 2:00 Bird Matching Presentation and Trivia 6:15 Evening Movie	
		<b>19</b> 9:30-11:00 Catholic Communion 10:30 <b>Cello Concert with Marcus</b> AUD 2:00 Chapel 2:45 Winter Word and Image Quiz 6:15 Evening Movie <small>Activity Professionals Week</small>		<b>20</b> 9:45 Morning Greetings 10:00 Rock and Roll Fitness 2:00 Martin Luther King Day History and Jeopardy Game 6:15 Evening Movie <small>Martin Luther King Jr. Day</small>		<b>21</b> 9:45 Morning Greetings 10:00 Tuesday Tone-Ups 2:00 <b>Resident Council Meeting</b> 2:45 Pokeno Game 6:15 Evening Movie		<b>22</b> 9:45 Morning Greetings 10:00 Wednesday Warm-Ups 2:00 Learn to Draw! Drawing Class with Grace 6:15 Evening Movie		<b>23</b> 9:45 Morning Greetings 10:00 Thursday Balloon Volley 10:30 What's Next? 2:00 <b>Music with Gene</b> 3:30 Connections and Conversations 6:15 Evening Movie		<b>24</b> 9:45 Morning Greetings 10:00 Friday Fitness 2:00 Discovering Paris: Dice Game and All About France 6:15 Evening Movie		<b>25</b> 9:45 Morning Greetings 10:00 ABC Fitness 2:00 Word Challenge and LCR Game 6:15 Evening Movie	
		<b>26</b> 9:30-11:00 Catholic Communion 10:00 Devotions: Being a Good Neighbor 2:00 Chapel 2:45 Bible Jeopardy 6:15 Evening Movie <small>Australia Day (Observed)</small>		<b>27</b> 9:45 Morning Greetings 10:00 Monday Meditation Yoga 2:00 <b>Winter Wonderland Tea Party</b> 3:00 Sing-along with Roberta-Old and New Tunes! 6:15 Evening Movie		<b>28</b> 9:45 Morning Greetings 10:00 Tuesday Tone-Ups 10:30 Today in History 2:00 <b>Bingo - Palooza!</b> 3:30 Connections and Conversations 6:15 Evening Movie		<b>29</b> 9:45 Morning Greetings 10:00 Wednesday Warm-Ups 10:30 Name the Song 2:00 Lunar Year- Social and Lantern Craft 3:30 Connections and Conversations 6:15 Evening Movie <small>Chinese New Year (Year of the Snake)</small>		<b>30</b> 9:45 Morning Greetings 10:00 Thursday Exercise 10:30 Debate and Discuss 2:00 Art Group: Create your own Coffee Mug 3:30 Connections and Conversations 6:15 Evening Movie		<b>31</b> 9:45 Morning Greetings 10:00 Friday Fitness 10:30 Today in History 2:00 <b>Decorating Snowball Cupcakes</b> 3:30 Connections and Conversations 6:15 Evening Movie			