

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2024



Sherwood Oaks Oak Grove

						9:30-10:00 Visits/Chronicles 1 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 Book Leaves Project 1 2:45 Book Leaves Project 2	9:15-10:00 Visits/Chronicles 2 10:00 Saturday Warm-Ups 1 10:45 Saturday Warm-Ups 2 1:30 Scattergories Game 1 2:45 Scattergories Game 2
9:15-10:00 Visits/Chronicles 3 10:00 Sunday Stretch 1 10:45 Sunday Stretch 2 1:30 Hymn Sing and "This Ole House" song and Reminisce 1 2:45 Hymn Sing and "This Ole House" song and Reminisce 2	9:30-10:00 Visits/Chronicles 4 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 Eye-Spy Zoom in Guessing Game/Animals and Insects 1 2:45 Eye-Spy Zoom in Guessing Game-Animals and Insects 2 6-7:15 Massages with Jan	9:15-10:00 Visits/Chronicles 5 10:00 Tuesday Tone-Ups 1 10:45 Tuesday Tone-Ups 2 1:30 -3:15 Music Bingo and Trivia 1 3:30 Puzzles and Piano Music 2 5:30 Melodic Melodies 1 6:00 Melodic Melodies 2	9:30-10:00 Visits/Chronicles 1,2 6 10:00 Pool Noodle Exercise 1 10:45 Pool Noodle Exercise 2 2:00 Gene Testa-Music 1,2 Please gather on OG 1 All Residents Welcome! 3:30 Table Talk OG 2 6:00 Evening Movie with popcorn 1,2	9:15-10:00 Visits/Chronicles 7 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 -3:15 Music Spotlight: Patti Page and Penny Ante Game 2 3:30 Puzzles and Piano Music 1 5:30 Pet Visit with Tex1 6:00 Pet Visit with Tex1 2	9:30-10:00 Visits/Chronicles 8 10:00 Chair Yoga 1 10:45 Chair Yoga 2 1:30 Phipps's Conservatory Flower Show Virtual Show and Discussion 1 2:45 Phipps's Conservatory Flower Show Virtual Show and Discussion 2	9:15-10:00 Visits/Chronicles 9 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 Acorn Banner 1 2:45 Acorn Banner 2	
9:30 Visit and Chronicles 1,2 10 10:00 Sunday Stretch and Daily News Story 1 10:45 Sunday Stretch and Daily News Story 2 2:00 Musical: and Montessori Activities 1 2:00 Musical: and Montessori Activities 2	9:30-10:00 Visits/Chronicles 11 10:00 Patriotic Fitness 1 10:45 Patriotic Fitness 2 1:30 Veterans Day Program AUD 1:30 Afternoon Musical "Yankee Doodle Dandy" 1 1:30 Afternoon Musical "Lawrence Welk Patriotic Show 2 2:45 Veterans Trivia 1 3:30 Veterans Trivia 2	9:15-10:00 Visits/Chronicles 12 10:00 Tuesday Tone-Ups 1 10:45 Tuesday Tone-Ups 2 1:30 -3:15 Sistine Chapel Tour/Discussion and Music Trivia 1 3:30 Mandalas and Mozart 2 5:30 Finishing Lines 1 6:00 Finishing Lines 2	9:30-10:00 Visits/Chronicles 13 10:00 Balloon Volley 1 10:45 Balloon Volley 2 1:30 Soda Bottle Blossom Tree Craft 1 2:45 Soda Bottle Blossom Tree Craft 2 5:30 You Choose the Tune 1 6:00 You Choose the Tune 2 World Kindness Day!	9:15-10:00 Visits/Chronicles 14 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 -3:15 Bell Choir and Word in a Word Game 2 3:00 Protestant Communion 1 3:15 Protestant Communion 2 3:30 Mandalas and Mozart 1 6:00 Evening Movie and Popcorn 1, 2	9:30-10:00 Visits/Chronicles 15 10:00 Chair Chi Fitness 1 10:45 Chair Chi Fitness 2 1:30-3:30 Conversation Connections Paper Chain and Bingo 1 1:30-3:30 Two in One Door Tags and Pick a Song 2	10:30 Pet Therapy visits with Sarah and Oakley 1 10:45 Pet Therapy visits with Sarah and Oakley 1:30 Fun and Fitness 1 2:00 Fun and Fitness 2	
9:30 Visit and Chronicles 1,2 17 10:00 Sunday Stretch and Daily News Story 1 10:45 Sunday Stretch and Daily News Story 2 1:30 Music with Roberta 1 2:15 Music with Roberta 2	9:30-10:00 Visits/Chronicles 18 10:00 ABC Fitness 1 10:45 ABC Fitness 2 1:30 Sensory Science 1 2:45 Sensory Science 2 6-7:15 Massages with Jan	9:15-10:00 Visits/Chronicles 19 10:00 Tuesday Tone-Ups 1 10:45 Tuesday Tone-Ups 2 1:30 -3:15 Turkey Races and Trivia with a Twist 1 3:30 Shake Loose A Memory 2 5:30 Stretch and Sing 1 6:00 Stretch and Sing 2	9:30-10:00 Visits/Chronicles 20 10:00 Wednesday Workout 1 10:45 Wednesday Workout 2 1:30 Fall Leaf Turkey Craft 1 2:45 Fall Leaf Turkey Craft 2 6:00 Evening Movie with popcorn 1,2	9:15-10:00 Visits/Chronicles 21 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 2:00 Friendsgiving Gathering Cranberry Lake Grill 1,2 Music with Steel Clover and Company 3:30 Sing-along 1 3:30 Sing-along 2 5:30 Pet Visit with Tex11 6:00 Pet Visit with Tex12	9:30-10:00 Visits/Chronicles 22 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 Thanksgiving Recipe Reminisce and Cooking Group 1 2:45 Thanksgiving Recipe Reminisce and Cooking Group 2	9:15-10:00 Visits/Chronicles 23 10:00 Saturday Warm-Ups 1 10:45 Saturday Warm-Ups 2 1:30 Name That Rock Song 1 2:45 Name That Rock Song 2	
9:15-10:00 Visits/Chronicles 24 10:00 Sunday Stretch 1 10:45 Sunday Stretch 2 1:30 Hymn Sing and Sunday Reminisce Stories 1 2:45 Hymn Sing and Sunday Reminisce Stories 2	9:30-10:00 Visits/Chronicles 25 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 Creating Card Crafts and Crooner Music 1 2:45 Creating Card Crafts and Crooner Music 2	9:15-10:00 Visits/Chronicles 26 10:00 Tuesday Tone-Ups 1 10:45 Tuesday Tone-Ups 2 1:30 -3:15 Ten Questions Game/Treats and Tina Turner Tune Talk 1 3:30 Conversation Catch 2 5:30 Melodic Melodies 1 6:00 Melodic Melodies 2	9:30-10:00 Visits/Chronicles 27 10:00 Rhythm Stick Exercise 1 10:45 Rhythm Stick Exercise 2 1:30 Gratitude Tree 1 2:45 Gratitude Tree 2 6:00 Evening Movie with popcorn 1,2	9:15-10:00 Visits/Chronicles 28 10:00 Thursday Workout and Sharing Thankful Thoughts 1 10:45 Thursday Workout and Sharing Thankful Thoughts 2 1:30 -2:30 Harvest Game 1 2:45-3:30 Harvest Game 2	9:30-10:00 Visits/Chronicles 29 10:00 Chair Yoga 1 10:45 Chair Yoga 2 1:30 Sing-Along 1 2:45 Sing-Along 2	9:30 Visit and Chronicles 1,2 30 10:00 Saturday Stretch and Share a Story 1 10:45 Saturday Stretch and Share a Story 2 2:00 Musical: and Montessori Activities 1 2:00 Musical: and Montessori Activities 2	

Activities are subject to change- **St. Ferdinand's Parish visits residents for Catholic Communion every Sunday between 9:30-11:00-All Residents Welcome to activities on both Oaks Grove 1 and 2**