

“For Your Information”

(A periodic publication by Sherwood Oaks)

September 23, 2024

New Director of Dining

Join me in welcoming our new Director of Dining, Amanda Anthony. Amanda attended Indiana University of PA with a degree in hospitality management. She’s been with Cura for seven years, most recently as the Food Service Director at Asbury Heights. Her hobbies include reading, hanging out with her German Shepherd, Zorro, and traveling. Amanda’s start date is Monday, September 30.

Attention Swimmers

The Fitness Center offers low-impact group classes throughout the week that can be performed in place of Aquacise or general pool use. While the pool remains closed for repairs, any of the following group classes could serve as an appropriate substitution:

Monday - Mindful Stretch - 11:00 a.m.

Tuesday and Friday - Tai Chi - 10:00 a.m.

Thursday - Stretch and Stability - 11:00 a.m.

These classes are low impact and conducted in the Cranberry Lake Fitness Center. Please feel free to reach out to Bill Burtner at ext. 8543 with any questions.

Funnel Cake Event

“D’s Fair” food truck will be on campus on Monday, September 30 for a funnel cake event. Every resident and employee are invited to receive one free funnel cake. Additional funnel cakes can be purchased at \$7.00 each (cash only). The food truck will be parked at the ambulance entrance.

Times are as follows:

1:00-2:00 p.m. – Skilled Nursing & Oak Grove residents and staff

2:00-3:00 p.m. – Personal Care residents & staff, Independent Living residents and all other staff

Birthday Celebration

Don’t be late for a very important date! Join us down the rabbit hole (main dining room) on Wednesday, September 25 for our Alice in Wonderland themed meal.

Enjoy our very merry party with a menu of mulligatawny soup, chilled cantaloupe soup, poppyseed ham melts, smoked salmon with dill sauce, lemon chicken, roasted vegetable quiche, duchess potatoes, button mushrooms, minted peas, a “drink me” cotton candy float or an “eat me” mini dessert plate.

Due to the popularity of our themed events, we highly recommended you make a reservation for lunch and/or dinner by calling extension 8234 – with your name, number of people in your party and reservation time. Tune in to channel 951 (Sept. 25) at 1:30 p.m. and 7:30 p.m. to watch Alice in Wonderland.

