

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30-11:00 Catholic Communion 10:00 Hymns and Humor 2:00 Chapel 2:45 Funny Quotes and Clips 6:15 Evening Movie	9:45 Morning Greetings 10:00 Monday Move and Groove 2:00 Would You Rather? Labor Day Edition 6-7:15 Aromatherapy Massages with Jan (request and in room) 6:15 Evening Movie <small>Labor Day</small>	9:45 Morning Greetings 10:00 Tuesday Tone-Ups 10:30 Brain Games 2:00 Frank Sinatra Day: Quiz and Sing-along 3:30 Patio Chat 6:15 Evening Movie	9:45 Morning Greetings 10:00 Chair One Fitness 2:00 <b>Dale Cinski, guitarist</b> AUD 3:30 Patio Chats and Nature Observations 6:15 Evening Movie	9:45 Morning Greetings 10:00 Throwback Thursday Exercise 2:00 Around the House Bingo Game 3:30 Patio Chat 6:15 Evening Movie	9:45 Morning Greetings 10:00 Chair Yoga 2:00 Board Game Day 6:15 Evening Movie	9:45 Morning Greetings 10:00 Saturday Stretch and Conversation Corner  <b>Car Cruise 1-4pm Upper parking lot</b>  6:15 Evening Movie
9:30-11:00 Catholic Communion 2:00 Chapel 2:45 Celebrity Bingo 6:15 Evening Movie  <small>Grandparents Day</small>	9:45 Morning Greetings 10:00 Monday Move and Groove Fitness 2:00 Author Spotlight: Phyllis A. Whitney 6:15 Evening Movie	9:45 Morning Greetings 10:00 Tuesday Tone-Ups 10:30 Scategories 2:00 Solar System Painting Project 3:30 Connections and Conversations 6:15 Evening Movie	9:45 Morning Greetings 10:00 Wednesday Workout 2:30 <b>Sherwood Singers</b> Singing together with Roberta 6:15 Evening Movie	9:45 Morning Greetings 10:00 Throwback Thursday Exercise 10:30 Word List Game 2:00 Art 101: Making Clay Scented Room Hangings 3:30 Connections and Conversations 6:15 Evening Movie	9:45 Morning Greetings 10:00 Fitness Friday 10:30 2:00 <b>Tracy Lee, ukelele-</b> AUD 3:30 Patio Chat 6:15 Evening Movie	10:00 Day Room Resident Run Activities: Word Searches, Puzzles, TV Favorites 2:30 One Hit Wonders 6:15 Evening Movie
9:30-11:00 Catholic Communion 2:00 Chapel 2:45 Seventies Sing-along 6:15 Evening Movie	9:45 Morning Greetings 10:00 Monday Movement 10:30 True or False? 2:00 Sweet Street 3:30 Connections and Conversations 6-7:15 Aromatherapy Massages with Jan (request and in room) 6:15 Evening Movie	9:45 Morning Greetings 10:00 Tuesday Tone-Ups 10:30 Pandora's Box 2:00 <b>Resident Council Meeting</b> 2:30 Thumbprint Art Cards 3:30 Connections and Conversations 6:15 Evening Movie	9:45 Morning Greetings 10:00 Wednesday Workout 10:30 Pictionary 2:00 All About Animation: Pixar Shorts Day 3:30 Connections and Conversations 6:15 Evening Movie	9:45 Morning Greetings 10:00 Throwback Thursday Exercise 10:30 Shake Loose a Memory 11:00 <b>Catholic Mass-</b> CR 2:00 Happy Hour 3:30 Connections and Conversations 6:15 Evening Movie	9:45 Morning Greetings 10:00 Fitness Friday 2:00 <b>Pinch Pot Project</b> session one 6:15 Evening Movie	9:45 Morning Greetings 10:00 Sit and Stretch 2:00 Bowling Dice Game and Oktoberfest Facts 6:15 Evening Movie  <small>Oktoberfest Begins</small>
9:30-11:00 Catholic Communion 10:00 Devotions: Autumn Blessings 2:00 Chapel 2:45 Autumn Trivia and Pumpkin Cookies 6:15 Evening Movie  <small>Autumn Begins</small>	9:45 Morning Greetings 10:00 Monday Move and Groove 2:00 Painting with Music 6:15 Evening Movie	9:45 Morning Greetings 10:00 Tuesday Tone-Ups 10:30 Oktoberfest Trivia 2:00 <b>Oktoberfest: Music with Kevin- Cranberry Lake Grill</b> 3:30 Connections and Conversations 6:15 Evening Movie	9:45 Morning Greetings 10:00 Wednesday Workout 10:30 Table Talk Topics 2:00 <b>Pinch Pot Project</b> session two 3:30 Connections and Conversations 6:15 Evening Movie	9:45 Morning Greetings 10:00 Throwback Thursday Exercise 10:30 1:30 <b>Protestant Communion</b> (in rooms) 2:00 Card Creations 3:00 Penny Ante Game 6:15 Evening Movie	9:45 Morning Greetings 10:00 Noodle Ball Exercise 2:00 <b>Friday Bingo</b> 6:15 Evening Movie	10:00 Day Room Resident Run Activities: Word Searches, Puzzles, TV Favorites 1:30 <b>Memorial Service</b> AUD 2:45 Lucky Dog Card Game 6:15 Evening Movie
9:30-11:00 Catholic Communion 2:00 Chapel 2:45 Travelogue to Greece 6:15 Evening Movie	9:45 Morning Greetings 10:00 Meditative Yoga <b>Funnel Cake Event 1-3pm Outside founders</b>  3:00 ABC Country Challenge 6:15 Evening Movie	<h1>September 2024</h1> <h2>Sherwood Oaks Skilled Nursing</h2>				

Activities are subject to change.