



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:15-10:00 Visits/Chronicles 1 10:00 Monday Move and Groove 10:45 Monday Move and Groove 1:30 Pictionary and Headbanz Game 1 2:45 Pictionary and Headbanz Game 2 Canada Day	9:15-10:00 Visits/Chronicles 2 10:00 Pool Noodle Exercise 1 10:30 Pool Noodle Exercise 2 11:30 Outside July Picnic Oak Grove 1 Patio Area 2:00 American Trivia 1 3:00 Music Brain Games 2 5:30 Melodic Melodies 1 6:00 Melodic Melodies 2	9:15-10:00 Visits/Chronicles 3 10:00 Wednesday Workout 1 10:45 Wednesday Workout 2 1:30 Wood/Clay Painting 1 2:45 Engaged Senior Games 2 6:00 Evening Movie with Popcorn 1,2	9:15-10:00 Visits/Chronicles 4 10:00 Fourth of July Fitness 1 10:45 Fourth of July Fitness 2 1:30 Patriotic Sing-a-Long 1 2:45 Patio Games and Pop 2 5:30 Pet Therapy Visit with Tex 1 6:00 Pet Therapy Visit with Tex 2 Independence Day (US)	9:15-10:00 Visits/Chronicles 5 10:00 Chair Yoga and Past Times 1 10:00 Fun and Fitness and Table Talk 2 1:30 Connections and Conversations 1,2 2:00 Mysteries of Space/Craft 1 3:30 Reminisce/Sharing Stories 1 2:00 Fun in the Sun and Word in a Word Game 2 3:30 Reminisce/Sharina Stories 2	9:15-10:00 Visits/Chronicles 6 10:00 Montessori Activities and Puzzles 1,2 1:30 Name Five Game 1 2:00 Name Five Game 2 2:00 Afternoon Movie 1,2
9:30 Visit and Chronicles 1,7 10:00 Sunday Stretch and Daily News Story 1 10:45 Sunday Stretch and Daily News Story 2 2:00 Musical: "Summer Stock" And Montessori Activities 1 2:00 Musical: "Top Hat" And Montessori Activities 2	9:15-10:00 Visits/Chronicles 8 10:00 Scarf Exercise 1 10:00 Fun and Fitness 2 1:30 Connections and Conversations 1,2 2-3:30 Musical Passport and Word in Word Game 1 3:30 Reminisce 1 2-3:30 History of the Circus: Art Illustration/Project/Video 2 3:30 Reminisce 2	9:15-10:00 Visits/Chronicles 9 10:00 Sing and Stretch 1 10:45 Sing and Stretch 2 1:30 Pictogram Songs 1 2:45 Numbers Bingo 2 5:30 Relaxation/Hand Massages 1 6:00 Relaxation/Hand Massages 2	9:15-10:00 Visits/Chronicles 10 10:00 Wednesday Workout 1 10:45 Wednesday Workout 2 1:30 What Am I Game/Honeycomb Craft 1 2:45 What Am I Game/Honeycomb Craft 2 6:00 Evening Movie and Popcorn 1,2	9:15-10:00 Visits/Chronicles 11 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 Numbers Bingo 1 2:45 Pictogram Songs 2 3:00-3:15 Protestant Communion 1,2	9:15-10:00 Visits/Chronicles 12 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 Catchphrase and Name That Tune 1 2:45 Catchphrase and Name That Tune 2	9:15-10:00 Visits/Chronicles 13 10:00 Balloon Volley 1 10:45 Balloon Volley 2 1:30 Craft Creations and Music Fun with Nancy 1 2:45 Craft Creations and Music Fun with Nancy 2
9:30 Visit and Chronicles 1,2 10:00 Sunday Stretch and Chronicle News 1 10:45 Sunday Stretch and Chronicle News 2 1:30 Music with Roberta 1 2:15 Music with Roberta 2	9:15-10:00 Visits/Chronicles 15 10:00 1 10:00 Fun and Fitness 2 1:30 Connections and Conversations 1,2 2-3:30 Finnish Art/ Travelogue 1 3:30 Walking Garden Walks 1 2-3:30 Music Appreciation and Race Game 2 3:30 Finishing Lines 2 5:15 Aromatherapy Massages with Jan 1,2	9:15-10:00 Visits/Chronicles 16 10:00 Noodle Ball 1 10:45 Noodle Ball 2 1:30 Sing-a-Long with Steph and Story Corner 1 2:45 Sing-a-Long with Steph and Story Corner 1 5:30 Stretch and Sing 1 6:00 Stretch and Sing 2	9:15-10:00 Visits/Chronicles 17 10:00 Wednesday Workout 1 10:45 Wednesday Workout 2 1:30 Disneyland Travel and Tunes/Engaged Senior Games 1 2:45 Disneyland Travel and Tunes/Engaged Senior Games 2 6:00 Evening Movie and Popcorn 1,2	9:15-10:00 Visits/Chronicles 18 10:00 Chair Chi 1 10:30 Fun and Fitness 2 2-3:30 Reminiscing Iconic Pictures/Tunes and Trivia 1 3:30 Conversation Cubes 1 2-3:30 Bean Bag Toss Game and Question Quest Game 2 3:30 Conversation Cubes 2 5:30 Pet Therapy Visit with Tex 1 6:00 Pet Therapy Visit with Tex 2	9:15-10:00 Visits/Chronicles 19 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 Exercising to Moon songs 1:30 Cooking Club and Finish the Proverb Game 2 2:45 Cooking Club and Finish the Proverb Game 2	9:15-10:00 Visits/Chronicles 20 10:00 Scarf Exercise 1 10:45 Scarf Exercise 2 1:30 Man on the Moon Day 1 2:45 Man on the Moon Day 2
9:30 Visit and Chronicles 1,2 10:00 Sunday Stretch and Today's Topic : Picnics 1 10:45 Sunday Stretch and Today's Topic : Picnics 2 1:30 Hymn Sing and Bible Trivia 1 2:45 Hymn Sing and Bible Trivia 2	9:15-10:00 Visits/Chronicles 22 10:00 1 10:45 Fun and Fitness 2 1:30 LIFE stories and Tabletop Games 1 2:45 LIFE stories and Tabletop Games 2	9:15-10:00 Visits/Chronicles 23 10:00 Balloon Volley Exercise 1 10:45 Balloon Volley Exercise 2 1:30 Patio Party/ABC Music Game and Lemonade 1 2:45 Would You Rather Music Game 2 5:30 Engaged Senior Games 1 6:00 Engaged Senior Games 2	9:15-10:00 Visits/Chronicles 24 10:00 1 10:45 Fun and Fitness 2 1:30 Would You Rather Music Game 1 2:45 Handbells 2 6:00 Evening Movie and Popcorn 1,2	9:15-10:00 Visits/Chronicles 25 10:00 Rock and Roll Exercise 1 10:00 Rock and Roll Exercise 2 1:30 Connections and Conversations 1,2 2:00 Music with Gene 1 All residents welcome from 1 and 2 3:00 Quilt Square Coloring 1 2:00 "Bye Bye Birdie" (musical) 2 3:00 Coaster Painting 2 5:30 Memory Boxes 1 6:00 Memory Boxes 2	9:15-10:00 Visits/Chronicles 26 10:00 Chai Chi 1 10:45 Chair Chi 2 1:30 Summer Olympics History and Oak Grove Olympics 1 2:45 Summer Olympics History and Oak Grove Olympics 2	9:15-10:00 Visits/Chronicles 27 10:00 Fun and Fitness 1 10:45 Fun and Fitness 2 1:30 Paris Art Project and Travelogue with Grace 1 2:45 Paris Art Project and Travelogue with Grace 2
9:30 Visit and Chronicles 1,2 10:00 Devotions and Dance Exercise 1 10:45 Devotions and Dance Exercise 2 1:30 Crafts Creations with Nancy 1 2:45 Craft Creations with Nancy 2	9:15-10:00 Visits/Chronicles 29 10:00 Fun and Fitness 1 10:00 ABC Fitness 2 1:30 Connections and Conversations 1,2 2-3:30 Songwriting / Music Bingo 1 3:30 Puzzles 1 2-3:30 Travel to Madagascar/Create Drawings and Cupcakes 2 3:30 Puzzles 2 5:15 Aromatherapy Massages with Jan 1,2	9:15-10:00 Visits/Chronicles 30 10:00 Rhythm Stick and Stretch 1 10:45 Rhythm Stick and Stretch 2 1:30 Ring Toss Game/Music Appreciation: Elvis Presley 1 2:45 Patio Party/ABC Music Game and Lemonade 2 5:30 Sing-a-Long 1 6:00 Sing-a-Long 2	9:15-10:00 Visits/Chronicles 31 10:00 1 10:45 Fun and Fitness 2 1:30 MGM Lion and Movie Stars/Table Golf Game 1 2:45 MGM Lion and Movie Stars/Table Golf Game 2 6:00 Evening Movie and Popcorn 1,2			

Activities are subject to change