

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2024

SHERWOOD OAKS SKILLED NURSING

<p>9:30-11:00 Catholic Communion St. Ferdinands (in room) 2:00 Chapel 3:00 Mad Lib Theatre Game 6:15 Evening Movie</p> <p>3</p>	<p>10:00 Monday Move and Groove Exercise 2:00 Monday Music with Gene 6:15 Evening Movie</p> <p>4</p>	<p>10:00 Tuesday Tone Ups! 2:00 Lucky Clover Art Project 6:15 Evening Movie</p> <p>5</p>	<p>10:00 Wednesday Workout 2:00 Music Pictionary Game 2:45 Resident Singing Group 6:15 Evening Movie</p> <p>6</p>	<p>9:45 Greetings 10:00 Throwback Thursday Exercise 2:00 Beatles Music Day-Name That Tune 6:15 Evening Movie</p> <p>7</p>	<p>9:45 Greetings 10:00 Friday Fitness 2:00 March Bingo Bash 6:15 Evening Movie</p> <p>1</p>	<p>10:30 Saturday Morning Conversation Cubes and Stretch 2:45 Tech Corner: Engaged Senior Games 6:15 Evening Movie</p> <p>2</p>
<p>9:30-11:00 Catholic Communion St. Ferdinands (in room) 2:00 Chapel 3:00 Mad Lib Theatre Game 6:15 Evening Movie</p> <p>3</p>	<p>10:00 Monday Move and Groove Exercise 2:00 Monday Music with Gene 6:15 Evening Movie</p> <p>4</p>	<p>10:00 Tuesday Tone Ups! 2:00 Lucky Clover Art Project 6:15 Evening Movie</p> <p>5</p>	<p>10:00 Wednesday Workout 2:00 Music Pictionary Game 2:45 Resident Singing Group 6:15 Evening Movie</p> <p>6</p>	<p>9:45 Greetings 10:00 Throwback Thursday Exercise 2:00 Beatles Music Day-Name That Tune 6:15 Evening Movie</p> <p>7</p>	<p>9:45 Greetings 10:00 Friday Fitness 2:00 Game Day/Pokeno and Reminisce 6:15 Evening Movie</p> <p>8</p>	<p>10:30 Square Dance Fitness 2:45 Quicktionary Game 6:15 Evening Movie</p> <p>9</p> <p>Daylight Saving Time Reminder to turn your clocks back one hour!</p>
<p>9:30-11:00 Catholic Communion St. Ferdinands (in room) 2:00 Chapel 3:00 Question Quest Game 6:15 Evening Movie</p> <p>10</p> <p><small>Ramadan Begins Daylight Saving Time Begins</small></p>	<p>9:45 Greetings 10:00 Monday Move and Groove Exercise 2:00 Bingo 6:15 Evening Movie</p> <p>11</p>	<p>10:00 Tuesday Tone Ups! 2:00 Steel Clover Irish Band AUD 3:30 Connections and Conversations 6:15 Evening Movie 6:15-7:15 Aromatherapy Massages (in room visits)</p> <p>12</p>	<p>9:45 Greetings 10:00 Wednesday Workout 2:00 Leprechaun Art Project 6:15 Evening Movie</p> <p>13</p>	<p>9:45 Greetings 10:00 Throwback Thursday Exercise 2:00 PI Day- Facts, Pie, and Games 6:15 Evening Movie</p> <p>14</p>	<p>9:45 Greetings 10:00 Friday Fitness 2:00 Ides of March Day 6:15 Evening Movie</p> <p>15</p>	<p>10:30 Saturday Sit and Stretch 2:45 Ireland Trivia and Shamrock Cookies 6:15 Evening Movie</p> <p>16</p>
<p>9:30-11:00 Catholic Communion St. Ferdinands (in room) 2:00 Chapel 2:45 Irish Theme Pictionary 6:15 Evening Movie</p> <p>17</p> <p><small>St. Patrick's Day</small></p>	<p>9:45 Greetings 10:00 Monday Move and Groove Exercise 2:00 Card Bingo 6:15 Evening Movie</p> <p>18</p>	<p>10:00 Tuesday Tone Ups! 2:00 Resident Council Meeting 2:30 Bingo 6:15 Evening Movie</p> <p>19</p> <p><small>Spring Begins</small></p>	<p>9:45 Greetings 10:00 Wednesday Workout 2:00 Yam Slam Game 6:15 Evening Movie</p> <p>20</p>	<p>9:45 Greetings 10:00 Throwback Thursday Exercise 11:30 Catholic Service CR 1:30 Protestant Communion (in room) 2:00 6:15 Evening Movie</p> <p>21</p>	<p>9:45 Greetings 10:00 Friday Fitness 2:00 Exploring Classical Music and Composers 6:15 Evening Movie</p> <p>22</p>	<p>10:30 Meditative Morning Yoga 2:45 Tech Corner/Engaged Senior Games and Videos 6:15 Evening Movie</p> <p>23</p> <p><small>Purim Begins</small></p>
<p>9:30-11:00 Catholic Communion St. Ferdinands (in room) 2:00 Chapel 3:00 Headbanz Game 6:15 Evening Movie</p> <p>24</p> <p><small>Palm Sunday</small></p>	<p>9:45 Greetings 10:00 Monday Meditative Yoga 2:00 Travelogue to New Jersey/Trivia and Food Favorites 6:15 Evening Movie</p> <p>25</p>	<p>10:00 Tuesday Tone Ups! 1:30 Music Meditations with Roberta AUD 2:30 Travelogue to New Jersey/Trivia and Food Favorites 6:15 Evening Movie Aromatherapy Massages (in room visits)</p> <p>26</p>	<p>9:45 Greetings 10:00 Wednesday Workout 2:00 Cherry Tree Day Art Project 6:15 Evening Movie</p> <p>27</p>	<p>9:45 Greetings 10:00 Thursday Throwback Exercise 2:00 Beat The Dealer: Card/Dice Games 6:15 Evening Movie</p> <p>28</p>	<p>9:45 Greetings 10:00 Friday Fitness 2:00 Easter Egg Decorating Craft 6:15 Evening Movie</p> <p>29</p>	<p>10:30 Saturday Sit and Stretch 2:45 History, Picture, and Music of the Crooners 6:15 Evening Movie</p> <p>30</p>
<p>9:30-11:00 Catholic Communion St. Ferdinands (in room) 2:00 Chapel 3:00 Easter Hot Cross Buns and Traditions 6:15 Evening Movie</p> <p>31</p> <p><small>Easter Sunday</small></p>	 <p>Acts Staff: Roberta (8471), June, Amy, Grace (8465)</p>					

Activities are subject to change