

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2024



Sherwood Oaks Oak Grove

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					9-10 Visits and Daily Chronicle1,2 10:00 Friday Fitness 1 10:45 Friday Fitness 2 1:30 Dice Games/Penny Ante 1 2:45 Penny Ante Game 2	9:15-10 Visits and Chronicles 1,2 1:30 Say it With Music 1 2:00 Say it With Music 2 2:30 Afternoon Matinee 1,2
10:00 Sunday Stretch and Share a Story 1 10:45 Sunday Stretch and Share a Story 2 2:00 Chapel - AUD 2:00 Afternoon Musical 1 2:00 Afternoon Musical 2	9-10 Visits and Daily Chronicle 4 10:00 Monday Mobility 1 10:45 Monday Mobility 2 Variety Music Playlist 1:30 Scribble Art Experiment 1 2:45 Scribble Art Experiment 2 5:15 Aromatherapy Massages with Jan 1,2	9-10 Visits and Daily Chronicle1,2 10:00 Tuesday Tone-Ups 1 10:45 Tuesday Tone-Ups 2 2:00 Simply Sing w/ Roberta 1 3:00 Handbell Ringers 1 2:00 One to One Games/Visits 2 Programming for both OG 1,2	10:00 Wednesday Workout 1 10:45 Wednesday Workout 2 2:00 Decorating Cookies 2 3:00 Horse Racing Game 2 6:00 Evening Movie and Popcorn 1,2 Programming for both OG 1,2	9-10 Visits and Daily Chronicle1,2 10:00 Thursday Fitness 1 10:45 Thursday Fitness 2 2:00 Butterfly Color Sheets 1 3:00 Bingo 1 Programming for both OG 1,2	9-10 Visits and Daily Chronicle1,2 10:00 Friday Fitness 1 10:45 Friday Fitness 2 1:30 Beach Ball Bowling and Prompts Ball Game 1 2:45 Beach Ball Bowling and Prompts Ball Game 2	9:15-10 Visits and Chronicles 1,2 1:30 Name the Visual Movie Quiz 1 2:00 Name the Visual Movie Quiz 2 2:30 Afternoon Matinee 1,2
10:00 Sunday ABC Fitness and Today's Topic 1 10:45 Sunday ABC Fitness and Today's Topic 2 2:00 Chapel - AUD 2:00 Afternoon Musical 1 2:00 Afternoon Musical 2 <small>Ramadan Begins Daylight Saving Time Begins</small>	9-10 Visits and Daily Chronicle 11 10:00 Monday Mobility 1 10:45 Monday Mobility 2 Exercise to the 80's Music! 1:30 Abstract Art and Music 1 2:45 Abstract Art and Music 2	9-10 Visits and Daily Chronicle1,2 10:00 Tuesday Tone-Ups 1 10:45 Tuesday Tone-Ups 2 2:00 Simply Sing w/ Roberta 1 3:00 Finish the Old-Time Song Titles 1 2:00 One to One Games/Visits 2	10:00 Wednesday Workout 13 10:45 Wednesday Workout 2 2:00 Shamrock Craft 2 3:00 Gold Coin Toss Game 2 6:00 Evening Movie and Popcorn 1,2 Programming for both OG 1,2	9-10 Visits and Daily Chronicle1,2 10:00 Thursday Fitness 1 10:45 Thursday Fitness 2 2:00 PI Day- Games and Pie 1 3:00 Shake Loose A Memory Game 2 Programming for both OG 1,2	9-10 Visits and Daily Chronicle1,2 10:00 Friday Fitness 1 10:45 Friday Fitness 2 1:30 St Patrick's Day Social and Music-Green Shakes 1 2:45 St Patrick's Day Social and Music -Green Shakes 2	9:15-10 Visits and Chronicle 16 1:30 Saturday Polka Dance Exercise 1 2:00 Saturday Polka Dance Exercise 2 2:30 Afternoon Matinee 1,2
10:00 St Patrick's Day Sunday Songs 1 10:45 St Patrick's Day Sunday Songs 2 2:00 Chapel - AUD 2:00 Afternoon Musical 1 2:00 Afternoon Musical 2 <small>St. Patrick's Day</small>	9-10 Visits and Daily Chronicle 18 10:00 Monday Mobility 1 10:45 Monday Mobility 2 Variety Music Playlist 1:30 Travel to Italy- Tiramisu 1 2:45 Travel to Italy-Tiramisu 2 5:15 Aromatherapy Massages with Jan 1,2	9-10 Visits and Daily Chronicle1,2 10:00 Tuesday Tone-Ups 1 10:45 Tuesday Tone-Ups 2 2:00 Simply Sing w/ Roberta 1 3:00 Handbell Ringers 1 2:00 One to One Games/Visits 2 Programming for both OG 1,2	10:00 Wednesday Workout 20 10:45 Wednesday Workout 2 1:30 Scenic Drive 1, 2 Bus departs from OG 1 entrance 2:45 Pictionary Game 1 3:30 Table Talk 2 6:00 Evening Movie and Popcorn 1,2 Programming for both OG 1,2	9-10 Visits and Daily Chronicle1,2 10:00 Thursday Fitness 1 10:45 Thursday Fitness 2 2:00 Percussion Play 1 3:00 1 Protestant Communion 2:45 OG 1, 3:00 OG 2 Programming for both OG 1,2	9-10 Visits and Daily Chronicle1,2 10:00 Friday Fitness 1 10:45 Friday Fitness 2 1:30 Mixed Media Collage Art and Mozart Music 1 2:45 Mixed Media Collage Art and Mozart 2	9:15 -10 Visits and Chronicle 23 1:30 Memory Tech Games 1 2:00 Memory Tech Games 2 2:30 Afternoon Matinee 1,2 <small>Purim Begins</small>
10:00 Sunday Stretch/ Crack the Spiritual Code 1 10:45 Sunday Stretch/ Crack the Spiritual Code 2 2:00 Chapel - AUD 2:00 Afternoon Musical 1 2:00 Afternoon Musical 2 <small>Palm Sunday</small>	9-10 Visits and Daily Chronicle 25 10:00 Monday Mobility 1 10:45 Monday Mobility 2 Exercise to Jukebox Music! 1:30 Bean Bag Auction Game 1 2:45 Bean Bag Auction Game 2	9-10 Visits and Daily Chronicle1,2 10:00 Tuesday Tone-Ups 1 10:45 Tuesday Tone-Ups 2 2:30 Simply Sing w/ Roberta 1 3:15 Drum Circle 1 2:30 One to One Games/Visits 2 Programming for both OG 1,2	10:00 Wednesday Workout 27 10:45 Wednesday Workout 2 2:00 Making Easter Baskets 2 3:00 Easter Traditions and Filling Easter Eggs 2 6:00 Evening Movie and Popcorn 1,2 Programming for both OG 1,2	9-10 Visits and Daily Chronicle1,2 10:00 Thursday Fitness 1 10:45 Thursday Fitness 2 2:00 Flower Arranging 1 3:00 Baseball Bingo 1 Programming for both OG 1,2	9-10 Visits and Daily Chronicle1,2 10:00 Friday Fitness 1 10:45 Friday Fitness 2 1:30 Easter Bingo 1 2:45 Easter Bingo 2	9:15-10 Visits and Chronicle 30 1:30 Crooner Music 1 2:00 Crooner Music 2 2:30 Afternoon Matinee 1,2
10:00 Easter Morning Hot Cross Buns and Devotions 1 10:45 Easter Morning Hot Cross Buns and Devotions 2 2:00 Chapel - AUD 2:00 Afternoon Musical "Easter Parade" 1 2:00 Afternoon Musical "Easter Parade" 2 <small>Easter Sunday</small>	<p>We now offer special joint programming for both Oak Grove 1 and 2 on Tuesday, Wednesday, and Thursday afternoons.</p> <p>Times are 2:00 and 3:00. Residents are welcome to engage in both activities, and escort assistance from staff will be provided in getting to and from the floors.</p> <p>Special Afternoon Program Days are Tuesdays, OG 1, Wednesdays, OG 2, and Thursdays, OG 1</p>					
Acts Staff: Roberta (8471), June, Amy, Grace, (8465)						

Activities are subject to change