

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2024

Sherwood Oaks Oak Grove

				9-10 Visits and Daily Chronicle1,2 10:00 Thursday Fitness 1 10:45 Thursday Fitness 2 2:00 Bingo Game 1 3:00 Down Memory Lane-1940s songs 2 Programming for both OG 1,2 Location of programming is on OG 1	9-10 Visits and Daily Chronicle1,2 10:00 Friday Fitness 1 10:45 Friday Fitness 2 1:30 Groundhog Day Social and Games 1 2:45 Groundhog Day Social and Games 2 Groundhog Day	9-10 Visits and Chronicles 1,2 1:30 Conversation Cubes and 1 2:00 Conversation Cubes 2 2:30 Afternoon Matinee 1,2
10:00 Sunday Square Dance Fitness and Name the Hymn 1 10:45 Sunday Square Dance Fitness and Name the Hymn 2 2:00 Chapel - AUD 2:00 Afternoon Musical 1 2:00 Afternoon Musical 2	9-10 Visits and Daily Chronicle 5 10:00 Monday Mobility 1 10:45 Monday Mobility 2 Variety Music Playlist 1:30 February Sensory and Stories 1 2:45 February Sensory and Stories 5:30 Aromatherapy Massages with Jan 1.2	9-10 Visits and Daily Chronicle1,2 10:00 Tuesday Tone-Ups 1 10:45 Tuesday Tone-Ups 2 2:00 Simply Sing w/ Roberta 1 3:00 Memory Bag Music Game 2 Programming for both OG 1,2	10:00 Wednesday Workout 17 10:45 Wednesday Workout 2 2:00 Craft Corner 1 3:00 Bean Bag Toss Game 2 6:00 Evening Movie and Popcorn 1,2 Programming for both OG 1,2	9-10 Visits and Daily Chronicle1,2 10:00 Thursday Fitness 1 10:45 Thursday Fitness 2 2:00 Friendly Ice Cream Social 1 3:00 Conversation Jenga 2 Programming for both OG 1,2	9-10 Visits and Daily Chronicle1,2 10:00 Friday Fitness 1 10:45 Friday Fitness 2 1:30 Heart Collage Board 1 2:45 Heart Collage Board 2	9-10 Visits and Chronicles 1,2 1:30 Finish the Phrase Fitness Game 1 2:00 Finish the Phrase Fitness Game 2 2:30 Afternoon Matinee 1,2 Chinese New Year (Year of the Dragon)
10:00 Sunday Morning Chronicle and Name the Song 1 10:45 Sunday Morning Chronicle and Name the Song 2 2:00 Chapel – AUD 1:00 Superbowl Sunday 2:00 Afternoon Musical 1 2:00 Afternoon Musical 2	9-10 Visits and Daily Chronicle 12 10:00 Monday Mobility 1 10:45 Monday Mobility 2 Exercise to Sinatra Music! 1:30 Heart Art and Love Songs 1 2:45 Heart Art and Love Songs	9-10 Visits and Daily Chronicle1,2 10:00 Tuesday Tone-Ups 1 10:45 Tuesday Tone-Ups 2 2:00 We LOVE Valentine's Day and Mardi Gras Social 1 3:00 Simply Sing w/ Roberta 2 Programming for both OG 1,2 Mardi Gras	10:00 Wednesday Workout 14 10:45 Wednesday Workout 2 1:30 Valentines Day Social/Games 1 2:45 Valentine's Day Social/Games 2 3:00 Ashes Imposed 1,2 6:00 Evening Movie and Popcorn 1,2 Valentine's Day	9-10 Visits and Daily Chronicle1,2 10:00 Thursday Fitness 1 10:45 Thursday Fitness 2 2:00 Cooking Club 1 Banana Split Fluff Salad 3:00 Brain Games 2 Programming for both OG 1,2	9-10 Visits and Daily Chronicle1,2 10:00 Friday Fitness 1 10:45 Friday Fitness 2 1:30 Time Slips and World "Read Aloud" Day 1 2:45 Time Slips and World "Read Aloud" Day 2	9-10 Visits and Chronicles 1,2 1:30 ABC Fitness 1 2:00 ABC Fitness 2 2:30 Afternoon Matinee 1,2
10:00 Sunday Morning Chronicle and Whiteboard Games 1 10:45 Sunday Morning Chronicle and White board Games 2 2:00 Chapel - AUD 2:00 Afternoon Musical 1 2:00 Afternoon Musical 2	9-10 Visits and Daily Chronicle 19 10:00 Monday Mobility 1 10:45 Monday Mobility 2 Sit Down Polka Music! 1:30 Drama Skit: Smooth Operator 1 2:45 Drama Skit: Smooth Operator 2 5:30 Aromatherapy Massages with Jan 1,2 Presidents Day	9-10 Visits and Daily Chronicle1,2 10:00 Tuesday Tone-Ups 1 10:45 Tuesday Tone-Ups 2 2:00 Simply Sing w/ Roberta 1 3:00 Ringers 2 Programming for both OG 1,2	10:00 Wednesday Workout 21 10:45 Wednesday Workout 2 2:00 Tea Tasting and Reminisce 1 3:00 Puzzle Huddle 2 6:00 Evening Movie and Popcorn 1,2 Programming for both OG 1,2	9-10 Visits and Daily Chronicle1,2 10:00 Thursday Fitness 1 10:45 Thursday Fitness 2 2:00 Music with Gene and Happy Hour 1 3:00 Numbers Bingo 2 Programming for both OG 1,2	9-10 Visits and Daily Chronicle1,2 10:00 Friday Fitness 1 10:45 Friday Fitness 2 1:30 Touch Treasure Hunt/Connections and Conversations 1 2:45 Touch Treasure Hunt/Connections and Conversations 2	9-10 Visits and Chronicles 1,2 1:30 Music and Mandala Art 1 2:00 Music and Mandala Art 2 2:30 Afternoon Matinee 1,2
10:00 Sunday Morning Chronicle and Blessing Box 1 10:45 Sunday Morning Chronicle and Blessings Box 2 2:00 Chapel - AUD 2:00 Afternoon Musical 1 2:00 Afternoon Musical 2	9-10 Visits and Daily Chronicle 26 10:00 Monday Mobility 1 10:45 Monday Mobility 2 Exercise to Oldies Music! 1:30 Travelogue to Ontario 1 2:45 Travelogue to Ontario 2 Cooking and Conversations	9-10 Visits and Daily Chronicle1,2 10:00 Tuesday Tone-Ups 1 10:45 Tuesday Tone-Ups 2 2:00 Drum Circle-location on OG 1 3:00 Simply Sing w/ Roberta 2 Programming for both OG 1,2	10:00 Wednesday Workout 28 10:45 Wednesday Workout 2 2:00 Art and Relaxation 1 3:00 Music Bingo: Jukebox Edition 2 6:00 Evening Movie and Popcorn 1,2 Programming for both OG 1,2	9-10 Visits and Daily Chronicle1,2 10:00 Thursday Fitness 1 10:45 Thursday Fitness 2 2:00 Sketchbooks: Lunar Year Drawings 1 3:00 Time Slips and Brain Games 2 Protestant Communion 2:45 OG 1, 3:00 OG 2	Beginning in February, we will offer joint programming for both Oak Grove 1 and 2 on Tuesday, Wednesday, and Thursday afternoons. Times will be 2:00 and 3:00. Residents are welcome to engage in both activities, and escort assistance from staff will be provided in getting to and from the floors. Acts Staff: Roberta (8471), June, Amy, Grace (8465)	

Activities are subject to change