

“*For Your Information*”

(A periodic publication by Sherwood Oaks Executive Director, Annette McPeck)

January 18, 2024

Cold Weather

Frigid temperatures are expected through the weekend. I suggest making sure your scooters are plugged in and/or fully charged.

Patio homes 101-360 use heat pumps as the heating source. For best heat pump efficiency:

- ✓ Turn on “Emergency Heat/Auxiliary Heat” when the outside temperature is expected to be below 35 degrees.
- ✓ Turn back to “Heat” when the outside temperature rises above 35 degrees.

The lakeside apartment and patio home 600 residents have traditional furnaces and will adjust the thermostat in their homes as normal.

Contact maintenance at ext. 8477 if you need assistance.

Birthday Celebration

Follow Dorothy down the yellow brick road to the main dining room on Wednesday, January 31 for our Wizard of Oz themed birthday celebration! We’re off to see the wizard... and the menu includes chicken and dumpling soup, Kansas City steak soup, Auntie Em’s country scramble, Uncle Henry’s fried chicken, poppy seed ham rolls, ruby red meatballs, scarecrow stuffing, cheesy potatoes, yellow brick road corn, roasted country vegetables, somewhere over the rainbow cake, and Emerald City chocolate mint pie.

Due to the popularity of our themed events, we highly recommended you make a reservation for lunch and/or dinner by calling extension 8234 - with your name, number of people in your party and reservation time.

We’re not in Kansas anymore! Tune in to channel 951 at 1:30 p.m. and 7:30 p.m. to watch The Wizard of Oz.



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New Treadmills

The two new treadmills have arrived! See Bill or Michelle in the Fitness Center for a quick orientation. See the slide on channel 950 for a picture of the new treadmills.

Annual Ambulance Fee

The 2024 Cranberry Ambulance membership fee will be billed to residents on the January 31 statement at \$30 for a single resident and \$40 per couple, consistent with prior years. Cranberry Township EMS will add a \$50 service charge per occurrence. This maximum out of pocket expense was added due to decreasing insurance reimbursements, donations, and memberships along with higher operational costs. Please note: the \$50 charge includes emergency trips to the hospital only. Residents may be subject to other fees if transported for non-emergency events and/or transportation back to Sherwood Oaks from a hospital.

Please note, when Sherwood Oaks calls 911, Cranberry Ambulance may request that another ambulance service, such as McCandless or Harmony EMS, come to the campus to provide help. Staff will not know which ambulance company is coming until they enter the gate.

Health Insurance Cards

The business office, medical office and community nursing department are requesting copies of the front and back of your 2024 health insurance cards as well as Medicare cards showing the ID number. Even if you have not changed your insurance for 2024, some insurance plans revise their prefixes or claims mailing information. Please bring your cards to the reception desk by February 2. They will be copied and distributed to the business office, medical office and community nursing department and a copy will be given to you. There is no charge for this service.

We ask that you place your copy on your refrigerator with your emergency sheet so that it can be accessed quickly by EMT personnel if necessary. If you do not have an Emergency Medical Information Sheet, please contact Vicky Tremblay at ext. 8496. We ask that ALL independent living residents participate in this effort to ensure that your medical claims are processed and paid quickly and efficiently. You are welcome to contact Belle Hall at ext. 8466 if you need further information.