


| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|---|---|---|---|
|  | 1 10:30 Morning Mobility and New Year's Headlines! 1:20 Afternoon Movie 3:30 New Years Traditions from Scotland/January IQ Test <small>New Year's Day</small> | 2 10:15 Morning Greetings 10:30 Tuesday Tone-Ups 2:00 Science Fiction Day: Movie Technology 3:30 Which Decade Quiz | 3 10:15 Morning Greetings 10:30 Chair One Fitness 2:00 Chocolate Humor and Samples 3:30 Gametime: Bananagrams | 4 10:15 Morning Greetings 10:30 Thursday Throwback Fitness 2:00 Sports Timeline Game 3:30 Scattegories Game | 5 10:15 Morning Greetings 10:30 Friday Fitness 2:00 Bingo 3:30 Everybody Knows Game | 6 10:00 Square Dance Fitness 1:20 Afternoon Movie 3:00 Wheel of Fortune Game |
| 7 9:30-11:00 Catholic Communion St. Ferdinands (in room) 2:00 Chapel- AUD 3:30 Shout Out the Answer Game | 8 10:15 Morning Greetings 10:30 Monday Mobility Exercise to Elvis Music! 2:00 Headbanz Game 3:30 Elvis Trivia | 9 10:15 Morning Greetings 10:30 ABC Fitness 2:00 Word Nerd Day 3:30 Workplace Poetry | 10 10:15 Morning Greetings 10:30 Square Dance Fitness 2:00 Gametime: YamSlam 3:30 Music Reminisce: Record Singles | 11 10:30 Chair Yoga 2:00 Tea Social and Travelogue to the Grand Canyon 6:16 Pokeno Game | 12 10:15 Morning Greetings 10:30 Chair One Fitness 2:00 Jack London and The Call of the Wild 3:30 Card Games and Tricks | 13 10:00 Balloon Volley Game Exercise 1:20 Afternoon Movie 3:00 Name Ten Game |
| 14 9:30-11:00 Catholic Communion St. Ferdinands (in room) 2:00 Chapel- AUD 3:30 Who Am I Game | 15 10:15 Morning Greetings 10:30 Monday Mobility and Morning Headlines 2:00 Martin Luther King Jr. 3:30 Group Crossword Puzzle <small>Martin Luther King Jr. Day</small> | 16 10:15 Morning Greetings 10:30 Tuesday Tone-Ups 2:00 Dizzy Dean Baseball Trivia 3:30 Tabletop Baseball Game | 17 10:15 Morning Greetings 10:30 Chair One Fitness 2:00 Gametime: Rummikub 3:30 Folksong Guessing Game | 18 10:15 Morning Greetings 10:30 Thursday Throwback Fitness 11:00 Catholic Mass 2:00 Protestant Communion Day Room 2:30 Broadway Play Facts 3:30 Stickman Game | 19 10:15 Morning Greetings 10:30 Sit and Stretch 2:00 Popcorn Day Trivia 3:00 Friday Fun Games 3:30 Music with Roberta: Mozart Musings | 20 10:00 Sit and Stretch 1:20 Afternoon Movie 3:00 Pot Luck Quiz |
| 21 9:30-11:00 Catholic Communion St. Ferdinands (in room) 2:00 Chapel-AUD 3:30 Initials White Board Quiz <small>Activity Professionals Week</small> | 22 10:15 Morning Greetings 10:30 Monday Warm-Ups 2:00 Vincent Van Gogh Day: Virtual Museum Visit /Art Appreciation 3:00 Resident Council Meeting | 23 10:15 Morning Greetings 10:30 ABC Fitness 2:00 Music and Winter Wonderland Happy Hour with Gene 3:30 Brain Games and Handwriting Analysis Discussion | 24 10:15 Morning Greetings 10:30 Square Dance Fitness 2:00 Gametime: Cards 3:30 Cowboy Poetry <small>Tu B'Shevat Begins</small> | 25 10:30 Chair Yoga 2:00 Key West Travelogue/Making Key Lime Pie Treat 6:15 Robotics Discussion and Movie | 26 10:15 Morning Greetings 10:30 Chair One Fitness 2:00 Rocky Mountain National Park Facts and Mountain Music 3:30 Fifteen Minutes to Share <small>Australia Day (Observed)</small> | 27 10:00 ABC Fitness 1:20 Afternoon Movie 3:00 Pictionary Game |
| 28 9:30-11:00 Catholic Communion St. Ferdinands (in room) 2:00 Chapel-AUD 3:30 Kings in the Corner Game | 29 10:15 Morning Greetings 10:30 Monday Mobility and Morning Headlines 2:00 Snail Crafts and Race 3:30 Slow Trivia | 30 10:15 Morning Greetings 10:30 Tuesday Tone-Ups 2:00 Bubble Wrap Appreciation and Art: Painting Winter Scenes | 31 10:15 Morning Greetings 10:30 Chair One Fitness 2:00 Gametime: Board Games 3:30 Short Humor Stories | <div>January 2024</div> <div>Sherwood Oaks Personal Care</div> | | |

