

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9-10 Visits and Daily Chronicle 1,2 10:00 Monday Mobility 1 10:30 Monday Mobility 2 1:30 Happy New Year Winter Bingo! 1 2:30 Happy New Year Winter Bingo! 2 New Year's Day	9-10 Visits and Daily Chronicle1,2 10:00 Tuesday Tone-Ups 1 10:30 Tuesday Tone-Ups 2 1:30 Reminisce/Television through the Decades 1 2:45 Reminisce/Television through the Decades 2	9-10 Visits and Daily Chronicle1,2 10:00 Wednesday Workout 1 10:30 Wednesday Workout 2 1:30 Snowflake Tape Craft 1 2:45 Snowflake Tape Craft 2	9-10 Visits and Daily Chronicle1,2 10:00 Thursday Fitness 1 10:30 Thursday Fitness 2 1:30 Trivia/Alphabetics/Visits 1 2:45 Trivia/Alphabetics/Visits 2	9-10 Visits and Daily Chronicle1,2 10:00 Friday Fitness 1 10:30 Friday Fitness 2 1:30 Name That Tune/Classic Musical Songs 1 2:45 Name That Tune/Classic Musical Songs 2	9-10 Visits and Chronicles 1,2 1:30 Visits/Finishing Lines 1 2:00 Visits/Finishing Lines 2 2:30 Afternoon Matinee 1,2
10:00 Sunday Square Dance Fitness and Name the Hymn 1 10:45 Sunday Square Dance Fitness and Name the Hymn 2 2:00 Chapel - AUD 2:00 Afternoon Musical 1 2:00 Afternoon Musical 2	9-10 Visits and Daily Chronicle1,2 10:00 Monday Mobility 1 10:30 Monday Mobility 2 Exercise to Elvis Music! 1:00-1:30 Visits/Category Flip 1 1:30-2:00 Visits/ Category Flip 2 2:00 Don't Burst My Bubble Game 1 3:00 Don't Burst My Bubble Game 2	9-10 Visits and Daily Chronicle1,2 10:00 Tuesday Tone-Ups 1 10:30 Tuesday Tone-Ups 2 1:30 Art Group 1 2:45 Art Group 2	10:00 Wednesday Workout 1 10:30 Wednesday Workout 2 1:30 Cooking Group 1 2:45 Cooking Group 2 5:00 Reminisce/Visits 1 5:45 Reminisce/Visits 2	9-10 Visits and Daily Chronicle1,2 10:00 Thursday Fitness 1 10:30 Thursday Fitness 2 1:30 Life Skills Day: Flower Arranging/Drawer Sorting/Soup Making 1 2:45 Life Skills Day: Flower Arranging/Drawer Sorting/Soup Making 2	9-10 Visits and Daily Chronicle1,2 10:00 Friday Fitness 10:30 Friday Fitness 1:30 Sing-a-Long and Visits1 2:45 Sing-a-Long and Visits 2	9-10 Visits and Chronicles 1,2 1:30 Visits/FLIP Card-Dice Game 1 2:00 Visits/FLIP Card-Dice Game 2 2:30 Afternoon Matinee 1,2
10:00 Sunday Morning Group: Fitness and Vintage Photos 1 10:45 Sunday Morning Group: Fitness and Vintage Photos 2 2:00 Chapel - AUD 2:00 Afternoon Musical 1 2:00 Afternoon Musical 2	9-10 Visits and Daily Chronicle1,2 10:00 Monday Mobility 1 10:30 Monday Mobility 2 1:15 Visits 1 2:00 Monday Music with Patrick 2 3:15 Radio Reminisce 1 Martin Luther King Jr. Day	9-10 Visits and Daily Chronicle1,2 10:00 Tuesday Tone-Ups 1 10:30 Tuesday Tone-Ups 2 1:30 Tea Social and Tasting 1 2:45 Tea Social and Tasting 2	9-10 Visits and Daily Chronicle1,2 10:00 Wednesday Workout 1 10:30 Wednesday Workout 2 1:30 Art Group-Mixed Media Collage/Visits 1 2:45 Art Group-Mixed Media Collage/Visits 2	9-10 Visits and Daily Chronicle1,2 10:00 Thursday Fitness 1 10:30 Thursday Fitness 2 2:00 Music with Roberta 1 3:00 Music with Roberta 2 2:30-2:45 Protestant Communion OG 1 2:45-3:00 Protestant Communion OG 2	9-10 Visits and Daily Chronicle1,2 10:00 Friday Fitness 1 10:30 Friday Fitness 2 1:30 Sing-a-Long and Games 1 2:45 Sing-a-Long and Games 2	9-10 Visits and Chronicles 1,2 1:30 Visits/Winter Sensory Basket 1 2:00 Visits/ Winter Sensory Basket 2 2:30 Afternoon Matinee 1,2
10:00 Sunday Morning Group: Fitness and Conversation Ball Toss 1 10:45 Sunday Morning Group: Fitness and Conversation Ball Toss 2 2:00 Chapel - AUD 2:00 Afternoon Musical 1 2:00 Afternoon Musical 2 Activity Professionals Week	9-10 Visits and Daily Chronicle1,2 10:00 Monday Mobility 1 10:30 Monday Mobility 2 1:30 Numbers Bingo/Visits 1 2:45 Numbers Bingo/Visits 2	9-10 Visits and Daily Chronicle1,2 10:00 Tuesday Tone-Ups 1 10:30 Tuesday Tone-Ups 2 1:30 Icing Cookies/Baking Reminisce 1 2:45 Icing Cookies/Baking Reminisce 2	10:00 Wednesday Workout 1 10:30 Wednesday Workout 2 1:30 Craft Corner/Visits 1 2:45 Craft Corner/Visits 2 5:00 Evening Music and Table Talk 1 5:45 Evening Music and Table Talk 2 Tu B'Shevat Begins	9-10 Visits and Daily Chronicle1,2 10:00 Thursday Fitness 1 10:30 Thursday Fitness 2 1:30 Sensory Craft Group 1 2:45 Sensory Craft Group 2	9-10 Visits and Daily Chronicle1,2 10:00 Friday Fitness 1 10:30 Friday Fitness 2 1:30 Sing-a-Long/ 1 2:45 Sing-a-Long/ 2 Australia Day (Observed)	9-10 Visits and Chronicles 1,2 1:30 Visits/Mandala Art 1 2:00 Visits/Mandala Art 2 2:30 Afternoon Matinee 1,2
10:00 Sunday Morning Group: Fitness and Today's Topic 1 10:45 Sunday Morning Group: Fitness and Today's Topic 2 2:00 Chapel - AUD 2:00 Afternoon Musical 1 2:00 Afternoon Musical 2	9-10 Visits and Daily Chronicle1,2 10:00 Monday Mobility 1 10:30 Monday Mobility 2 1:15 Visits 2 2:00 Monday Music with Patrick 1 3:15 Radio Reminisce 2	9-10 Visits and Daily Chronicle1,2 10:00 Tuesday Tone-Ups 1 10:30 Tuesday Tone-Ups 2 1:30 Game Day: Tabletop Bowling/Name 10 1 2:45 Game Day: Tabletop Bowling/Name 10 2	9-10 Visits and Daily Chronicle1,2 10:00 Wednesday Workout 1 10:30 Wednesday Workout 2 1:30 Winter Wonderland Social: Hot Cocoa/Craft/Music 1 2:45 Winter Wonderland Social: Hot Cocoa/Craft/Music 2	<div> <div>January 2024</div> <div>Sherwood Oaks-Oak Grove Center</div> </div>		

Activities are subject to change