

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2023

Sherwood Oaks Skilled Nursing

			<p>9:45 Morning Greetings 1 10:00 Wednesday Workout 2:00 Music with Gene 3:15 Scattegories Game 6:30 Evening Movie</p>	<p>9:45 Morning Greetings 2 10:00 ABC Fitness 2:00 Art Corner with Grace: Interactive Drawing 3:00 Connections and Conversations (room visits) 6:30 Evening Movie</p>	<p>9:45 Morning Greetings 3 10:00 Friday Fitness 2:00 Bingo 6:30 Evening Movie</p>	<p>10:00 Open Activity Table 4 Lake 2:00 Pictionary 6:30 Evening Movie</p>
<p>9:30-11:00 Catholic 5 Communion St. Ferdinand's in room 2:00 Chapel- Card Room 3:30 All About Donuts/History and Sample 6:30 Evening Movie</p>	<p>9:45 Morning Greetings 6 10:00 Monday Mobility 2:00 LIVE TV Trivia: Games and Puzzles through the years 6:30 Evening Movie</p>	<p>9:45 Morning Greetings 7 10:00 Tuesday Tone-Ups 2:00 Question Quest Game 6:30 Evening Movie</p>	<p>9:45 Morning Greetings 8 10:00 Wednesday Workout 2:00 Art Group: Monet Painting Project and Impressionistic Music 6:30 Evening Movie</p>	<p>10:30 Throwback Thursday 9 1970s Fitness Music 2:00 Travelogue- New York City Sandwich Shop Tour - founders lounge 3:00 Q-Tip Tree Painting Project- founders 3:00 Connections and Conversations (room visits) 6:15 Pokeno Game</p>	<p>9:45 Morning Greetings 10 1:30 Veterans Program AUD 3:15 First Letter of the Month Trivia 6:30 Evening Movie</p>	<p>10:00 Open Activity Table 11 Lake 2:00 Yam Slam Game 6:30 Evening Movie</p> <p style="text-align: right;"><small>Veterans Day Remembrance Day (Canada)</small></p>
<p>9:30-11:00 Catholic 12 Communion St. Ferdinand's in room 2:00 Chapel- Card Room 3:30 Name The Song Game 6:30 Evening Movie</p> <p style="text-align: right;"><small>Diwali (Hindi)</small></p>	<p>10:30 Mobility Monday 13 2:00 Brain Games: Word in a Word 3:30 North Catholic Robotics Students- AUD 6:30 Evening Movie</p>	<p>10:00 Tuesday Tone-Ups 14 3:15 Give Me Five Word Game 6:30 Evening Movie</p>	<p>9:45 Morning Greetings 15 10:00 Wednesday Warm-Ups 2:00 Scotland Travelogue/Slideshow Presentation with Grace 6:30 Evening Movie</p>	<p>10:30 Throwback Thursday 16 Exercise 11:00 Catholic Mass 2:00 Art Group: Author Illustrator: Eric Carle/Collage project (session 1) 3:00 Connections and Conversations (room visits) 6:15 Evening Movie and popcorn</p>	<p>9:45 Morning Greetings 17 10:00 ABC Fitness 2:00 Collage Art Project: (session 2) 3:30 Music with Roberta The Wellness Benefits of Bach 6:30 Evening Movie</p>	<p>10:00 Open Activity Table 18 Lake 2:00 Penny Ante Game 6:30 Evening Movie</p>
<p>9:30-11:00 Catholic 19 Communion St. Ferdinand's in room 2:00 Chapel- Card Room 3:30 Pokeno 6:30 Evening Movie</p>	<p>9:45 Morning Greetings 20 10:00 Monday Mobility 2:00 Thanksgiving Craft Corner- founders 2:30 Mental Health Monday: World Kindness with Fred Rodgers ideals - west 3:30 Connections and Conversations (room visits) 6:30 Evening Movie</p>	<p>9:45 Morning Greetings 21 2:00 Nationality Rooms Presentation - AUD 6:30 Evening Movie</p>	<p>9:45 Morning Greetings 22 10:00 Wednesday Warm-Ups 2:00 Cooking Club: Vegan Month: Discussion and Samples 6:30 Evening Movie</p>	<p>9:45 Morning Greetings 23 10:00 Thanksgiving Trivia and Reminisce 1:30 Macy's Day Parade Trivia 6:30 Evening Movie "A Christmas Story" Happy Thanksgiving!</p> <p style="text-align: right;"><small>Thanksgiving Day (US)</small></p>	<p>10:00 Meditative Yoga 24 2:00 Native American Culture Day/Trivia and True and Fals Game 6:30 Evening Movie</p>	<p>10:00 Open Activity Table 25 Lake 2:00 Headbanz Game 6:30 Evening Movie</p>
<p>9:30-11:00 Catholic 26 Communion St. Ferdinand's in room 2:00 Chapel- Card Room 6:30 Evening Movie</p>	<p>9:45 Morning Greetings 27 10:00 Monday Mobility 2:00 Resident Council Meeting 3:00 Cover The Number Game 6:30 Evening Movie</p>	<p>9:45 Morning Greetings 28 10:00 Tuesday Tone-Ups 10:00 Men's Group: Dr Dan and Dr Ed, VA doctors, speakers (card room) 2:00 Pittsburgh Ballroom Dancers - AUD 3:30 Connections and Conversations 6:30 Evening Movie</p>	<p>9:45 Morning Greetings 29 10:00 Wednesday Warm-Ups 2:00 Music Bingo 6:30 Evening Movie</p>	<p>9:45 Morning Greetings 30 10:00 Thursday Throwback Exercise 2:00 Art Group: Maurice Sendek and Banned Books 6:30 Evening Movie</p>	<p>Rec Therapy/Activities Team: June, Hannah, Amy, Grace, ext. 8465 Roberta (Dir), 8471</p> <p style="text-align: center;">"Be present in all things and thankful for all things." Maya Angelou</p>	

Activities are subject to change