

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# November 2023

## Sherwood Oaks - Oak Grove Center

<p>10:00 Conversation Catch and Daily Chronicle 1 10:30 Conversation Catch and Daily Chronicle 2 2:00 Afternoon Movie 1 2:00 Afternoon Movie 2</p>	<p>10:00 Hoops Day- Basketball Exercise 1 10:30 Hoops Day- Basketball Exercise 2 1:30 Reminisce: Favorite Candy and M and M Game 1 2:30 Reminisce: Favorite Candy and M and M Game 2</p>	<p>10:00 Fun and Fitness 1 10:30 Fun and Fitness 2 1:30 Guess The Artist: Music Game 1 2:30 Guess The Artist: Music Game 2</p>	<p>10:00 Noodle Exercise 1 10:30 Noodle Exercise 2 1:30 International Games Day 1 2:30 International Games Day 2</p>	<p>10:00 Fun and Fitness 1 10:30 Fun and Fitness 2 1:30 Good News Stories 1 2:30 Good News Stories 2</p>	<p>10:00 Balloon Ball 10:30 Balloon Ball 1:30 What is Your Favorite Food? Foodie Game 2:30 What is Your Favorite Food? Foodie Game</p>	<p>10:00 Pass The Ball, Stop the Music 10:30 Pass The Ball, Stop the Music 2:00 Montessori Table Activities and Afternoon Movie 2:00 Montessori Table Activities and Afternoon Movie</p>
<p>10:00 Conversation Catch and Daily Chronicle 1 10:30 Conversation Catch and Daily Chronicle 2 2:00 Afternoon Movie 1 2:00 Afternoon Movie 2</p>	<p>10:00 Hoops Day- Basketball Exercise 1 10:30 Hoops Day- Basketball Exercise 2 1:30 Reminisce: Favorite Candy and M and M Game 1 2:30 Reminisce: Favorite Candy and M and M Game 2</p>	<p>10:00 Fun and Fitness 1 10:30 Fun and Fitness 2 1:30 Guess The Artist: Music Game 1 2:30 Guess The Artist: Music Game 2</p>	<p>10:00 Elvis Exercise 1 10:30 Elvis Exercise 2 1:30 Cooking Group: Making Peppermint Patties 2:30 Cooking Group: Making Peppermint Patties 5:30 Connections, Conversations and Cards 6:00 Connections, Conversations and Cards</p>	<p>10:00 Fun and Fitness 1 10:30 Fun and Fitness 2 1:30 What's in the Bag? Kitchen Edition 2:30 What's in the Bag? Kitchen Edition</p>	<p>10:00 Fun and Fitness 10:30 Fun and Fitness 10:30 Fun and Fitness 2:30 Timeslips 3:15 Timeslips</p>	<p>10:00 Bucket Exercise 10:30 Bucket Exercise 2:00 Montessori Table Activities and Afternoon Movie 2:00 Montessori Table Activities and Afternoon Movie</p> <p style="text-align: right;"><small>Veterans Day Remembrance Day (Canada)</small></p>
<p>10:00 Balloon Ball Exercise 10:30 Balloon Ball Exercise 2:00 Afternoon Movie 2:00 Afternoon Movie</p> <p style="text-align: right;"><small>Diwali (Hindi)</small></p>	<p>10:00 Fun and Fitness 10:30 Fun and Fitness 2:00 Music with Gene 2:00 Music with Roberta 3:15 Puzzles</p>	<p>10:00 Fun and Fitness – Exercise to Famous Women Singers 10:30 Fun and Fitness - Exercise to Famous Women Singers 1:30 Jenga Game 2:30 Jenga Game</p>	<p>10:00 Fun and Fitness 10:30 Fun and Fitness 1:30 Travel All Around the World 2:30 Travel All Around the World</p>	<p>10:00 Fun and Fitness 10:30 Fun and Fitness 1:30 Turkey Toss and Fall Trivia 2:30 Turkey Toss and Fall Trivia</p>	<p>10:00 Velcro Dart Exercise Game 10:30 Velcro Dart and Exercise Game 1:30 Thanksgiving Bingo Game 2:30 Thanksgiving Bingo Game</p>	<p>10:00 Sing and Be Fit! 10:30 Sing and Be Fit! 2:00 Montessori Table Activities and Afternoon Movie 2:00 Montessori Table Activities and Afternoon Movie</p>
<p>10:00 Conversation Catch and Daily Chronicle 1 10:30 Conversation Catch and Daily Chronicle 2 2:00 Afternoon Movie 1 2:00 Afternoon Movie 2</p>	<p>10:00 Fun and Fitness 10:30 Fun and Fitness 1:30 Memorabilia and Rummaging Reminisce 2:30 Memorabilia and Rummaging Reminisce</p>	<p>10:00 Fun and Fitness 10:30 Fun and Fitness 1:30 Turkey Craft 2:30 Turkey Craft</p>	<p>10:00 Fun and Fitness 10:30 Fun and Fitness 1:30 Resident Reading Circle and Refreshments 2:30 Resident Reading Circle and Refreshments 5:30 After Dinner Music and Conversation 6:00 After Dinner Music and Conversation</p>	<p>10:00 Thanksgiving Trivia and Movement to Music 10:30 Thanksgiving Trivia and Movement to Music 1:00 Thankful Tree 1:30 Thankful Tree</p> <p style="text-align: center;"><small>Watch the Macys Day Parade today on TV</small></p> <p style="text-align: right;"><small>Thanksgiving Day (US)</small></p>	<p>10:00 Fun and Fitness 10:30 Fun and Fitness 1:30 Board Game Day 2:30 Board Game Day</p>	<p>10:00 Hungry Hippo Basket Table Game 10:30 Hungry Hippos Basket Table Game 2:00 Montessori Table Activities and Afternoon Movie 2:00 Montessori Table Activities and Afternoon Movie</p>
<p>10:00 Sunday Music and Memory 10:30 Sunday Music and Memory 2:00 Afternoon Movie 2:00 Afternoon Movie</p>	<p>10:00 Fun and Fitness 10:30 Fun and Fitness 1:30 Music and Making Homemade Hot Chocolate 2:30 Music and Making Homemade Hot Chocolate</p>	<p>10:00 Fun and Fitness 10:30 Fun and Fitness 1:30 Puzzles and Music 2:00 Music with Roberta 2:30 Music with Gene 3:15 Puzzles</p>	<p>10:00 Country Music Exercise 10:30 Country Music Exercise 1:30 Art Corner: Leaf Q-Tip Painting 2:30 Art Corner: Leaf Q-Tip Painting</p>	<p>10:00 Fun and Fitness 10:30 Fun and Fitness 1:30 Reminisce: Favorite Cookbook Day-Making a Cookbook 2:30 Reminisce: Favorite Cookbook Day-Making a Cookbook</p>	<p><b>The Montessori Table in Oak Grove 1 and 2</b> provide activities that you can work on at any time and they include:</p> <p><b>aqua painting, photo books, sorting items, simple crafts, coloring coasters and art pages, making greeting cards, viewing magazines, puzzles, holiday themed simple projects.</b></p> <p style="text-align: right;"><small>“Be present in all things and thankful for all things.” Maya Angelou</small></p>	

Activities are subject to change –

**Rec Therapy/Acts Team: Hannah, June, Amy, Grace, ext. 8465, Roberta ( Dir), ext. 8471**