

# *“For Your Information”*

(A periodic publication by Sherwood Oaks Executive Director, Annette McPeck)

**November 2, 2023**

## **COVID-19 Vaccine Clinic**

A Rite Aid Pharmacist has agreed to come to Sherwood Oaks to host a Covid-19 vaccine clinic for independent living residents on Wednesday, November 15 in the Auditorium. Please note:

- ✓ We need to know (in advance) which vaccine you want administered: Pfizer, Moderna or Novavax. The pharmacist recommends receiving the same vaccine you have received in the past.
- ✓ You must bring your health insurance card and current vaccination card(s) with you.
- ✓ You must have a completed Rite-Aid vaccine consent form. Consent forms are available at the reception desk. You must fill out both sides and sign and date the back of the form.
- ✓ Please wear short sleeved shirts or sweaters.
- ✓ RSVPs for this clinic must be received no later than noon on Friday, November 10.
  - Call Tabby Alford at ext. 8460 with your name, patio number and choice of vaccine.

We ask that you follow the schedule below based upon your address:

- Patio homes 101-143 9:00 a.m.
- Patio homes 145-216 10:00 a.m.
- Patio homes 218-274 11:00 a.m.
- Patio homes 275-335 12:00 p.m.
- Patio homes 337-608 1:00 p.m.
- Patio homes/Apartments 609-739 2:00 p.m.

Detailed flyers are posted on the bulletin board in the mail room. If you have questions, please contact Tabby Alford at ext. 8460.

Skilled Nursing residents are receiving vaccine this week through RX Partners on the unit. Personal Care & Oak Grove residents are scheduled for November 16 on those units.

## **Café Closure**

Congratulations to chef Katie Thompson on the birth of her baby girl, Penny Louise! With that said, beginning Saturday, November 4, the Café will be closed for in-person dining for breakfast and lunch only on Saturday's and Sunday's for at least the next eight weeks. The Café counter will remain open for takeout meals at lunch time and for corner market purchases. Dining Room hours remains the same. Our current Café numbers are low on the weekends, so we feel this is the best way to navigate through this staffing leave. Thank you for your cooperation and patience with our dining team. Please reach out to Dining Director, Emily Barnard at ext. 8495 with comments, questions, or concerns.

## **Voting**

Please exercise your right to vote! Bus sign-up sheets are posted in the mail room for residents needing a ride to the Tuesday, November 7 election at the Cranberry Twp. Municipal Building. The bus will depart the Center at 9:30 a.m., 12:00 p.m., 2:00 p.m. and 4:00 p.m.

## **Veteran's Day Program**

Join us in the Auditorium and Card Room on Friday, November 10 at 1:30 p.m. for “A Patriotic Salute to Sherwood Oaks’ Veterans.” Patriotic piano music begins at 1:15 p.m. Memorabilia will be on display in the lobby beginning at 10 a.m. Individually packaged refreshments and snacks will be offered in the lobby after the program.

### **Private Dining Room Reopening**

Beginning Sunday, November 19, the private dining room will reopen for large party dining reservations of 11-20 people for lunch or dinner. The Oak Room is available for reservations for parties up to 10 people. Reservations must be made at least one week in advance for either room. Please contact Jesse Komara ext. 8505 for availability and/or reservations. Please note: these reservations are for parties who are using the salad bar and hot buffet only. We are unable to offer any other menu items at this time.

### **Armstrong Cable Update**

Armstrong Cable will be upgrading all the cable lines throughout the campus to fiber optic. Beginning next week, they will run new conduit and fiber optic lines in the community.

After next week, they will run new fiber optic lines throughout all the buildings on campus including the Lakeside Apartments, Community Center, Skilled Nursing, Personal Care, and the Oak Grove Center.

This work is expected to take a few months to complete. You may experience short delays or outages while watching cable television. We will give updates during each phase as we receive them. Questions should be directed to the maintenance department at ext. 8477.

### **Awardee – Dr. Heyl**

Earlier this year, Dr. Louis Heyl was presented with the Everyday Hero Award through the Pennsylvania Medical Society (PAMED). This award is given to physicians who go above and beyond in providing patient care. Nominations are accepted from colleagues and patients. Dr. Heyl received the award based on a nomination from a colleague, describing him as 'the definition of a provider that goes above and beyond to truly get to know his patients, his staff and his colleagues.'

As a primary care physician with over 40 years of experience in the industry, Dr. Heyl has a track record of high-quality patient care and leadership. In addition to working at the Heyl Family Practice offices, (a division of Genesis Medical Associates, Inc.) Dr. Heyl sees Sherwood Oaks residents in the medical office on the lower level. Please join me in congratulating him on this prestigious award.

### **Kung Fu Demonstration**

Justin Butterfield, Dining Room server, will have a Kung Fu demonstration in the Auditorium on Sunday, November 5 at 4:00 p.m. This demonstration is part of his senior project and includes 15 participants of all ages. Justin has been a student of Tai Chi instructor, Sifu David Slaughter, for the past 11 years. We hope you enjoy the show!

### **Fall Back**

Remember to turn your clocks back one hour on Saturday night, November 4, before you go to bed.

