

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2023

Sherwood Oaks Skilled Nursing

						9:45 ABC Fitness 2:00 Pokeno Game 6:30 Evening Movie	10:00 Open Activity Table Lake 2:00 Pictionary Game 6:30 Evening Movie
9:30-11:00 Catholic Communion St. Ferdinand's in room 2:00 Chapel- Card Room 3:30 You Be the Judge Game 6:30 Evening Movie	9:45 Mobility Monday 2:00 Labor Day: Unusual Careers and Trivia 6:30 Evening Movie	9:45 Tuesday Tone-Ups 2:00 September in History Presentation 6:30 Evening Movie	9:45 Mobility Monday 2:00 Outburst Game Career Edition 6:30 Evening Movie	9:45 Mobility Monday 10:15 Unusual Careers: presentation and discussion 2:00 Art Group 6:30 Evening Movie	9:45 Mobility Monday 2:00 Porch Poetry and Short Stories 6:30 Evening Movie		9:45 Penny Ante Game 2:00 Afternoon Movie with popcorn 6:15 Open Activities Table Lake lounge
	Labor Day						
9:30-11:00 Catholic Communion St. Ferdinand's in room 1:00 Steelers Football Game with snacks-founders 2:00 Chapel- Card Room 6:30 Evening Movie	9:45 Mobility Monday 2:00 Road Trip-Travelogue Facts and Snacks 6:30 Evening Movie	9:45 Chair Yoga 2:00 Ten Places to Visit in Maine 6:30 Evening Movie	9:45 Sit and Stretch 2:00 Pictionary Game Road Trips Edition 6:30 Evening Movie	9:45 Chair One Fitness 2:00 National Parks Bingo 6:30 Evening Movie	9:45 Friday Fitness and Fr Sinatra Music 2:00 Road Trips Timeslips 6:30 Evening Movie		10:00 Open Activity Table Lake Car Cruise 1-4 pm outside upper parking lot DJ Denny Refreshments served 6:30 Evening Movie
Grandparents Day					Rosh Hashanah Begins		Oktoberfest Begins
9:30-11:00 Catholic Communion St. Ferdinand's in room 2:00 Chapel- Card Room 3:30 Name Five Game 6:30 Evening Movie	10:00 Mobility Monday 2:00 Guess the Classical Composer 3:00 Covenant Players Drama Group – card room 6:30 Evening Movie	9:45 Morning Fitness 2:00 Exotic Animal Show Outside founders 6:30 Evening Movie	9:45 Chair One Fitness 1:30-3:30 Dee's Funnel Cake Food Truck Outside founders 3:00	9:45 Chair Yoga 11:00 Catholic Mass Card room 2:00 Fall Craft Corner Colors and Murals 2:30 Protestant Communion (in room) 6:15 Career Bingo	9:45 Friday Fitness 2:00 Question Quest Game 6:30 Evening Movie		10:00 Open Activity Table Lake 2:00 Music with Patrick 6:30 Evening Movie
							Autumn Begins
9:30-11:00 Catholic Communion St. Ferdinand's in room 2:00 Chapel- Card Room 6:30 Evening Movie	9:45 Movement to Mozart Music 2:00 Afternoon Movie with Popcorn 3:30 Connections and Conversations (visits)	9:45 Tuesday Tone-Ups 2:00 Resident Council Meeting 2:45 Art with Janet 6:30 Evening Movie	9:45 Wednesday Wake-Up Moves 2:00 H2O Color Painting 6:30 Evening Movie	9:45 Thursday Throwback the 80's Fitness 2:00 National Parks of the USA- Travelogue 6:30 Evening Movie	10:00 Friday Fun and Fitness 2:00 Music with Roberta 6:30 Evening Movie		10:00 Open Activity Table Lake 2:00 Family Feud Game 6:30 Evening Movie
Yom Kippur Begins					Sukkot Begins		

Activities are subject to change

Activities Team: June, Amy, Hannah, Roberta (Dir)

