



Sunday

Monday



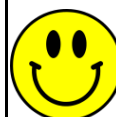
Tuesday

Wednesday

Thursday

Friday

Saturday

<p><b>Happy National Skilled Care Nursing Week! May 14-May 20</b></p> <p><b>Celebrating the theme "Cultivating Kindness" Be Kind to someone today!</b></p>	<p>9:45 Monday Mobility Exercise F 2:00 Frank Sinatra and Dean Martin Sing-a-Long with Italian Sodas F 6:30 Evening Movie L</p> <p>May Day</p>	<p>9:45 Tuesday Tone-Up F 10:15 Brain Games F 2:00 Painting Group F 3:15 Finish the Phrase F 6:30 Evening Movie L</p>	<p>9:45 ABC Fitness F 2:00 Pokeno Game F 4:00 Choral and Handbell Concert AUD 6:30 Evening Movie F</p>	<p>9:45 Thursday Throwback Exercise F 10:15 You Be The Judge F 2:00 Travel to Italy F 3:15 Question Quest Game F 6:30 Evening Movie F</p>	<p>9:45 Friday Fitness F 2:00 Cinco De Mayo Music and Margaritas F 6:30 Evening Movie F</p> <p>Cinco de Mayo</p>	<p>9:45 Saturday Stretch and Shirley Temple LIVE Trivia F 2:00 Coronation Bingo F 6:30 Evening Movie F</p> <p>Complete the royal wordsearch for a prize!</p>
<p>9:30-11:00 Catholic Holy Communion (delivered in room) 10:00 Sunday Stories F 2:00 Chapel 3:30 Headbanz Game F 6:30 Evening Movie F</p>	<p>9:45 Exercise F 10:15 Today in History F 2:00 Greeting Card Club F 3:15 Shout Out The Answer F 6:30 Evening Movie F</p>	<p>9:45 Exercise F 10:15 Name 5 Game F 2:00 Giant Chutes and Ladders Game F 3:00 Reminisce: Childhood Games F 6:30 Evening Movie F</p>	<p>9:45 Exercise F 10:15 Today in History F 2:00 Sing-a-Long F 3:00 Outburst Game F 6:30 Evening Movie F</p>	<p>9:45 Exercise F 2:00 Penny Ante Game F 6:30 Evening Movie F</p> <p></p>	<p>9:45 Friday Fitness F 11:30 <b>Mother's Day Tea Music with Tracy Lee</b> - CR 2:00 String Bird Feeders F 6:30 Evening Movie F</p>	<p>9:45 Saturday Stretch 1:30 <b>Drama Club Play</b> AUD 3:30 Conversation Jenga 6:30 Evening Movie F</p>
<p>9:30-11:00 Catholic Holy Communion (delivered in room) 10:00 Sunday Stories F 2:00 Chapel 3:30 Famous Mothers, Flowers, and Chocolate F 6:30 Evening Movie F</p> <p>Mother's Day National Skilled Nursing Week</p>	<p>9:45 Exercise F 1:00-3:30 <b>Bruster's Ice Cream Truck</b>-outside Founders entrance 2:30 Kindness Scattogories Game F 6:30 Evening Movie F</p>	<p>9:45 Tuesday Tone-Up F 2:00 <b>Painting Kindness Garden Stones</b> F 3:15 Kindness 6:30 <b>Bluegrass Band Entertainment</b> AUD</p>	<p>9:45 Wednesday Balloon Ping Pong Exercise F 10:15 Finish the Kindness Phrase F 2:00 <b>Getting to Know You Bingo-staff and residents</b> F 3:15 Connections and Conversations (in room visits) 6:30 Evening Movie F</p>	<p>9:45 Kindness Exercise 10:15 Kindness Pictionary 11:00 <b>Catholic Communion</b> 2:00 <b>Protestant Communion Service (delivered in room)</b> 2-3 <b>DJ Denny</b> (outside founders or lounge if raining) 3:00 <b>Gardening: Planting Herbs and Flowers</b> F 6:30 Evening Movie F</p>	<p>9:45 Move to the Music 11:30 <b>1950's Themed Lunch</b> 2:00 <b>1950's Themed Bingo</b> 6:30 Evening Movie F</p>	<p>9:45 Saturday Stretch and Spelling Bee Game F 3:00 <b>Art Group of Pittsburgh Chinese Culture Spring Celebration</b> AUD 6:30 Evening Movie F</p> <p>Armed Forces Day</p>
<p>9:30-11:00 Catholic Holy Communion (delivered in room) 9:45 Sunday Songs F 2:00 Chapel 3:30 Roll the Dice Sunday Story Telling 6:30 Evening Movie F</p>	<p>9:45 Exercise F 2:00 <b>Monday Music with Gene</b> F 3:15 Bird LIVE Trivia, Facts and Knowledge Check F 6:30 Evening Movie F</p> <p>Victoria Day (Canada)</p>	<p>9:45 Tuesday Tone-Up F 10:15 Brain Food Game F 1:30 <b>Art with Janet</b> F 2:30 <b>Resident Council Meeting</b> F 3:30 Connections and Conversations (in room visits) 6:30 Evening Movie F</p>	<p>9:45 Exercise F 10:15 Mind Joggers F 2:00 <b>Dollar Tree Day: Craft Corner</b> 6:30 Evening Movie F</p>	<p>9:45 Exercise F 10:15 Think Fast Game F 2:00 Abstract Canvas Art F 6:30 Evening Movie F</p> <p>Shavuot Begins</p>	<p>9:45 Exercise F 2:00 Catchphrase Game F 6:30 Evening Movie F</p> <p></p>	<p>9:45 Saturday Sit and Stretch F 2:00 Brain Games F 6:30 Evening Movie F</p>
<p>9:30-11:00 Catholic Holy Communion (delivered in room) 9:45 Hymn Sing F 2:00 Chapel 3:30 Devotions: Da Vinci's Last Supper F 6:30 Evening Movie F</p>	<p>9:45 Yoga and Meditation Monday F 2:00 Red, White and Blue Social and Music F 6:30 Evening Movie F</p> <p></p> <p>Memorial Day</p>	<p>9:45 Exercise F 10:15 True or False? F 2:00 <b>Cooking Club: No Bake Surprise</b> 3:00 Have You Ever? 6:30 Evening Movie F</p> <p></p>	<p>9:45 Exercise F 10:15 Today in History F 2:00 Music Bingo F 3:00 6:30 Evening Movie F</p>	<p style="text-align: center;"><b>May 2023</b></p> <p style="text-align: center;"><b>Sherwood Oaks Skilled Nursing</b></p>		

Activities are subject to change

Outdoor Patio Time will Occur, weather permitting