

Sunday

Monday

Tuesday

Wednesday


Thursday

Friday

Saturday

# March 2023

## Sherwood Oaks Personal Care

			<p>10:00 March News and "Musings" 10:30 Chair One Fitness 2:00 <b>Shamrock Crafts and Wiser Now Wednesday</b></p>	<p>10:00 Table Talk 10:30 Chair Yoga 2:00 Author Spotlight: "Theodore Seuss Geisel" 3:00 Card Games</p>	<p>10:30 Funky Friday Chair Moves 1:20 Afternoon Movie 3:30 <b>Cultural Day: Persian Poets and Food Tasting</b></p>	<p>1:20 Afternoon Movie 3:30 Literary Chances Game</p>
<p>9:30-11:00 Catholic Holy Communion (delivered in room) 1:20 Afternoon Musical 2:00 Chapel AUD</p>	<p>10:00 Old Stuff Day Discussion 10:30 Sit and Stretch 2:00 History of Chocolate and How It's Made 3:30 Card Games</p> <p>Purim Begins</p>	<p>10:30 Roberta's Rock and Roll Fitness 1:20 Afternoon Movie 3:30 <b>Florida Facts: Sunshine, Spelling Bee and Orange Juice</b></p>	<p>10:30 Brain Games and 1:20 Afternoon Movie 3:30 <b>Irish Folk Songs and Irish Beer with Roberta</b></p>	<p>10:00 Table Talk 10:30 Chair One Fitness 2:45 <b>Thirsty Thursday Happy Hour: Potato Chip Party!</b> <b>Accordion Music with Hank</b></p>	<p>10:30 Chair Yoga 1:20 Afternoon Movie 3:30 Mario Day Bingo</p>	<p>10:30 Saturday Game 1:20 Afternoon Movie 3:30 Velvet Art Mandalas</p>
<p>9:30-11:00 Catholic Holy Communion (delivered in room) 10:30 Words of Wisdom 1:20 Afternoon Musical 2:00 Chapel AUD</p> <p>Daylight Saving Time Begins</p>	<p>10:30 Fitness Fun 1:20 Afternoon Movie 2:00 <b>Steel Clover Trio: St Patrick's Day Music Auditorium</b></p>	<p>10:30 March Madness Fitness 1:20 Afternoon Movie 3:30 <b>Cooking Club: No Bake Pies</b></p> <p>Today is "pi" Day</p>	<p>10:30 Chair One Fitness 1:20 Afternoon Movie 3:30 Irish Themed Pictionary</p>	<p>10:30 Chair Yoga and New and Views 1:20 Ireland Travelogue 3:30 Yam Slam Game</p>	<p>10:30 Friday Fitness 1:20 Afternoon Movie 3:30 <b>St. Patrick's Day Party</b></p> <p>St. Patrick's Day</p>	<p>1:20 Afternoon Movie 3:30 Penny Ante Game</p>
<p>9:30-11:00 Catholic Holy Communion (delivered in room) 1:20 Afternoon Musical 2:00 Chapel AUD</p>	<p>10:30 Mobility Monday 1:20 Afternoon Movie 3:30 Power of Kindness</p> <p>Spring Begins</p>	<p>10:30 Tone Up Tuesday 1:20 Afternoon Movie 3:30 Rummikub Game</p>	<p>10:30 Chair One Fitness 1:20 Afternoon Movie 3:30 Name Five</p> <p>Ramadan Begins</p>	<p>10:00 Table Talk 10:30 Chair Yoga 2:00 Cool Science Experiments 3:00 LCR Game</p>	<p>10:30 Fitness Fun 1:20 Afternoon Movie 3:30 Trivia Game</p>	<p>10:30 Saturday Game 1:20 Afternoon Movie 3:30 Bingo Bash</p>
<p>9:30-11:00 Catholic Holy Communion (delivered in room) 10:30 Words of Wisdom 1:20 Afternoon Musical 2:00 Chapel AUD</p>	<p>10:30 ABC Fitness 1:20 Afternoon Movie 3:00 <b>Resident Council Meeting</b> 3:30 game</p>	<p>10:30 Chair One Fitness 1:20 Afternoon Movie 3:30 Outburst Game</p>	<p>10:30 Chair Yoga 2:00 <b>Over The Hump Day Happy Hour: Music with Gene</b> 3:30 Chocolate Day: Trivia and Treats</p>	<p>10:30 Chair One Fitness 1:20 Afternoon Movie 3:30 <b>Spin To Win Baseball Game</b></p>	<p>10:30 Friday Fitness 1:20 Afternoon Movie 3:30 Art Culture of New Zealand</p>	

Activities are subject to change