

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2022

Sherwood Oaks Skilled Nursing

				<p>9:45 Sit and Stretch 2:00 Christmas Gnome Ornament 6:30 Evening Movie</p>	<p>2:00 Stories Behind Favorite Holiday Memories L 6:30 Evening Movie F "Jingle All The Way"</p>	<p>9:45 Virtual Exercise Video F 2:00 Holiday Movie Party "It's a Wonderful Life" 6:30 Gather for a Leisure Game or Movie in Founders Lounge</p>
<p>9:30-11:00 Catholic Holy Communion (in room visits) 4 2:00 Chapel 3:30 Jingle All The Way Music and Meaning 6:30 Evening Movie "Christmas with the Kranks"</p>	<p>10:00 Monday Movement and Brain Games 5 2:00 Handbell Group 6:30 Evening Movie</p>	<p>9:45 Chair One Fitness 6 2:00 Think Fast Game 6:30 Evening Movie</p>	<p>9:45 ABC Fitness 7 2:00 Moon Facts and Moon Songs Sing-a-Long 6:30 Evening Movie</p>	<p>9:45 Chair Yoga 8 2:00 Holiday Craft and Interesting Facts Discussion 6:30 Evening Movie</p>	<p>10:00 Stocking Stuffer Stumper Game 9 2:00 Piano Holiday Music with Roberta 6:30 Evening Movie "White Christmas"</p>	<p>1:30 Holiday Movie Party "Elf" 10 6:30 Gather for a Leisure Game or Movie in Founders Lounge</p>
<p>9:30-11:00 Catholic Holy Communion (in room visits) 11 2:00 Chapel 3:30 Boxed in Holiday Game L 6:30 Evening Movie "Christmas in Connecticut"</p>	<p>10:00 Big Band Exercise 12 2:00 Drum Circle with Matt 6:30 Evening Movie</p>	<p>9:45 Chair Yoga 13 2:00 Holiday Pictionary and Christmas Around the World Facts 6:30 Evening Movie</p>	<p>9:45 Fitness Fun 14 2:00 Snowman Craft 6:30 Evening Movie</p>	<p>9:45 Chair One Fitness 15 11:00 Roman Catholic Service: Chapel LL 2:00 All Things Green: Grinch Day 4:30-6:30 Holiday Party Café Area- Top Shelf Barbershop Quartet Entertains 6:30 Evening Movie</p>	<p>11:30 Holiday Lunch Steel Clover Entertains AUD 6:30 Evening Movie "A Christmas Carol" 16</p>	<p>1:30 Holiday Movie Party "Home Alone" 17 6:30 Gather for a Leisure Game or Movie in Founders Lounge</p>
<p>9:30-11:00 Catholic Holy Communion (in room visits) 18 2:00 Chapel 3:30 L 6:30 Evening Movie "Lawrence Welk Family Christmas"</p> <p>Hanukkah Begins</p>	<p>9:45 ABC Fitness 19 2:15 Author Spotlight: "A Christmas Carol" 6:30 Evening Movie</p>	<p>9:45 Chair One Fitness 20 2:00 Protestant Communion Service (in room) 6:30 Evening Movie</p>	<p>9:45 Chair Yoga and Meditation 21 2:00 Longest Night Service AUD 3:15 Winter Bingo 6:30 Evening Movie</p> <p>Winter Begins</p>	<p>9:45 Elf Bowling 22 1:30 Phipps Conservatory Holiday Lights Presentation AUD 3:00 Pass the Present Game 6:30 Evening Movie</p>	<p>2:00 Afternoon Yoga and Stretch 23 2:30 Holiday Trivia Game 6:30 Evening Movie</p>	<p>1:30 Holiday Movie Party "A Christmas Story" 24 6:30 Gather for a Leisure Game or Movie in Founders Lounge</p>
<p>9:30-11:00 Catholic Holy Communion (in room visits) 25 2:00 Chapel 6:30 Evening Movie "Holiday Lights"</p> <p>Christmas</p>	<p>9:45 Monday Fitness 26 2:00 Music with Gene F 6:30 Evening Movie</p> <p>Boxing Day (Canada) Kwanzaa Begins</p>	<p>9:45 Movin' to the Oldies 27 2:00 Art Group with Amy 6:30 Evening Movie</p>	<p>9:45 Chair Yoga 28 2:00 Card Day: Card Games and Tricks 6:30 Evening Movie</p>	<p>9:45 Chair One Fitness 29 2:00 Tabletop Snowman Bowling L 6:30 Evening Movie</p>	<p>2:00 New Year's Traditions and Game 30 6:30 Evening Movie</p>	<p>9:45 News Year's Resolutions L 31 2:00 New Year's Eve Happy Hour and Karaoke Christmas Music 6:30 Evening Movie F</p> <p>New Year's Eve</p>

Activities are subject to change