

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2022

Sherwood Oaks Personal Care

					10:30 Chair One Fitness 1:20 Afternoon Movie "Viva las Vegas" 2:00 Elvis Impersonator Music Show AUD 3:30 Rummikub Game	10:30 Meditative Yoga 1:20 Afternoon Movie 3:30 Card Games	10:30 News and Views 1:20 Afternoon Movie "Urban Cowboy" 3:30 Conversation Jenga
9:30-11:00 Catholic Holy Communion (delivered in room) 10:30 Devotions 1:20 Afternoon Musical 2:00 Chapel AUD 4:00 Resident Games Committee	10:30 Chair One Fitness 1:20 Afternoon Movie 3:30 Vanishing Professions and Name 5 Labor Day Style Labor Day	10:30 Fitness Fun 2:00 Discussion: Food Innovation Failures 3:15 Pictionary	10:30 Chair One Fitness: Patriotic Music 1:20 Afternoon Movie 3:30 Table Games	10:30 Football Fitness 2:00 Guardian Angel Craft 3:30 Name The Celebrity 6:00 Evening Bingo 8:20 NFL Kick off: Bills versus the Rams	10:30 Exercise to the 60's 1:20 Afternoon Movie 3:30 Scattegories	10:30 Meditative Yoga 1:20 Afternoon Movie 3:30 Arnold Palmer Drinks and Trivia on the PC Patio	
9:30-11:00 Catholic Holy Communion (delivered in room) 10:30 Devotions: Remembering 9/11 1:20 Afternoon Movie Coat of Many Colors" (Dolly Parton music) 2:00 Chapel AUD Grandparents Day	10:30 Seated Line Dance Exercise 1:20 Afternoon Movie 3:30 Emmy Awards and TV Talk Shows	10:30 Chair One Fitness 2:00 Virtual Tour:How chocolate kisses are made 3:00 Rummikub Game	10:30 Meditative Yoga 1:20 Afternoon Movie 3:30 Dice Games	10:30 Chair One Fitness and News and Views 2:00 Rebus Puzzles 3:00 Author Spotlight: Agatha Chistie 6:00 Evening Movie: Agatha Christie Mysteries	1:20 Afternoon Movie 3:30 Music with Roberta	10:30 Everybody Knows Trivia 1:20 Afternoon Movie 3:30 Who Am I Game? Oktoberfest	
9:30-11:00 Catholic Holy Communion (delivered in room) 10:30 Devotions 1:20 Afternoon Musical 2:00 Chapel AUD	10:30 Move and Groove 1:20 Afternoon Movie 3:30 Wellness 101 : 10 Tips for Ageing better with Roberta	10:30 Exercise 1:20 Afternoon Movie 3:30 Brain Games	10:30 Exercise 1:20 Afternoon Movie 3:30 Whiteboard Games: Jumbled Words Quiz	10:00 Whats in the News? 10:30 Seated Dance Fitness 2:00 Leaf Art and Painting 3:15 Name The Book; Character Quiz Autumn Begins	10:30 Exercise 1:20 Afternoon Movie 3:30 Evolving Art with Jan	1:20 Afternoon Movie 3:30 Optical Illusions Presentation	
9:30-11:00 Catholic Holy Communion (delivered in room) 10:30 Devotions 1:20 Afternoon Musical 2:00 Chapel AUD Rosh Hashanah Begins	10:00 Resident Council Meeting 10:30 Meditative Yoga 2:00 Music Spotlight: Scotty McCreery 3:15 Music Bingo	10:30 Chair One Fitness 2:00 Cards 3:30 Innovations: 10 Things we cant live without	10:00 Can We Talk? Open News Discussion 10:30 Scarf Exercise 2:00 Drum Circle with Matt 3:30 History of Scarves Discussion and Facts	10:30 Chair One Fitness 2:00 TV Theme Brain Games and Root Beer Floats 3:30 Gene Autry Music and Trivia 1-3 Funnel Cake Food Truck Day! outside founders patio please use scooter room exit	10:30 Fitness Fun 1:20 Afternoon Movie 3:30 Yam Slam Game	Catholic Holy Communion Sundays from 9:30-11:00am in room visits St. Ferdinand's Catholic Church Eucharistic Ministers	

activities are subject to change- **All Programming is held in the Day Room unless otherwise noted- Rec Therapy staff: Roberta, 724-776-8471, June, Nicole, Hannah, Jannie 724-776-8465**