

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# September 2022

## Sherwood Oaks Oak Grove

				<p>10:00 Daily Chronicle 1,2 10:30 Fun and Fitness 1,2 2:00 Elvis Music Show AUD 3:30 Hawaiian Poker Game 1 3:30 Hawaiian Poker Game 2</p>	<p>10:00 Fun and Fitness 1 10:30 Fun and Fitness 2 1:30 College Colors and Rock and Roll Music 1 2:30 College Colors and Rock and Roll Music 2</p>	<p>10:00 Fun and Fitness 1 10:30 Fun and Fitness 2 1:30 Art with Jan 1 2:30 Art with Jan 2</p>
<p>10:00 Chicken Soup for the Soul 4 10:30 Chicken Soup for the Soul 1:30 Ping Pong Toss Game and Story Starters 2 2:30 Ping Pong Toss Game and Story Starters 1</p>	<p>10:00 American Sing-a-Long 5 10:30 American Sing-a-Long 2 1:30 Straw Fireworks Craft 1 2:30 Straw Fireworks Craft 2</p>	<p>10:00 Fun and Fitness 1 10:30 Fun and Fitness 2 1:30 Table Bowling 1 2:30 Table Bowling 2</p>	<p>10:00 Chair Yoga and Stretching 7 10:30 Chair Yoga and Stretching 2 1:30 Spelling Bee 1 2:30 Spelling Bee 2</p>	<p>10:00 Fun and Fitness 1 10:30 Fun and Fitness 2 1:30 Guess the Musicals 1 2:30 Guess the Musicals 2</p>	<p>10:00 Fun and Fitness 1 10:30 Fun and Fitness 2 1:30 Travelogue to California 1 2:30 Travelogue to California 2</p>	<p>10:00 Fun and Fitness 1 10:30 Fun and Fitness 2 1:30 Marble Painting and Slogan Fun 1 2:30 Marbel Painting and Slogan Fun 2</p>
<p>10:00 Exercise to Patriotic Music 11 10:30 Exercise to Patriotic Music 2 1:30 Reminsice: Grandparents Day - A Taste of Honey 1 2:30 Reminsice: Grandparents Day - A Taste of Honey 2</p> <p>Grandparents Day</p>	<p>10:00 Bee Gees Exercise 12 10:30 Bee Gees Exercise 2 1:30 Paint to Music 1 2:30 Paint to Music 2</p>	<p>10:00 Fun and Fitness 13 10:30 Fun and Fitness 2 1:30 Music Bingo 1 2:30 Music Bingo 2</p>	<p>10:00 Fun and Fitness 14 10:30 Fun and Fitness 2 1:30 Lets Make a Deal Game 1 2:30 Lets Make a Deal Game 2</p>	<p>10:00 Fun and Fitness 15 10:30 Fun and Fitness 2 1:30 Resident Planning Committee and Sodas 1 2:30 Resident PLanning Committee and Sodas 2</p>	<p>10:00 Fun and Fitness 16 10:30 Fun and Fitness 2 2:00 Movie and Mandala Art 1 2:30 Movie and Mandala Art 2</p>	<p>10:00 Fun and Fitness 17 10:30 Fun and Fitness 2 1:30 Whats in the Bag? 1 2:30 Whats in the Bag? 2</p> <p>Oktoberfest</p>
<p>10:00 Shake Loose a Memory 18 10:30 Shake Loose a Memory 2 1:30 Patio Chat and Music 1 2:30 Patio Chat and Music 2</p>	<p>10:00 Fun and Fitness 19 10:30 Fun and Fitness 2 1:30 Making Flower Arrangements 1 2:30 Making Flower Arrangments 2</p>	<p>10:00 Fun and Fitness 20 10:30 Fun and Fitness 2 1:30 Pour and Paint 1 2:30 Pour and Paint 2</p>	<p>10:00 Fun and Fitness 21 10:30 Fun and Fitness 2 1:30 Velvet Art 1 2:30 Velvet Art 2</p>	<p>10:00 Fun and Fitness 22 10:30 Fun and Fitness 2 1:30 Cotton Ball Tree Craft 1 2:30 Cotton Ball Tree Craft 2</p> <p>Autumn Begins</p>	<p>10:00 Fun and Fitness 23 10:30 Fun and Fitness 2 1:30 Fall Foliage Leaf Art Project 1 2:30 Fall Foliage Leaf Art Project 2</p>	<p>10:00 Fun and Fitness 24 10:30 Fun and Fitness 2 2:00 Afternoon Comedy 1 2:00 Afternoon Comedy 2</p>
<p>10:00 Songs to Make You Smile 25 10:00 Everybody Sing 2 1:30 Music with Roberta 1 2:15 Music with Roberta 2</p> <p>Rosh Hashanah Begins</p>	<p>10:30 Table Talk 26 11:00 Table Talk 2 1:30 Parachute Science Experiment 1 2:30 Parachute Science Experiment 2 3:30 Afternoon Stretch 1 4:00 Afternoon Stretch 2 6:00 Evening Sing-a-long 1 6:30 Evening Sing-a-long 2</p>	<p>10:00 Backyard Games Fitness 27 10:30 Backyard Games Fitness 2 1:30 Art Class with Janet 1 2:30 Art Class with Janet 2</p>	<p>10:00 Fun and Fitness 28 10:30 Fun and Fitness 2 1:30 September Birthday Party 1 2:30 September Birthday Party 2</p>	<p>10:00 Daily Chronicle 1,2 29 10:30 Fun and Fitness 1,2 1:30 Country Music, Stories, and Funnel Cakes 1 2:30 Country Music, Stories, and Funnel Cakes 2</p>	<p>10:00 Fun and Fitness 30 10:30 Fun and Fitness 2 1:30 Card Games 1 2:30 Card Games 2</p>	<p><b>Catholic Holy Communion Sundays from 9:30-11:00am in room visits St. Ferdinand's Catholic Church Eucharistic Ministers</b></p>

activities are subject to change- Rec Therapy staff: Roberta, 724-776-8471, June, Nicole, Hannah, Jannie 724-776-8465