"For Your Information"

(A periodic publication by Sherwood Oaks Executive Director, Annette McPeek)

August 9, 2022

<u>Farmer's Market</u>

This month's farmer's market will be held on Wednesday, August 10 from 11 a.m. to 2:00 p.m. in the lobby. In addition to assorted local produce, the following items will also be available for purchase: banana bread, zucchini bread, biscotti, cookies, pizzelles, peach butter, blackberry & strawberry jam, roasted pepper chutney, assorted bread, cheese, and charcuterie. Our chef's demo is a Be Well sweet potato and black bean bowl.

Residents may use cash or charge items to their monthly statement. Employees must use cash for purchases.

Dining Services Updates

I'm pleased to announce that CURA/Elior has hired a Dining Services Director and a Registered Dietitian. Emily Barnard, Dining Services Director, can be reached at ext. 8495 beginning Monday, August 22. Sara Isaac, Registered Dietitian, can be reached at ext. 8508. Please join me in welcoming them both to Sherwood Oaks.

It's that time of the year again; back to school. This means that some of the evening servers will be leaving in the next few weeks to attend college. We are continuing to hold interviews and you will see more "green apron" servers over the next few months. While we are training these new servers, we ask that you please have patience with them. This may be their first job experience and we all want them to excel in their role and stay!

We also would like to remind you to bring your meal card with you to the Café and/or Dining Room. Doing this will eliminate incorrect charges on your monthly statement. It will also help the staff get familiar with your names and faces. If you cannot find your meal card, please contact Kathy Vacca at ext. 8466 to request a replacement. Please note that the Dining Room and Café are open for residents only.

Geese Sightings

If you notice geese anywhere on the campus, please call the gatehouse at ext. 8155 so we can contact Crespo Pest Control.

AA (Alcoholics Anonymous)

Would an AA meeting on campus be helpful to you? This includes residents and staff. Are you attending AA meetings off campus and might be willing to take non-driving residents? If interested, please contact Jean Henderson at ext. 8346. All responses will be kept in confidence.