

“For Your Information”

(A periodic publication by Sherwood Oaks Executive Director, Annette McPeck)

August 17, 2022



Birthday Celebration

Join us in the Main Dining Room and Café on Wednesday, August 24 as we travel to Georgia to celebrate August birthdays. Our menu includes Vidalia onion soup, chicken & dumpling soup, pimento cheese shrimp & grits, hot chicken biscuits with mama’s white gravy, barbeque beef brisket, creamy baked mac & cheese, fried green tomatoes, southern collard greens, scalloped peaches, buttermilk pie and fried apple pie.

Pet Owner/Handler Acknowledgement Forms for Pets

Residents who own pets or watch pets for family members should complete a Pet Owner/Handler Acknowledgement form and return to the Security Department. This form will be kept on file with your pet registration form(s). The Pet Policy is located in your Resident Handbook. Blank forms are available at the reception desk. Questions about these forms or the pet policy can be directed to Sue Hoffman at ext. 8461.

Guest Reminder

Guests are permitted to visit health center residents, pick up mail/packages and/or pick up meals from the Café. They are not permitted to eat in the dining areas, shop in the gift shop, attend functions or use the lobby as a visitation area. Guests are also required to wear a mask inside the building and must screen at one of the entrances before proceeding to their destination.

Resident Get Together

Join us on Friday, August 19 at 1:30 PM for a resident get together in the Auditorium and Card Room. This month’s speaker is Vicky Tremblay, Director of Community Nursing. Vicky will give you an overview of the Community Nursing Department and the services they provide. I will also give a brief campus update and will answer any questions you may have.

Spotted Lantern Fly

We now have the spotted lantern fly on the campus. Residents, visitors, and staff are encouraged to kill these insects as they are an invasive species. A picture of this fly is showing on TV channel 950 and is posted on the bulletin board in the mailroom. Please report any sightings to Gary Whoric at ext. 8599.

Anniversaries

Would you like your wedding anniversary advertised on Channel 950? If so, contact Tabby Alford at ext. 8460.

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CDC Guidance Update

The CDC recently issued new guidance for the community that relaxes distancing, masking, and quarantine guidance. This new approach applies to community settings only — it specifically excludes health care settings, travel considerations, or areas with higher risk of transmission. We are currently seeing substantial transmission in our communities. As such, there are no changes to UPMC COVID-19 precautions and policies for staff, residents, visitors, or vendors at this time.

Food Truck

Jordan's Donuts food truck will be parked near the ambulance entrance on Monday, August 22 from 10:30 a.m. to 1:00 p.m. Residents and staff are welcome to visit the truck to purchase their homemade goodies. Lunch items will be available for purchase. The food truck accepts cash, credit card and Apple pay. A detailed flyer is posted on the bulletin board in the mail room.

Medicare Card Scam

A caller portrays being from Medicare and states the reason for the call is the need to issue a new Medicare card. The caller attempts to get the individual to give them the card number off the individual's current card. The caller tends to have an accent and can be persistent in obtain the individual current card information. The caller may try to ease you with offering information about you. What the scammers really want, of course, is to get personal or financial information for the purposes of identity theft or outright theft.

Do's

- ✓ Do hang up immediately if you get an unsolicited call from someone who claims to be from Medicare and asks for personal information.
- ✓ Do give your Medicare number only to trusted providers of your health care and coverage, such as doctors, pharmacists, insurers, and state health agencies that work with Medicare.

Don'ts

- ✓ Don't share your Medicare or Social Security number (or other personal information) with anyone who contacts you unexpectedly by phone, text or email or shows up unannounced at your door.
- ✓ Don't send or give your old Medicare card to anyone. Impostors may claim you need to return it. The government doesn't need your old card back and recommends that you destroy it.
- ✓ Don't believe a caller is a Medicare employee simply because he or she knows some information about you. Scammers will have done their homework.

Community Nurse Request

If you have recently changed your PCP (Primary care Physician), please contact the Community Nursing Department at ext. 8496 so the correct information is listed in your resident file.