

“For Your Information”

(A periodic publication by Sherwood Oaks Executive Director, Annette McPeck)

August 19, 2021

COVID-19 Booster Shot

The White House Wednesday recommended COVID-19 vaccine booster doses for adults who received the Pfizer and Moderna mRNA vaccinations. The reason for this recommendation, which is awaiting authorization from the U.S. Food and Drug Administration (FDA) and the Centers for Disease Control and Prevention, is because the impact of the vaccines on the immune system may wane over time. Third doses of the Pfizer and Moderna vaccines are already approved for those who are immunocompromised. If you are immunocompromised and need to schedule your third dose, you may call 844-876-2822 to schedule an appointment.

Sherwood Oaks is working with RX Partners to coordinate on-site administration of third doses for residents and employees; similar to initial vaccine roll out. We await FDA authorization and anticipate availability late September.

The recommendation for a booster dose does not mean we are unprotected; it will ensure the ongoing protection from a completed vaccine.

Important Reminders

Guests who enter the building to pick up mail or meals for independent living residents, or to visit personal care or skilled nursing, must be properly masked and are required to stop at the reception desk to check in. The receptionist on duty will direct them to the screening table and then to their destination.

Also, masking is mandatory in all common areas of the campus regardless vaccination status. This includes the lobby, especially when you exit the Café or Main Dining Room. Staff will be reminding you to properly mask and will be offering masks to those who are not wearing one. Please do not take offense to this, we are dedicated to keeping everyone on this campus safe and healthy. Thank you in advance for your cooperation.

Birthday Meal

Join us in the Main Dining Room and Café on Wednesday, August 25 as we travel to Greece. Soup choices are lemon chicken and fakes (lentil) soup. Entrees are Greek pastitsio (Greek lasagna w/bechamel), baked cod w/lemon & garlic, chicken gyro and spanakopita. Accompaniments include Greek vegetable medley, Fasholakia (green beans), and Greek lemon potatoes. Dessert choices are baklava and a yogurt lemon tart.

Satellite Fitness Center

Just a reminder that only residents are permitted to use the satellite Fitness Center in unit #259 at this time. Although it is our preference that all residents use the Bill Schenk Fitness Center located in the lower level of the Community Center, any resident wishing to use the satellite (#259) must sign in on the clip board located inside the unit.

Retirement News

After 12 years of service, Community Nurse, Beth Hill, will retire in a few weeks. Her last day is Friday, September 10. Please join me in wishing her the best in future endeavors.