



A part of UPMC Senior Communities

## This Week at Sherwood Oaks - June 20, 2021 to June 26, 2021

### The Audio Bulletin Board 8489

#### Sunday, June 20 *Father's Day*

**Bus to Local Churches - check bulletin board & Channel 900 for times**

#### Monday, June 21

- 8:15 am Bus to Passavant Cranberry
- 9:00 am PC, Laptop, Tablet, Smartphone Help - Computer Room
- 9:30 am Bus to Costco/Walmart/Passavant Main & Passavant Cranberry/Cranberry Mall
- 10:00 am Group Fitness - Auditorium
- 10:00 am Aquacize - Swimming Pool
- 11:00 am Stretch & Stability - Auditorium
- 1:00 pm Bus to Shop 'n Save/CVS Pharmacy/Passavant Cranberry & Main Campus
- 1:00 pm Painting Class - Novice or Pro - Painting Studio - Lower Level

#### Tuesday, June 22

- 8:15 am Bus to Passavant Cranberry
- 9:30 am Bus to VA Clinic in Cranberry Passavant Cranberry & Pittsburgh/Oakland
- 10:00 am Tai Chi - Auditorium - Class Size Limited - call Bill Burtner at ext. 8543 to register
- 11:00 am Move & Groove Fitness Class - Auditorium
- 1:30 pm Crocheting Plastic Bags - Craft Room
- 1:30 pm Drama Club Meeting - Auditorium
- 1:40 pm Bus to VA Clinic Cranberry/Passavant

*"Amalfi Virtual Walk"* - June 22  
10:00 am, 4:00 pm, 7:30 pm  
TV Channel 901

#### Wednesday, June 23

**Bus to UPMC Passavant Cranberry  
8:15am - 9:30am - 11:45am - 2:00pm**

- 9:30 am Bus to Rite Aid, Passavant Cranberry & 228 Mall
- 10:00 am Group Fitness - Auditorium - Class Size Limited - Call Bill Burtner - Ext. 8543
- 10:00 am Men's Bible Study - Chapel
- 11:00 am Take a Walk with a Friend - Meet outside Scooter Room/Gallery Entrance
- 12:00 pm Granny's Attic Annex #156 - Appointment Only - Call Frank or Joanne - Ext. 8154
- 1:00 pm Complimentary Hearing Aid Service - Dr. Francis - Appointment Necessary

#### Thursday, June 24

- 7:00 am Bus to Passavant Cranberry & Main
- 9:30 am Bus to Passavant Cranberry/Passavant Main & Cranberry Mall
- 10:00 am Aquacize - Swimming Pool
- 10:00 am Move & Groove Fitness Class - Auditorium
- 10:00 am Crocheting Plastic Bags - Craft Room
- 11:00 am Yoga - Auditorium - Class Size Limited - Call Bill Burtner at ext. 8543
- 1:00 pm Bus to Passavant Cranberry/Passavant Main & Streets of Cranberry
- 1:30 pm Duplicate Bridge - Card Room

#### Friday, June 25

**Bus to UPMC Passavant Cranberry  
7 am - 9:30 am - 1 pm**

- 9:30 am Bus to Shop 'n Save/Passavant Cranberry & Passavant Main
- 10:00 am Tai Chi - Auditorium - Class Size Limited - Call Bill Burtner at 8543 to register
- 11:00 am On the Move Fitness Class - Auditorium
- 1:00 pm Bus to Costco/Walmart/Passavant Main & Passavant Cranberry
- 2:00 pm Craft Group - Lower Level Craft Room
- 2:00 pm Sew & So's - Fireplace Lounge

#### Saturday, June 26

- 3:40 pm Bus to St. Ferdinand's Church
- 7:00 pm Saturday Night Movie - Nowhere in Africa Rated (R) - Auditorium



Please leave items for the Weekly Bulletin at the front desk for Tabby Alford **by NOON on Thursday** for inclusion in next week's bulletin. Be sure to notify Tabby when an activity or meeting is cancelled or when the date, time, or location has changed. She can be reached at extension 8460 or by email at [alfordtl@sherwood-oaks.com](mailto:alfordtl@sherwood-oaks.com).