

“For Your Information”

(A periodic publication by Sherwood Oaks Executive Director, Annette McPeck)

June 24, 2021

Activities to Resume

I am pleased to announce the following:

- ✓ Duplicate Bridge resumes today, Monday night bridge resumes on June 28, Wednesday bridge resumes on July 7 in the Card Room
- ✓ Saturday night movies to resume in the Auditorium on Saturday, June 26 at 7:00 p.m.
- ✓ Sunday night movies will begin on Sunday, June 27 on channel 901 at 7:30 p.m.
- ✓ Game tables in the lobby to resume Wednesday, June 30
- ✓ The Café reopens on July 6. Hours will be 8 a.m.-6:30 p.m. daily.
- ✓ Campfire Sing-a-longs to resume at the Summerhouse in July
- ✓ Chapel to resume in the Auditorium on Sunday, July 11 at 2:00 p.m.
- ✓ Resident Get Togethers to resume in the Auditorium in July

These updates are advertised on Channel 900/901 and printed in the weekly bulletin.

Fitness Classes

Effective Monday, June 28, all fitness classes will be moved back to the Cranberry Lake Fitness Center on the lower level of the Oak Grove Center. We ask that independent living residents use the sidewalk along the Oak Grove Center to enter the Cranberry Lake Fitness entrance (by the lake). Please do not walk through Skilled Nursing or Personal Care to get to the Oak Grove Center.

Reservations for SORA Meetings

We are now accepting room reservations for SORA meetings for FY 2022 (July 1, 2021 to June 30, 2022) These rooms include the Auditorium, Card Room, Conference Room, Great Room and Sherwood Meeting Room. We ask that the chairperson of each committee/activity be the person requesting the reservation. Reservation forms are available at the reception desk. Please fill out a form, sign it and return it to the receptionist desk. You will be contacted if there a conflict. Please note that speakers and/or entertainers cannot resume on campus until after September 7.

Reservations for family functions and/or Oak Lodge guest stays are not being accepted at this time. This will be discussed after Labor Day. Questions about reservations can be directed to Tabby Alford at 724-776-8460 or alfordtl@sherwood-oaks.com.

Skilled Nursing/Personal Care/Oak Grove Visitation

Just a reminder that visitation on the Skilled Nursing, Personal Care and Oak Grove units should be prearranged. Please contact:

- ✓ Skilled Nursing – ext. 8487 or 724-776-8487
- ✓ Personal Care – ext. 8472 or 724-776-8472
- ✓ Oak Grove Floor #1 – ext. 4653 or 724-742-4653
- ✓ Oak Grove Floor #2 – ext. 4657 or 724-742-4657

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June Birthday Celebration

Join us on June 30 as we take a culinary journey through Portugal. The menu includes: caldo verde (Portuguese green soup) or Portuguese Bean Soup, piri piri chicken, shrimp mozambique, sanduice de pernil, chanakhi (lamb stew), cilantro-lime rice, collard greens & beans, fried green beans, pasteis de nata (Portuguese custard tart) and bolo de laranja (Orange cake).

Motorized & Assistive Devices

Motorized scooters/wheelchairs must be registered with security. Once the registration is complete, you will receive a Sherwood Oaks label to place on your device. It is also helpful to label your assistive devices (rollators, canes, walkers, etc.) with your name and unit number. This helps us find a device if/when needed in the Gallery or on campus. Also, if you move to new unit or location, a new registration form should be completed so the device is labeled correctly. Registration forms for scooters are available at the reception desk. Labels for assistive devices are available in the physical therapy department and/or the reception desk.

Meal Pick Up

If you pick up a meal from the Café, please check it for accuracy before leaving. Dining Services will not always have someone available to run missing items to independent living patio homes.

Campus Grounds Reminders

Summer is here; so it's time for some friendly reminders:

- ✓ Please park so that your car does not overhang the grass areas for lawn mowing.
- ✓ Plantings in the courtyards are maintained by Sherwood Oaks ground staff. Residents should not add/remove any plants or prune existing plants.
- ✓ Do not place items in the common lawn areas that would interfere with grass mowing or other grounds maintenance.
- ✓ Do not place items/objects on the walkways or other public areas of the campus. These items may hamper access by residents and staff and may also present a safety hazard.

You are welcome to contact Grounds Supervisor, Jeff McGaughey at ext. 8598 to discuss these and other grounds department related items.

Shredder Bins

Confidential document shredding services have resumed so the bins will no longer be in the lobby. The shredder bin designated for resident use is in the Resident Office/Music Room located on the lower level. Please keep in mind that shredder bins are not to be used for recycling or junk mail. They are strictly for documents that include personal information, such as credit card numbers, bank account numbers and social security numbers.