



This Week at Sherwood Oaks - May 24, 2020 to May 30, 2020
The Audio Bulletin Board 8489



Sunday, May 24

No Activities or Off Campus Transportation Today

Monday, May 25



Have a Safe Memorial Day!

- 7:30 am Bus to Shop N Save & Passavant Cranberry
- 9:30 am Bus to Costco/Walmart/Passavant Main & Passavant Cranberry
- 1:00 pm Bus to Shop 'n Save/CVS Pharmacy/Passavant Cranberry & Main Campus

Tuesday, May 26

- 5:30 am Bus to Walmart & Giant Eagle
- 8:15 am Bus to Passavant Cranberry
- 9:30 am Bus to VA Clinic in Cranberry Passavant Cranberry & Pittsburgh/Oakland
- 1:40 pm Bus to VA Clinic Cranberry/Passavant

Wednesday, May 27

- Bus to UPMC Passavant Cranberry**
8:15am - 9:30am - 11:45am - 2:00pm
- 1:00 pm Complimentary Hearing Aid Service - Dr. Francis - Appointment Necessary

Take a Walk with a Friend

Begins on June 1st

Mondays & Thursdays

11:15am

Meet Outside Gallery/Scooter Room

If interested in participating, please call Bill Burtner at extension 8543

Thursday May 28

- 7:00 am Bus to Passavant Cranberry & Main
- 9:30 am Bus to Passavant Cranberry & Passavant Main
- 1:00 pm Bus to Passavant Cranberry & Passavant Main

Friday, May 29

Bus to UPMC Passavant Cranberry
7 am - 9:30 am - 1 pm

- 9:30 am Bus to Shop 'n Save/Passavant Cranberry & Passavant Main
- 1:00 pm Bus to Costco/Walmart/Passavant Main & Passavant Cranberry

Saturday, May 30

No Activities or Off Campus Transportation Today

TRIVIA CORNER

1. Which book about a bird on a journey of self-discovery topped The New York Times best-seller list for 38 weeks in 1970?
2. What is the capital of Australia?
3. Where were the Declaration of Independence, the Constitution, and the Bill of Rights stored during World War II?
4. Who discovered penicillin?
5. Which is the fattiest human organ?

TURN SHEET TO SEE ANSWERS BELOW

1. JONATHAN LIVINGSTON SEAGULL
2. CANBERRA
3. FORT KNOX
4. ALEXANDER FLEMING
5. THE BRAIN (IT'S ABOUT 60% FAT)

Grocery List

Beverage Quarts \$1.20

- Whole
- 2%
- Skim
- Lactaid
- Orange Juice

Eggs

- ½ Dozen \$1.25
- Hard Boiled Eggs (2) \$1.00

Fruits \$0.50

- Apple
- Banana
- Orange
- Grapefruit

Vegetables

- Onions \$0.50
- Potatoes \$0.50
- Cucumbers \$0.50
- Tomatoes \$0.50
- Peppers \$0.50
- Carrots \$2.00
- Celery \$2.00

Single Serve Canned Soup \$1.00

- Vegetable
- Tomato
- Chicken Noodle

Single Pot bag of Coffee \$1.00

- Regular
- Decaf

Single Serve Boxed Cereal \$0.60

- Raisin Bran
- Special K
- Cheerios
- Honey Nut Cheerios
- Frosted Flakes
- Shredded Wheat
- Rice Krispies
- Corn Flakes

Misc.

- Activia Yogurt: \$0.60
Vanilla (or) Strawberry (or) Peach
- Jello Cup \$0.60
- Applesauce Cup \$0.60
- Pudding Cup: Chocolate (or) Vanilla \$0.60
- Dole Fruit Cup: \$0.60
Pear (or) Peach
- Pound of Butter \$4.00
- Mozzarella Cheese Stick \$0.35
- 16 ounce jar of Jif peanut butter \$2.50
- 6 oz. Pouch of Tuna \$2.25

Snacks

- 2 pack Oreos \$0.25
- 100 Calorie pack \$0.35
- Single serve Lays Chips \$0.50
- Single serve pretzels \$0.50

Loaf of Bread

- White \$1.35
- Wheat \$2.00
- Rye \$3.00
- Multi-Grain \$3.50
- English Muffins \$1.45
- Bagels \$3.00
- 1 slice of Wheat \$0.25

Muffins \$0.85

- Blueberry
- Banana
- Chocolate

Sundries

- Toilet Paper * **1 roll per household per week. \$1.00**
- Box of Tissues \$1.00
- Dawn Dish Soap \$1.95
- Bar of Dove Soap \$0.50
- Dove Body Wash \$5.65
- Aveeno Body Lotion \$7.30
- Suave Shampoo/Conditioner 2 in 1 \$2.15
- Selsun Blue \$6.00
- Polident Denture Cleaner Tabs \$3.20
- Polident Denture Cream \$3.20
- Colgate Toothpaste \$1.60
- Dental Floss \$0.30
- Gillette Shave Cream \$2.00
- Speedstick Deodorant \$2.00
- Listerine \$0.70
- Gold Bond Powder \$4.20