

Dear Friends of UPMC Senior Communities

Throughout the course of the COVID-19 pandemic, the 2,900 residents living within our UPMC Senior Communities facilities have been our **top priority**. We have taken steps to protect the health and well-being of every person we serve.

Because older adults are at high-risk for this virus, critical precautions within our facilities have been implemented to ensure resident safety. With families unable to visit their loved ones, dedicated staff members are going above and beyond to ease fear and anxiety among our residents during this crisis. On a daily basis, new, innovative ways of keeping them safe and engaged are being deployed.

You may ask, "how can I help?"

The COVID-19 Resident Support Fund has been established to assist in providing programs and resources to address unique, emergent needs as it pertains to the physical and social well-being of our residents. Your contribution makes possible the purchase of such things as iPads for virtual visits with children and grandchildren near and far.

Resident Joyce Hall of Seneca Manor, our assisted living facility in Penn Hills, is an enthusiastic new user of iPad technology. She is comforted to be able to visit with

(Continued)

her son, Mark, in New York City. "I'm so glad I get to see him and talk to him and know that everything is okay," reports Joyce.

If you prefer, you may designate a gift directly to **UPMC Senior Communities Benevolent Care Fund**. The economic impact the virus has made across the country is enormous, and our seniors are not immune. With the instability of the stock market, financial resources for this population are uncertain. UPMC Senior Communities is committed to seeing our long-time residents through this unprecedented period.

To make a gift, phone Debra Panei at **412-864-3524** or email **paneid@upmc.edu**. You may also use the enclosed envelope to mail a donation via check, made out to UPMC Senior Communities, or credit card.

Your contribution is sure to make a difference. Thank you for your help during this challenging time.





Letter from the President

Dear Friends:

Welcome to our Spring / Summer edition of Community Connections. As you will see, UPMC Senior Communities is thriving as we move through 2020. We are pleased to share stories that reinforce how lucky we are to be part of these meaningful, joyful, and creative experiences.

To begin with, there are several articles about the giving nature of our residents and our employees which demonstrate what exceptionally caring people make up our communities. These include a group of Cumberland Woods Village residents who prepare mats for the homeless and for veterans made from recycled materials; a very special, long-time employee of UPMC Senior



Communities, Deanne, who sits vigil with hospice patients; and 101-year-old Hannah, a resident at Lighthouse Pointe, who contributes to the sense of community for those around her by preparing a newsletter, among other things.

Get the scoop on the new resident phone "app" managed by Sherwood Oaks residents which offers enhanced communication about all things Sherwood. And wait until you see the amazing results of our annual resident satisfaction survey; we are so proud.

Last but not least, it's time again to begin the preparations for our annual Celebrating Senior Champions event on October 22, 2020, honoring three Champions who have enriched the lives of older adults in our region. Proceeds benefit the UPMC Senior Communities Benevolent Care Fund; this fund enables us to support those seniors in independent and assisted living settings who qualify for financial assistance so as to remain in our care.

Enjoy and share this issue. We hope you find it uplifting to learn more about serving and celebrating seniors during a very special stage of their lives.

Sincerely,

Mark D. Bondi

President, UPMC Senior Communities

March D. Band.

"PLARNING" WITH PURPOSE

Growing up in Braddock, Pa., Mary Fontanesi's father was a tailor who would provide his services at no cost if he knew a family was struggling. Flo Ann Bower remembers knitting socks for soldiers as a young woman in wartime. Rosanne Gallagher cites a television program she saw on the destructive environmental effects of plastic which she calls "a waker-upper." These are some of the experiences and influences that have brought together a group of residents, family members, and staff at Cumberland Woods Village in an unusual service project that is reaping benefits near and far.

Several times a month, a group of about 15 residents, including Mary, Flo Ann, and Rosanne, gather at this independent living setting in Allison Park to "plarn," which involves creating a kind of yarn out of recycled plastic bags. This is a process of smoothing, folding, cutting, and tying the material into chains of plarn that are rolled into large balls. The balled plarn is used to crochet sleeping mats for homeless persons across the country as well as shower and bedside mats for soldiers serving abroad. The material is well-suited to these purposes because it is washand-dry, it provides warmth, and bugs are not drawn to it.

plarn into mats, and how do they get distributed across the country and overseas? The answers are links in a chain, like the plarn itself.

When staff at Cumberland Woods
Village placed boxes for gathering
plastic bags throughout the facility,
the interest in recycling took off
quickly. Residents, staff,
and families all
participated. One
family member
who took note

notes, "You don't have to have special skills.

pleased to share her

handiwork and

The residents' enthusiasm for the project affirms that Joni's and Kerri's idea was a good one. A beaming
Thelma Hetherington is

circle of joy," participating in purposeful, far-reaching service

that has room for all levels of

skill and interest.

Anyone notes the group, whome we flo Anripatrioti troops

was Joni

mother is a

resident.

Kappler, whose

Mary, who both staff and residents point to as an inspirational force in this initiative, organizes the bags according to color schemes that are then woven into the finished products. "It takes 72 bags to complete the smaller mat sent to soldiers and 800 for the larger sleeping mats," explains Mary.

That's a lot of bags. So, where do they come from, who fashions the

Joni is also connected to UPMC by her work at UPMC Horizon. She reached out to her Horizon colleague, Kerri McKinley. Joni and Kerri collaborate outside of the hospital via church mission outreach, which includes creating the plarn mats and distributing them to those in need. They recognized the opportunity to bring the residents into what Joni describes as "this

Anyone can do it." Lorraine Sawicki notes that she participates in the group, and it keeps her busy at home while watching television.
Flo Ann values the feeling of patriotism in providing a service to troops overseas. And Mary expresses the hope that her husband August, who served on the front lines during the Korean War, was the recipient of such kindnesses when he was away from home.

It's an endeavor that draws from the past, improves the present, and protects the future. A circle of joy, indeed.

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12th Annual

SENIOR Celebrating CHAMPIONS

Creating a Better Life for Seniors



Grand Champion Scott Lammie

The 12th Annual Celebrating Senior Champions Dinner and Auction will honor two distinguished individuals and superior organizations for their

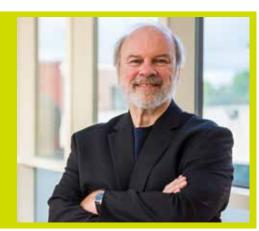
outstanding accomplishments and focus in creating a better life for seniors. Mark your calendars for Thursday, October 22, 2020 and ioin the celebration!

Scott Lammie, Senior Vice President, Business Development and Board Treasurer, UPMC Insurance Services Division, will receive the Grand Champion Award.



Community Champion Hill House Association and program transition partners

The UPMC Senior Services Grand Champion Award is the highest honor given and is presented annually to an individual who has provided unparalleled leadership in improving the lives of seniors. Scott has worked in the healthcare field for more than 30 years and knows the impact a community can have on its people. He is not a spectator of life in Greater Pittsburgh; he's an active participant in making our region a better place for all. Well known for his strong leadership and dedication to community service, Scott has



Caregiver Champion Richard Morycz, PhD

made a lasting mark on the Pittsburgh region through the numerous volunteer boards and committees that he serves.

The UPMC Senior Services
Community Champion Award,
which is given annually to recognize
exceptional organizational leadership
to improve the lives of seniors, goes
to Hill House Association and
program transition partners. Emma
Lucas-Darby, board chair for Hill
House Association, will accept the
award on behalf of the group. Under

Emma's leadership and collaboration with community organizations, the Hill House Association and program transition partners have successfully allowed the continued growth of many services provided to seniors in the Hill District. The group's efforts to make the community a better place for seniors is extraordinary.

Richard Morycz, PhD, Associate **Professor of Psychiatry, Medicine** and Social Work. has been named the 2020 Caregiver Champion. The **UPMC Senior Services Caregiver** Champion Award recognizes an extraordinary individual who champions the well-being of seniors through innovative efforts to influence care and awareness of seniors and their caregivers. Dr. Morycz's outstanding contributions and ongoing work in the field of gerontology have made an impact on the lives of countless seniors in Pittsburgh and beyond. His untiring efforts have made western Pennsylvania a much better place to age.

All proceeds from this annual fundraising event help to sustain the UPMC Senior Communities Benevolent Care Fund. The event has presented more than \$1.5 million in net proceeds to further charitable care throughout UPMC Senior Communities since 2009.

SENIOR Celebrating CHAMPIONS

Thursday, October 22, 2020 The Westin Pittsburgh

Reception - 5:30 PM

Glitz In A Glass

\$6,000 Diamond give-away, only 100 tickets to be sold

Silent Auction

More than 160 packages to bid on

Mystery Boxes

Certificates for shopping, dining, and entertainment

Raffle Baskets

30 themed baskets

Spirit Spin Table

Spin the bottle to win a bottle of wine or spirits

Dinner and Awards - 7 PM

TICKETS NOW AVAILABLE!

Contact Debra Panei, Director of Development for UPMC Senior Services, at **412-864-3524** or **PaneiD@upmc.edu**.



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On the Road Again

CSC Basket Raffle Road Show

Just as the daffodils begin to bloom and that first robin is spotted, the annual Celebrating Senior Champions Basket Raffle Roadshow revs up for another busy season. Generous donors have thoughtfully planned and assembled an array of 30 themed raffle baskets for the traveling sale that will support UPMC Senior Communities Benevolent Care program. From cash to restaurant gift cards, there is something for everyone!

These lavish baskets will pass through nearly 70 locations in western Pennsylvania over the course f the road show. Keep your eyes opened and you may spot the baskets at a UPMC hospital, at one of 30 UPMC Senior Communities locations, before a

concert or movie at The Legacy Theatre, in the lobby of one of UPMC corporate locations, or at an area car cruise. The location list is extensive and continues to grow as interest peaks.

Sadly, this year, the sale will go on without its star salesman, Tony lole. Tony, a resident of Lighthouse Pointe Village, died in November 2019, but his exuberance and strong belief in the mission of the sale will continue to inspire success. Assisting with countless sales and always looking for new ways to increase his self-imposed sales goal, Tony was recognized in 2017 as the "Top Sales Person" for his untiring support of the Benevolent Care Fund. A plaque was presented to him at the 9th Annual Celebrating Senior Champions Dinner. Tony also made several appearances in the annual Benevolent Care Calendar. A veteran of five calendars, he was always happy to go the extra mile to help his friends and neighbors who needed charitable resources.

Tony was a salesman by trade, and if you ever experienced his sales techniques in person, you know that his immense smile and heartwarming stories were enough to have you opening your wallet to close the deal for a great cause. Tony, you remain our teacher!

Since 2010, the annual raffle has raised \$168,500 with 100% of the proceeds benefiting residents of UPMC Senior Communities. The raffle will continue until October 22, 2020 when the names of the winners will be pulled at the Celebrating Senior Champions Dinner and Auction. If you would like a list of sale locations or would like to purchase tickets, please contact Debra Panei at 412-864-3524.

IN LOVING MEMORY

Anthony "Tony" lole March 16, 1925 -

March 16, 1925 -November 16, 2019

Tony was born in Pittsburgh and graduated from Westinghouse High School and was an alumnus of Duquesne University. He served his country during WWII in the US Army/Air Force. Prior to his retirement, he was a real estate broker and appraiser.

To make a memorial contribution to the UPMC Senior Communities Benevolent Care program in Tony's honor, please return your tax-deductible donation in the enclosed envelope.





Residents at many of the UPMC Senior Communities independent living locations are enjoying a new feature now available during the mid-day meal. In addition to the morning and evening buffets that accompany the option of the sit-down meals, residents on the go now have a new Grab and Go feature available daily. Residents can choose from sandwich selections, salad and fruit plates, many sides, and desserts. Additionally, they can continue to place special orders in the morning for items outside of the menu.

John Rizzo, director of UPMC Senior Communities Dietary and Housekeeping, is pleased with the new format. "We are excited to offer this expanded option for our residents. Many residents are active and need to have flexibility with their meal options so they can schedule appointments and join in social activities. We are always looking for ways to improve our menu options and variety. Keeping our residents well fed is a top priority!"

John meets with the residents at the various locations monthly to review the dining program and learn first-hand about suggestions to improve the options continually. Says John, "The residents' input is critical to offering a program designed to meet their needs."





Investing Their Time and TalentsResidents Share Their Passions With a Purpose

Those who volunteer often achieve a sense of belonging and communal ownership that can't be replicated any other way.

When the residents of UPMC Senior Communities share their passions with a purpose, a stronger, more connected community is the result.

When it comes to receiving the news, for many seniors, there's nothing like reading from a printed magazine or newspaper. At 101, Hannah Wolfson of Lighthouse Pointe gives her time

to write and edit her community's bimonthly newsletter, *The Pointe*.

Hannah holds a degree in journalism from Point Park University, has written for St. Vincent University, and was a reporter for *The Record*, a newspaper in Hackensack, NJ. As a writer, she was naturally interested in participating in Lighthouse Pointe's newsletter, but shortly after moving in, discovered there was no newsletter – so she created *The Pointe*. Today, *The Pointe* is one of

Lighthouse Pointe's many gems and is enjoyed by its 124 residents.

The newsletter, with Hannah's regular "resident highlight" section, has proven to be a great way for her neighbors to get to know each other a little better. Hannah meets many of her potential subjects while volunteering in the gift shop where she helps her neighbors purchase items. Some of her other shop duties include keeping the director apprised of current stock.

"I do these things because I enjoy being involved with people and just keeping busy," she says.

While Hannah helps connect the residents socially, Joe Hajdu of Seneca Hills Village helps bring residents closer to their spiritual side through music and ministry.

Shortly after Joe and his wife, Cathie, moved to Seneca Hills Village, he was asked by one of his new neighbors to fill in as pianist during the Sunday afternoon services. He soon began filling in as needed and started playing regularly for the Hymn Sings program last summer. As a former United Methodist pastor, he

sometimes fills in for clergy when they are sick or on vacation. Joe also directs the Seneca Hills Village Singers - the community's chorus - which is now his primary volunteer involvement.

Joe's many contributions regularly touch the lives of those who call Seneca Hills Village home. "I was already feeling connected with a good many people here," he says of his early months at Seneca. "But working with the chorus has helped me get better acquainted with everyone even more."

Joe credits the Holy Trinity, the chorus, and the supportive staff

of Seneca Hills Village for giving him the inspiration to carry on his volunteer duties. He also credits "not being very good at sitting still" for the reason he continues to give his time. Joe and his wife are grateful to be part of the Seneca Hills Village community; the services and amenities are everything they need.

Hannah and Joe set a great example by investing time and talent in their communities so that everyone may have a better experience at home.

BEYOND THE CALLOF DUTY

UPMC Senior Communities employees create special experiences for residents and families that sometimes go beyond their normal job responsibilities. We are pleased to feature three such employees here.

Vince Nicotero has a gentle and humble nature and a quick smile, which he brings to his job at Cumberland Woods Village independent living in Allison Park every day. When he is not occupied with his demanding day job, Vince, his wife, Deborah, herself a 29-year UPMC employee who works as an RN at Falk Clinic's Comprehensive Lung Center, and their three therapy dogs spend time with the residents, lending unconditional affection, comfort, and support to their lives.

Vince and Deborah have three dogs – 8-year-old Deacon, a Labrador and Basset Hound mix rescued from Georgia, 5-year-old Pearly Mae, a Chihuahua and Dachshund mix rescued from Alabama, and Argus, a German Shepherd and Basset Hound mix rescued from Cleveland.

Every few months, Vince and Deborah bring the dogs to Cumberland Woods Village to meet the residents. "The residents really enjoy seeing the dogs. Many of them have never had a dog before," Vince said. "It's nice seeing how happily people respond and how thankful they are to see the dogs."

News travels fast when the dogs are "in the house," and they clearly have developed a following. "The dogs love it, and it's very clear how much the seniors enjoy it, too," Vince said. The staff appreciates the visits as well.

"Deacon, Pearly Mae, and Argus all passed their therapy dog tests the first time," Vince said. He does, however, give Deborah complete credit for this accomplishment. "My wife definitely trained them well!"

"It's always a lot of fun to see the look on people's faces when they see our dogs," Vince said. "It gives us such joy seeing other people happy."



Paul and Julie Chretien, assistant resident managers at Vanadium Woods Village independent living in Bridgeville, spend their days tending to the needs of residents. overseeing duties of the staff, and ensuring the operations of the facility are executed appropriately. "While no two days are ever the same, we enjoy every day in this job," Paul said.

A lifelong lover of music, Paul decided he wanted to put together a show for the residents in response to resident requests for a musical performance. "Word got around when I told one of our residents that I was a drummer in my

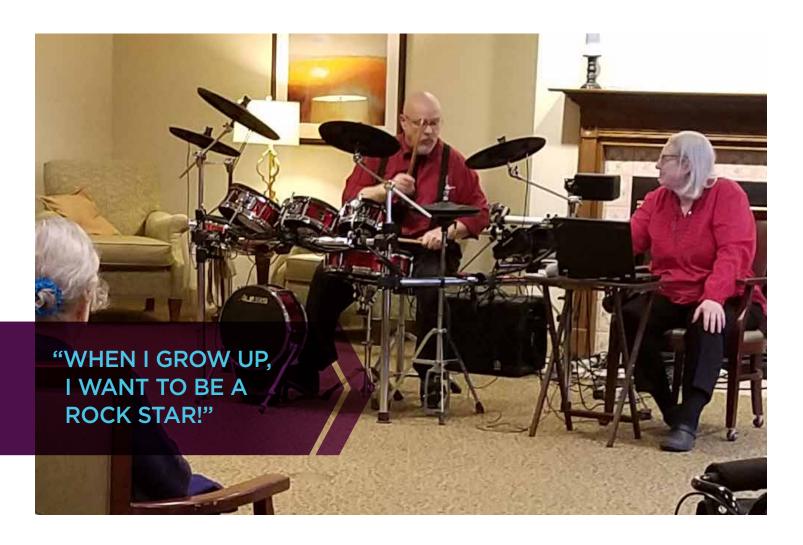
younger years, and I recently purchased a new set of electronic drums." Paul said.

Inspired by his older brother, Paul began teaching himself to play the drums when he was 11 years old. He played in bands through the course of schooling but had gotten away from it in his adult life, until the opportunity to play again after 45 years presented itself.

That opportunity ignited a fire in Paul that he hadn't felt in years, and he wanted to do more. The residents at Vanadium Woods Village were the perfect audience to continue his renewed love of

performing. "This was the first time I performed for the residents, but it definitely won't be the last," Paul said. "The high points for me were the smiles on the residents' faces and the satisfaction of knowing I had accomplished what some of them had been asking of me. It meant a lot to be able to play for them!"

"When I grow up, I want to be a rock star!" Paul proclaimed. "I believe this one experience may have reinforced a growing desire to do something musically when I retire. I am lucky to have a wife and an audience who support this."





Often, families at the Seneca campus approach Deanne directly to request that she sit with a resident receiving hospice residents by spending time with services. She typically stays with those who are at the end-of-life the resident overnight, so it does as a hospice volunteer. "I decided not interfere with her work as activities coordinator. "Families years ago that what we needed are often there with me and the resident, and I try to offer as much reassurance as I can." Deanne said. "I was with my own mother and father when they died, and it taught me that it is a great blessing to be present at this time."

To Deanne, there is no greater way to give back to someone. She sits mostly with residents at Seneca Hills Village, the independent living facility that shares a campus with Seneca Manor, as there is no overnight medical staff. These residents wish to live out the remainder of their lives in their home, rather than move to another, less familiar setting.

Deanne's first experience sitting alongside a hospice patient was with a gentleman who, when she asked what he planned to do when he got to heaven, said, "I'm going to grab my wife and dance." Deanne recalled that his

"I TRY TO **OFFER AS MUCH REASSURANCE** AS I CAN."

feet were moving up until he took his last breath, and she feels certain he was dancing.

The residents at Seneca Hills Village and Seneca Manor have become more like family to Deanne, and she considers it a privilege to sit with them. "The experience can be overwhelming for families, but ultimately, it's all about the quality of life," Deanne said.

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Deanne Thomas, activities

assisted living in Penn Hills,

coordinator for Seneca Manor

provides extraordinary care to

was a hospice volunteer to visit

and help the residents stay in

the end-of-life," Deanne said.

"Over the years, I have been

with more than 30 residents

Seneca campus."

who have passed away on the

their homes and have peace at



The production, which took place on Saturday, February 29 at the Legacy Theatre in Allison Park, was a collaboration among UPMC Senior Communities, Music Theatre International (MTI), and Jeter Backyard Theater. It's part of a larger pilot program undertaken by MTI to adapt well-known theatrical productions for senior actors and communities, called "Broadway to Seniors." MTI choose UPMC Senior Communities and Christie Jeter, Executive Artistic Director of Jeter Backyard Theater, as partners in this project.

"Into the Woods SR." is a musical mashup of timeless fairy tales, originally authored by theater legends Stephen Sondheim and James Lapine. Christie's challenge was to craft a script and a production that would suit the senior actors, some of whom were seasoned performers, and some who had no previous stage experience.

When Christie first met with residents curious about the project, she said, "I want you to come on an



adventure with me, and I promise not to suck the fun out of it!" True to her word, Christie noted that residents came for the diversion, but stayed for the relationships. "This was designed to be a safe and accepting space where people could make choices and take risks, with a transformative result."

Resident Oneta Doubleday played the Baker's Wife.

A native of Oklahoma with no previous performance experience "outside of family gatherings," she confessed she was nervous at the front end of the project but drawn to the challenge. "The first practice was strange and a little frightening,"

Oneta recalls, "but connecting with my fellow actors, and now friends, helped me move past that."

"I'm a rappin' Witch," exclaimed
resident Sue Flaherty by way of
introduction to her role in the
production. "When I heard the
part called for rapping, I knew it
was something I wanted to try
talking in rhythm - I was

drawn to the part for that reason." Sue described herself as very much an introvert who never predicted she would have such an opportunity. She practiced her rap before bed each night and said that her fellow castmates clapped to help her stay on rhythm. "This made me feel supported," she acknowledged.

Rehearsals took place over several months at Hampton Fields Village leading up to the debut matinee. A dozen school-age students from Jeter Backyard Theatre joined the production to serve as stage crew, actual set pieces (including a cleverly executed carriage for Cinderella's ball), and vocal support.





Technology Keeps Residents Informed



Helping others stay connected through technology is something



As a community sprawled across 84 acres, it's often a challenge to keep everyone informed. In February 2019, Betty, President of the Sherwood Oaks Resident Association (SORA), appointed a Technology Task Force to research ways to better connect the campus.

The Task Force determined the most efficient and effective way to keep everyone connected and aware of upcoming events was to develop a smartphone app. Jason, with a 40-year career that exposed him to emerging technologies, became a "resident resource" in helping determine the content and functionality of the new app.

"A number of the residents involved have some experiences with social technology,"

says Jason. "But just as important,

those residents without much experience were absolutely vital with their perspectives and opinions as to how to make the use experience



as uncomplicated and frustration-free as possible for all residents."

The Technology Task Force met for a total of 10 weekly one-hour sessions that began late summer and continued through early fall.

"SOapp" became a reality in November 2019. The technology has been well received and is enhancing day-to-day life.



The results are in, and everyone is literally jumping for joy! The 2019 Holleran Resident Satisfaction Survey Results were the highest on record for UPMC Senior Communities. Holleran is a national resident satisfaction research company that tabulates the results of more than 160,000 surveys for senior living clients in almost every state. Surveys are distributed to all levels of care and provide an assessment of resident satisfaction on every aspect of their living experience.

The 2019 resident satisfaction results for UPMC Senior Communities knocked it out of the park! With 13 of the facilities scoring the Highest Honors category, a category only 10% of the 400 senior living clients achieve, the UPMC Senior Communities staff are feeling prouder than ever about their efforts to provide the best living experience. Receiving the distinction of Highest Honors means being recognized as one of the most engaging senior living organizations across the nation.

Solvento Celebrate!

Of note, the independent living communities received Highest Honors across the spectrum of services! These services included:

- Accessibility of the building management team
- Supports and encourages a welcoming environment to all
- Keeping residents informed about the community
- Opportunity for resident input
- Friendliness / courtesy of staff
- Staff's respect for privacy
- Availability of suitable resident activities
- Service in the dining areas
- Cleanliness of dining areas
- Temperature of food
- Quality of housekeeping services
- Timely response to maintenance requests
- Safety and security of apartments, buildings, and grounds
- Upkeep and repair to buildings
- Appearance of exterior grounds
- Quality of medical / healthcare services provided for Independent Living residents

Congratulations to the management and staff of UPMC Senior Communities and a big thank you to the residents who conveyed their appreciation through participating in this very important tool. Julie Alakson, Regional Director for Independent Living, noted, "The Holleran survey is the residents' opportunity to give us a report card. The results mean more to us than the numbers or the certificate itself: it's the reflection of how we are servicing them and making a home for our residents." **HOLLERAN** Highest Honors

THE LEGACY LINEUP

Mark your calendars and join us for these outstanding productions, a great mix of new acts and returning favorites!

Take advantage of great discounts when you buy more than one show.

Tickets available online at **TheLegacyLineup.com** or by calling Brown Paper

Tickets at **1-800-838-3006** and **press 1**. Ticket line answers 24 hours daily.

The Legacy Theatre is proud to present its newest sponsor, Julian Gray Associates, Elder Law - Estate & Disability Planning. "Just Ask Julian," monthly informational seminars, begin in June. See back cover.





The Legacy Lineup Exclusive-Premium Loyalists

UPMC for Life

UPMC Health Plan Medicare Program

Saturday, June 6, 2020 – 2 and 7:30 p.m.
JOHNNY ANGEL
AND THE HALOS



Saturday, June 20, 2020 – 2 and 7:30 p.m. THE DUPREES

The Duprees are known the world over for their romantic interpretations of the most beautiful love songs ever written. The Duprees became an instant national hit with "You Belong To Me." An unmistakable sound was born, and the hits kept coming: "My Own True Love," "Gone With The Wind," "Take Me As I Am," and "Exodus."



1 show \$36 2 shows \$59 3 shows \$78

4 shows \$90 5+ shows \$19 per ticket

1 to 4 tickets for one show \$36 each 5 to 9 tickets for one show \$29 each 10 or more tickets for one show \$24 each



Saturday, July 11, 2020 – 2 and 7:30 p.m.
NIGHT FEVER – BEE GEES
TRIBUTE



Saturday, July 25, 2020 - 2 and 7:30 p.m.
THE WICHITA LINEMAN
A TRIBUTE TO GLEN
CAMPBELL

STARRING CARL ACUFF, JR.
Glen Campbell was an American treasure whose songs and dazzling showmanship shot him to superstardom in the 1960s.
Glen's hits included songs like: "Gentle On My Mind," "By The Time I Get To Phoenix," and "Wichita Lineman."



Saturday, August 8, 2020 – 2 and 7:30 p.m. BEACH PARTY BOYS
TRIBUTE TO THE BEACH BOYS



Saturday, August 15, 2020 - 2 and 7:30 p.m.
TRIBUTE TO JOHN DENVER
WITH TED VIGIL



Saturday, August 22, 2020 – 2 and 7:30 p.m. PURE GOLD



Saturday, September 12, 2020 – 2 and 7:30 p.m.
THE FABULOUS HUBCAPS



September 19, 2020 – 2 and 7:30 p.m. THE SKYLINERS



Saturday, September 26, 2020 – 2 and 7:30 p.m. ABBAMANIA
ABBA TRIBUTE



Saturday, October 3, 2020 - 2 and 7:30 p.m.
THE SOUNDS OF THE
SUPREMES

Celebrating more than 20 years of appearances, with Kaaren Ragland, former member of the original Supreme Mary Wilson's 70s/80s group, replicates the Motown sound like no other.



Saturday, October 10, 2020 – 2 and 7:30 p.m. ELTON JOHN

TRIBUTE BY JEFF SCOTT

Meet Elton John Tribute Artist and
Impersonator Jeff Scott. THE ULTIMATE
ELTON EXPERIENCE! It's like seeing Sir Elton
in his prime! Based in Toronto, Canada, Jeff
has performed worldwide as Elton John.



Saturday, October 24, 2020 – 7:30 p.m. THE MARCELS



Saturday, November 7, 2020 - 2 and 7:30 p.m. CHUCK BLASKO AND THE VOGUES



Saturday, November 14, 2020 – 2 and 7:30 p.m. SHADOWS OF THE 60S
A TRIBUTE TO MOTOWN'S SUPER GROUPS



Saturday, November 21, 2020 – 2 and 7:30 p.m. SINATRA AND STREISAND TRIBUTE



Saturday, December 5, 2020 – 2 and 7:30 p.m.

JOHNNY ANGEL AND

THE HALOS CHRISTMAS



Saturday, December 12, 2020 – 2 and 7:30 p.m.
SILVER BELLS
AND THE DIAMONDS

The show sets the stage for the holiday season featuring holiday favorites combined with The Diamonds chart-topping songs!



The Legacy Lineup Exclusive Loyalists

The







The Legacy Lineup Elite Loyalists















What's Happening

Check out these events at UPMC Senior Communities

All events are free and open to the public! For a complete listing of events, visit UPMCSeniorCommunities.com.

ASBURY HEIGHTSMt. Lebanon, 412-341-1030

June 2, 2:00 p.m. Magic Moments

June 16, 2:00 p.m. At Home in Pittsburgh

July 7, 2:00 p.m. Etta Cox

July 14, 2:00 p.m. Steel City in World War 2

August 11, 2:00 p.m. Sean Moran of the Vogues

August 25, 2:00 p.m. History of Radio in Pittsburgh **September 1, 2:00 p.m.**John Sarkis of the Skyliners

September 15, 2:00 p.m. Haunted Hollywood

BEATTY POINTE VILLAGEMonroeville, 412-374-9000

June 10, 2:30 p.m. Etta Cox

June 24, 2:30 p.m.

Kaufmann's Dept. Store by Melanie Gutowski

July 8, 2:30 p.m. Sean Moran of the Vogues July 15, 2:30 p.m.

Pittsburgh's Contributions to the 1893 World's Fair by Melanie Gutowski

August 5, 2:30 p.m.
Button Box

September 9, 2:30 p.m.Magic Moments

September 23, 10:00 a.m. – 1:00 p.m.

Fall Craft Show

HAMPTON FIELDS VILLAGE Allison Park, 412-492-8448

June 11, 2:30 p.m.
The Best of Donna Groom

June 24, 2:30 p.m. Elvis Tribute

July 9, 2:30 p.m. Etta Cox

July 23, 2:30 p.m.Cahal Dunne, Ireland's Happy Man

August 6, 2:30 p.m.Sean Moran of the Vogues

August 20, 2:30 p.m.Angel, Hewlett and Tichon Trio



Etta Cox

Voted "Best Jazz Vocalist" in Pittsburgh for eight consecutive years

VILLAGE AT CHAPEL HARBOR Fox Chapel, 412-781-2707

June 9, 2:30 p.m.
The Best of Donna Groom

June 22, 2:30 p.m. Elvis Tribute

July 7, 2:30 p.m. Etta Cox

July 21, 2:30 p.m.Cahal Dunne, Ireland's Happy Man

August 4, 2:30 p.m.Sean Moran of the Vogues

August 18, 2:30 p.m.Angel, Hewlett and Tichon Trio

SENECA HILLS VILLAGE Penn Hills, 412-793-1700

June 18, 3:00 p.m. Sean Moran of the Voques

June 25, 3:00 p.m. Elvis Tribute

July 15, 3:00 p.m. Magic Moments

July 30, 3:00 p.m. Angel, Hewlett and Tichon Trio

August 13, 3:00 p.m.Judi Figel and David Cricci

August 27, 3:00 p.m.River City Brass Trio

September 17, 3:00 p.m. Voices in the Attic

September 28, 3:00 p.m. Good Guvs

SHERWOOD OAKS Cranberry Township, 724-776-8100

June 5, 2:00 p.m. Handwriting Detective

June 23, 2:00 p.m. Open House

July 14, 2:00 p.m.Sean Moran of the Vogues

July 28, 11:30 a.m.Four-Course Conversation

August 5, 2:00 p.m.Cahal Dunne, Ireland's Happy Man

August 26 & 27, 1:00 p.m. AARP Safe Driver Course

September 15, 11:00 a.m. Lunch and Learn

September 29, 2:00 p.m. Legacy of Jazz in Western Pennsylvania

STRABANE TRAILS VILLAGE Washington, 724-225-4100

June 2, 2:30 p.m.

Dementia Action Plan by Brian Catale

June 23, 2:30 p.m.

Elvis Tribute

July 7, 2:30 p.m.Stealing Lincoln's Body

July 21, 2:30 p.m.

Best of Sean Moran of the Vogues

August 4, 2:30 p.m.

Angel, Hewlett and Tichon Trio

August 25, 2:30 p.m.

Ulyssess S. Grant by Ken Serfass

September 13, 1:30 - 4:30 p.m. Lawn Festival John Sarkis of the Skyliners

September 18, 2:30 p.m.Sinatra and Steisand Tribute

VANADIUM WOODS VILLAGE Bridgeville, 412-221-2900

June 10, 2:30 p.m.

River City Brass Band Trio

June 23, 2:30 p.m.

Dementia Action Plan by Brian Catale **July 9. 2:30 p.m.**

Sean Moran of the Vogues

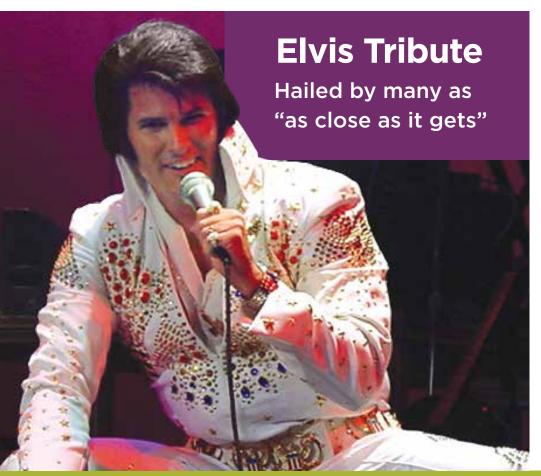
July 20, 2:30 p.m. Stealing Lincoln's Body

August 12, 2:30 p.m. Angel, Hewlett and Tichon Trio

August 19, 2:30 p.m.Ulvssess S. Grant by Ken Serfass

September 11, 2:30 p.m. A Tribute to Johnny Cash

September 29, 2:30 p.m. Sinatra and Steisand Tribute



Community Highlights at UPMC Senior Communities

Pizza and Paint Asbury Heights Mt. Lebanon

Pizza and Paint is a monthly activity that allows the residents of Asbury Heights to express their creativity while enjoying fresh hot pizza!

Poetry Avalon Place New Castle

A group of residents enjoyed a poetry reading by Carol Kardos.

Baking Club Avalon Springs Place *Mercer*

Weekly baking sessions allow residents to try new recipes together, including strawberry cupcakes!

Havin' A Good Time Beatty Pointe Village *Monroeville*

From ringing in the New Year to celebrating birthdays, residents at Beatty Pointe Village know how to throw a party!

Let's Samba

Canterbury Place Lawrenceville

Canterbury Place welcomed the "Pittsburgh Samba Group" who performed lively dance numbers to the delight of residents.



Jiminy Cricket Cranberry Place Cranberry Township

Cranberry Place residents enjoyed "horsing around" with Jiminy Cricket, a miniature therapy horse.

Cupcake Queens Cumberland Crossing Manor McCandless

Sweet smells were in the air at Cumberland Crossing Manor as residents baked a batch of delicious cupcakes.

Cooking Seminar Hampton Fields Village Allison Park

Monthly cooking seminars allow residents to share cultural dishes and tried-and-true recipes, including buckeyes.

Animal Encounters Heritage Place Squirrel Hill

Enjoying a visit to the National Aviary, Heritage Place residents saw African Penguins and were led on a tropical stroll by two Victoria Crowned Pigeons.



A Green Oasis

Lighthouse Pointe Fox Chapel

Lighthouse Pointe visited Phipps Conservatory in Oakland to take in the beautiful flowers, paintings, and a relaxing lunch in the café.

GO PENS!

Cumberland Woods Village Allison Park

The residents from Cumberland Woods Village made a trip to the UPMC Mario Lemieux Sports Complex in Cranberry Township to watch the Pittsburgh Penguins during an open practice session.



Thanksgiving Prep Jameson Care Center New Castle

Several residents participated in preparing a sumptuous Thanksgiving meal, enjoyed by all.

Paint and Sip

Jameson Place
New Castle



The residents at Jameson Place enjoyed a winter-themed "paint and sip" last month.

In Rememberance Seneca Hills Village

Verona

Resident Dora Pryor sang "If I Can Help Somebody" during a ceremony to honor the late Rev. Martin Luther King Jr.

A Family Affair Seneca Manor

Verona

Seneca Manor hosted their annual family picnic, full of good food and entertainment and great company!

Peer Group Seneca Place

Verona

Members of the Peer Group at Seneca Place were honored to attend the Area Agency on Aging Annual Volunteer Ombudsman and Peer Luncheon at Edgewood Country Club.

Robotics Sherwood Oaks Retirement Community

Cranberry Township

Students Katie L. and Dalhart D. from North Catholic High School Robotics Team visited Sherwood Oaks to demonstrate how "apps" communicate with the robots.

Repurposed Art Strabane Trails Village Washington

Residents had fun creating works of art using old jewelry and buttons.

Art for Everyone Strabane Woods Washington

Residents love the Fine Arts Miracles Class held the last Thursday of every month!

Service With A Smile Sugar Creek Station Franklin

Staff at Sugar Creek made an "After Holiday Dinner Retreat" special for residents and staff by serving the meal restaurant style with a smile!

Pajama Party Vanadium Woods Village *Bridgeville*

Residents at Vanadium Woods Village had fun seeing everyone in their pajamas as they sipped hot chocolate and ate brownies at their first-ever pajama party.

Celebration! Weatherwood Manor Greensburg

Residents ushered in the New Year a little early with an enthusiastic 3 p.m. countdown!

Tribute Gifts January 1 - December 31, 2019

Tribute gifts made to honor a special friend or to memorialize a loved one will enrich the lives of residents within UPMC Senior Communities. These thoughtful contributions allow for quality, compassionate care to be provided to those who are experiencing diminished financial resources.

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Need help finding community resources for seniors or caregivers?

Call UPMC Senior Services free referral line at **1-866-430-8742** or visit **seniorservices.upmc.com**.



Our Champions January 1 - December 31, 2019

A special thank you to the generous donors who have dedicated charitable gifts to support seniors in need. By contributing to the Benevolent Care Fund. Interfaith Pastoral Care Fund. Life Enrichment Program. Living-at-Home Program, and Legacy Loyalist Program you have made a difference in the lives of many.

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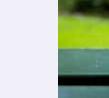
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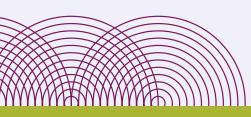
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FREE MATINEE MOVIES

Seniors enjoy a variety of free matinee movies every **Monday at 2 p.m. (and 7 p.m. for select movies)**. No reservations required — first come, first seated. Call **412-635-8080** for general information or weather cancellations. Visit **TheLegacyLineup.com** for a complete listing.

Just Mercy (PG-13, 137 min.) Monday, 2 p.m. June 1, 2020

Richard Jewel (R, 129 min.) Monday, 2 P.M. June 8, 2020

Knives Out (PG-13, 131 min.) Monday, 2 and 7 p.m. June 15, 2020

Little Women (PG, 135 min.)

Monday, 2 and 7 p.m. June 22, 2020 The Two Popes (PG-13, 125 min.)
June 29, 2020

1917 (*R*, 119 min.)

Monday, 2 and 7 p.m. July 6, 2020

Aladdin (PG, 128 min.) Monday, 2 p.m. July 13, 2020

Marriage Story (*R*, 137 min.)
Monday, 2 p.m.
July 20, 2020

JoJo Rabbit (PG-13, 108 min.)

Monday, 2 p.m. July 27, 2020

Bombshell (*R*, 109 min.) **Monday, 2 p.m. August 3, 2020**

Playing with Fire (PG, 95 min.)
Monday, 2 p.m.
August 10, 2020

The Peanut Butter Falcon (PG-13, 93 min.)

Monday, 2 p.m. August 17, 2020 Dolittle

(PG, 101 min.) Monday, 2 p.m. August 24, 2020

Charlie's Angels (PG-13, 118 min.) Monday, 2 p.m.

August 31, 2020 NO MOVIE

LABOR DAY September 7, 2020

Emma (PG, 124 min.)

Monday, 2 and 7 p.m. September 14, 2020



FREE EDUCATIONAL SEMINARS

Seminars are every other Tuesday at 11 a.m. RSVP at 412-635-8080 or for weather cancellations.

The Coronavirus and the Political Chinese Reaction

Tuesday, June 9, 11 a.m. — Speaker: William E. Markus, former Chairman of the Political Science Department at Duquesne University. China and the politics of its government's reaction to the coronavirus will be discussed.

NEW IN 2020

Just Ask Julian: How do I protect my inheritance for my kids and grandkids?

Thursday, June 18, 1 p.m. — Speaker: Julian Gray, Certified Elder Law Attorney. Julian Gray has worked in the field of elder law for over two decades. Get your questions answered.

AARP Driver Refresher Class

Tuesday, July 7, 8:45 a.m. to 1 p.m. — *Instructor: Martin Snyder.* The AARP Driver Safety Refresher Course can help those 55 or older receive discounts on their auto insurance. \$20 for AARP members; \$25 for non-members. Bring driver's license, AARP membership card (if a member) and check payable to AARP. Class size limited; registration required. Call 412-635-8080.

What's the Matter with My Bladder?

Tuesday, July 21, 11 a.m. — Speaker: Colleen Schomburg, MPT, UPMC Center for Rehab. From Learn about incontinence, your pelvic floor, and what physical therapy can do for you. Both men and women welcome.

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