

“For Your Information”

(A periodic publication by Sherwood Oaks Executive Director, Annette McPeck)

April 1, 2020

Updates

I have received positive feedback from residents regarding the UPMC Senior Communities Town Hall sessions that were held last Friday. Leaders here at Sherwood Oaks participate in a daily update call with Senior Communities each morning. Mark Bondi and Dr. David Nace lead those sessions and should be familiar to residents (Mark Bondi was the CEO/President of Sherwood Oaks for sixteen years and both currently sit on the Sherwood Oaks Board of Directors).

Governor Wolf issued a stay at home order for residents of Butler County last week and social/physical distancing has been extended through April 30. Residents are strongly encouraged to limit off campus trips. All April activities are cancelled including marketing events, SORA activities and meetings, chapel services, resident get together, private parties and rental of guest rooms at Oak Lodge and Patio Suites.

Currently there are no COVID-19 cases in any UPMC Senior Communities facilities; but some have been confirmed close to our campus in McCandless and Cranberry Township. As such, it is important that we take additional steps to limit resident activities in the Community Center.

The Following Will Close Effective Thursday, April 2:

- Lobby, Card Room, Auditorium
- Sherwood Gifts
- Computer Center
- Swimming Pool
- Fitness Center on lower level & Satellite Fitness Center #259
- Cranberry Lake Fitness Center and all group fitness classes
- Library (library order & delivery service details to follow)
- Chapel
- Woodshop
- Billiards
- Art Studio/Craft Room
- Outdoor games at the Cranberry Lake Fitness Center and Summer House

Beginning Monday, April 6:

- Meal delivery will change to 1:00 p.m. only. There will be no evening deliveries.

Transportation Changes

Weekly transportation will offer special buses during “senior only” shopping to Giant Eagle, Shop N Save and Walmart. New sign up sheets will be posted in the mail room. Questions can be directed to Mike Mills at ext. 8482.

- Beginning Monday, April 6:
 - 7:30 a.m. – Shop N Save and UPMC Passavant (Cranberry) – Pick up at 9:40 a.m.
 - 8:15 a.m. – cancelled
- Beginning Tuesday, April 7:
 - 5:30 a.m. – Walmart and Giant Eagle. Pick up at 7:30 a.m.

Residents Should Limit Community Center Visits To:

- Mail pick up - mail room only (if you need assistance call Donna Fasone at ext. 8462)
- Newspaper pick up (will be put into your pigeonhole)
- Appointment at Physical Therapy Office
- Appointment at Medical Office or Community Nursing
- West View Savings Bank – Tuesday and Thursday only

Please call or email staff with questions - do not visit. A staff directory will be delivered with your meal this week. Also, all packages received at the front desk will be delivered to your residences.

Activity Kits

Recreational Therapy has put together three types of activity kits: Mandela/puzzle books, art project and card making. If you are interested in receiving a kit, please contact Roberta Breninghouse at ext. 8471 and she will arrange delivery. There is no charge for the kits; but we ask you limit one kit per person.

Residents Returning from Travel

Residents returning from travel are asked to self-isolate for 14 days. Mail delivery can be arranged by calling Donna Fasone at ext. 8462. Meal delivery is already in place.

Senior Hours

Some stores in Cranberry Township are offering special store hours for those who are 60+.

Shop N Save – Monday/Wednesday/Friday – 8 a.m. to 9 a.m.

Walmart – Tuesdays – 6 a.m. to 7 a.m.

Costco – Tuesday/Wednesday/Thursday – 8 a.m. to 9 a.m.

Rite Aid – Daily – 9 a.m. to 10 a.m.

Giant Eagle – Monday/Tuesday/Wednesday – 6 a.m. to 7 a.m.

Thank You to Staff

I'm proud of all the Sherwood Oaks employees. In the employee newsletter for April, the theme was OPEN FOR BUSINESS AND ESSENTIAL! Our roles may be evolving; but the Sherwood Oaks mission is still clear. A special thank you to dining staff who have implemented campus-wide meal delivery service and established the grocery list. Many thanks to the staff who work at the gate house screening all residents, employees and visitors to help keep us safe.

Avoid Coronavirus Scams

Here are some tips from the Federal Trade Commission's website to help you keep the scammers at bay:

- Hang up on robocalls. Don't press any numbers. Scammers are using illegal robocalls to pitch everything from scam Coronavirus treatments to work-at-home schemes. The recording might say that pressing a number will let you speak to a live operator or remove you from their call list; but it might lead to more robocalls instead.
- Ignore online offers for vaccinations and home test kits. Scammers are trying to get you to buy products that aren't proven to treat or prevent the Coronavirus disease 2019 (COVID-19) — online or in stores. **At this time, there are no FDA-authorized home test kits for the Coronavirus.** Visit the [FDA](#) to learn more.
- Fact-check information. Scammers, and sometimes well-meaning people, share information that hasn't been verified. Before you pass on any messages, contact trusted sources. Visit [What the U.S. Government is Doing](#) for links to federal, state and local government agencies.
- Know who you're buying from. [Online sellers](#) may claim to have in-demand products, like cleaning, household, and health and medical supplies when, in fact, they don't.
- Don't respond to texts and emails about [checks from the government](#). The details are still being worked out. Anyone who tells you they can get you the money now is a scammer.
- [Don't click on links from sources you don't know](#). They could download viruses onto your computer or device.
- Watch for emails claiming to be from the Centers for Disease Control and Prevention (CDC) or experts saying they have information about the virus. For the most up-to-date information about the Coronavirus, visit the [Centers for Disease Control and Prevention](#) (CDC) and the [World Health Organization](#) (WHO).
- Do your homework when it comes to donations, whether through [charities](#) or crowdfunding sites. Don't let anyone rush you into making a donation. If someone wants donations in cash, by gift card, or by wiring money, don't do it.

I suggest that you do not answer your telephone if you do not recognize the phone number. Also, do not give out any personal information, credit card information or bank account information to callers over the phone.