

“For Your Information”

(A periodic publication by Sherwood Oaks Executive Director, Annette McPeek)

March 16, 2020

We were notified today that stricter limitations are being enforced for Pennsylvania beginning Tuesday, March 17. Here are the changes:

- All non-essential off campus transportation has been cancelled. We will continue to provide transportation to/from medical appointments and grocery stores only.
- Kathryn Miltenberger has closed the Styling Center.
- All SORA meetings, activities & events are cancelled until further notice.
- At time of screening at the gate house, all persons will have their temperature taken.
 - If a temperature is 99.6 or above for:
 - Residents - you will be instructed to go to your residence and call the community nurse or your primary care physician.
 - Vendors, approved visitors – you will be denied access to the campus and instructed to go home and contact your primary care physician.
- Fitness Center and pool remain open for groups of five or less at one time. Contact Bill Burtner at ext. 8543 with questions.

On Wednesday, March 18, the Main Dining Room and Café will close and remain closed until further notice. Independent Living residents will be offered a home delivered meal daily from a limited menu. A staff member will call you for your order and your meal will be delivered to your home between 12-1 P.M. for lunch or 5:30-6:30 P.M. for dinner. In addition, you may order grocery essentials that will be delivered at the same time as your meal. The grocery list is on the back of this FYI and will be on channel 900.

- The Café counter will remain open for employee meals only.

Questions Concerning Visitation Should Be Directed To:

- Epiphany Gray, Administrator at ext. 8475 (Skilled Nursing)
- Lori Greer, Administrator at ext. 4651 (Personal Care)
- Annette McPeek, Executive Director at ext. 8467 (Independent Living)

(over)

GROCERY LIST

NAME _____

APT # _____ PHONE _____

Quart of Milk

- Whole
- 2%
- 1%
- Skim
- Lactaid

Eggs

- ½ Dozen
- Dozen

Loaf of Bread

- White
- Wheat
- Rye
- Multi-Grain
- English Muffins
- Bagels

Cookies

- ½ dozen
- Dozen

Fruits

- Apple
- Banana
- Orange
- Grapefruit

Single Serve Boxed Cereal

- Raisin Bran
- Special K
- Cheerios
- Honey Nut Cheerios
- Frosted Flakes
- Golden Grahams
- Shredded Wheat
- Rice Krispies
- Total
- All Bran
- Corn Flakes