

# *“For Your Information”*

(A periodic publication by Sherwood Oaks Executive Director, Annette McPeck)

**March 13, 2020**

## **COVID-19 Readiness**

With ever-changing, and sometimes conflicting information in the media, it poses challenges to all of us to remain calm and not panic. To ensure readiness here at Sherwood Oaks, our leaders participate in UPMC Senior Communities daily briefings. **Currently, Sherwood Oaks is discouraging visitors and I anticipate visitor limitation and additional screening to soon follow.**

We continue to stress the importance of frequent handwashing, coughing and sneezing etiquette and staying home if not feeling well. There are a number of hand sanitizer stations throughout the building and one was added near the new puzzle table.

Infection control procedures are in place across all departments to keep residents and employees safe.

Since the SORA quarterly resident meeting Tuesday evening, the following events have been cancelled through March:

- Marketing events and tours
- Memorial services
- Continued learning speakers
- Private events using Sherwood oaks rooms
- Volunteer services in computer center and in recreational therapy
- St. Ferdinand Eucharistic Ministers in health center, Friday mass
- Trips and tours
- Cranberry Lake Grill dinner for March 17

Modifications:

- Chapel will continue with resident clergy
- Cultural event transportation will follow venue status
- For added resident safety, dining staff will plate buffet and salad bar items at lunch and dinner. Placemats in the café will be paper and condiments will be served from the kitchen with your meal.
- The main doors to the Oak Grove Center and the doors to the Skilled Nursing ambulance entrance are now locked 24 hours a day. Please ring the bell or use the phone at each entrance to call the nurse's station for access to these units.

Although we will still provide off-site transportation, I ask you to consider, for the time being, whether your off-campus trip is necessary.

We will continue to monitor and, as month end approaches, update you regarding April events.

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### **Security/Transportation Request**

If you have tickets to an event that has been cancelled or postponed, please call Mike Mills at ext. 8482. This only pertains to events that include residents riding a Sherwood Oaks bus.

### **Hand Hygiene Reminders**

When visiting the Library, we ask that you please wash your hands frequently when handling the books and reading materials. Wipes and an extra hand sanitizing station will be provided.

Also, we ask that you either wash your hands or use the hand sanitizer before touching the puzzle pieces at the table in the lobby.

### **Resident Meeting – Date Change**

We've changed the date of our next resident get together from Friday, March 20 to Thursday, March 19 at 1:30 PM in the Auditorium. Mike Mills, Director of Security & Transportation, will be the guest speaker this month. Mike will give you an overview of his department and will answer any questions you may have.

### **Birthday Celebration**

Join us on Wednesday, March 25 for a “Color Me Crazy” birthday celebration. Our colorful menu items include: vegetarian kluski noodle soup, sausage w/ greens & sweet potatoes, red, white and green pizza, mini steak fajita's, seasoned grilled salmon with avocado salsa, chicken wrap pinwheels, fiesta rice, multi-colored roasted beets and tri-colored ginger rainbow carrots.

Due to the popularity of our themed events, we highly recommend that you make a reservation if you plan to eat dinner in the Main Dining Room this evening. Reservations can be made by calling ext. 8234.