

**This Week at Sherwood Oaks - February 23, 2020 to February 29, 2020
The Audio Bulletin Board 8489**

Sunday, Feb 23 Buffet Lunch/Dinner

Bus to Local Churches - please see board and Channel 900 for times

- 10:30 am Quaker Meeting for Worship - Chapel
- 1:30 pm Bus to Pittsburgh Symphony - Heinz Hall
- 2:00 pm Chapel Service - Auditorium - Reverend Kevin Gourley

Monday, Feb 24 Buffet Lunch/Dinner

- 8:15 am Bus to Passavant Cranberry
- 9:30 am Bus to Costco/Barnes & Noble Walmart/Cranberry Mall Passavant Cranberry & Main Campus
- 10:00 am Aquacize - Pool
- 11:00 am Exercise Class - Cranberry Lake Fitness Center
- 1:00 pm Painting Class - Novice or Pro - Art Room
- 1:00 pm Bus to Shop 'n Save/CVS Passavant Cranberry & Main Campus
- 7:00 pm Monday Night Movie - **The Two Popes** - Auditorium - (PG-13) - 2hr 6min
- 7:00 pm Monday Night Bridge - Card Room

Tuesday, Feb 25 Buffet Lunch/Dinner

- 8:15 am Bus to Passavant Cranberry
- 9:30 am Bus to VA Clinic in Cranberry Passavant Cranberry & Pittsburgh/Oakland
- 10:00 am Tai Chi - Cranberry Lake Fitness Center
- 1:40 pm Bus to VA Clinic Cranberry/Passavant
- 3:00 pm Hand & Foot Canasta - Lobby
- 7:15 pm SORA Program Committee Presents - The Casual Hobos, Bluegrass - Auditorium

Wednesday, Feb 26 Buffet Lunch/Dinner

Bus to UPMC Passavant Cranberry 8:15am - 9:30am - 11:45am - 2:00pm

- 10:00 am Men's Bible Study - Chapel
- 11:00 am Exercise Class - Cranberry Lake Fitness Center
- 11:30 am Distribution of Ashes - Chapel
- 12:00 pm Granny's Attic Annex - Patio Home #156
- 1:00 pm Wednesday Bridge - Card Room
- 1:00 pm PC, Laptop, Tablet, or Smartphone Help - Computer Room
- 1:00 pm Complimentary Hearing Aid Service - Dr. Francis - Appointment Necessary
- 1:30 pm Hand Bell Practice - Auditorium
- 3:00 pm Chorus Practice - Auditorium



Wednesday (continued) Buffet Lunch/Dinner

- 4:15 pm Ash Wednesday Service - Lead by Rev. Jean Henderson, Rev. David Gieschen & Right Rev. John Rodgers, Jr. - Auditorium

Thursday Feb 27 Buffet Lunch/Dinner

- 7:00 am Bus to Passavant Cranberry & Main
- 9:30 am Bus to Cranberry Mall/Passavant Cranberry & Passavant Main
- 10:00 am Aquacize - Pool
- 11:00 am Yoga Class - Cranberry Lake Fitness
- 1:00 pm Bus to Streets of Cranberry/Passavant Cranberry and Passavant Main
- 1:00 pm Bus to Pittsburgh Public Theater - O'Reilly Theater
- 1:15 pm Scrabble & Games - Lobby
- 1:30 pm Duplicate Bridge - Card Room
- 1:30 pm Center for Rehab Services - Low Vision Seminar - Love Your Vision - Auditorium
- 3:00 pm Hand & Foot Canasta - Lobby

Friday, Feb 28 Buffet Lunch/Dinner

Bus to UPMC Passavant Cranberry 7 am - 9:30 am - 1 pm

- 9:30 am Bus to Shop 'n Save/Passavant Cranberry & Passavant Main
- 10:00 am Rosary - Chapel
- 11:00 am Exercise Class - Cranberry Lake Fitness
- 11:00 am Farm Garden Activity - Card Room - Residents Interested in a Spot at the Raised Beds Should Attend!
- 1:00 pm Bus to Costco/Barnes & Noble/Walmart Cranberry Mall/Passavant Cranberry/Passavant Main
- 1:30 pm Tai Chi - Cranberry Lake Fitness Ctr.
- 2:00 pm Sew and So - Fireplace Lobby
- 2:30 pm Crafting - Lower Level Craft Room
- 6:30 pm Bus to Pittsburgh Concert Chorale - Ingomar

Saturday, Feb 29 Buffet Lunch/Dinner

- 9:30 am No Bus to the Mall Today
- 3:40 pm Bus to St. Ferdinand's Church
- 7:00 pm Saturday Night Movie - **JUDY** - (PG-13) 1hr 58min



**SOMETIMES WE'RE TESTED
NOT TO SHOW OUR WEAKNESSES,
BUT TO DISCOVER OUR STRENGTHS.**

Please be sure to notify Donna when an activity or meeting is cancelled or when the date, time, or location has changed. She can be reached at extension 8462 or by email at fasone@sherwood-oaks.com

Coming Events

Mar	1	Sunday	Chapel Service - 2:00pm - Auditorium - Reverend Tracy Cox
Mar	2	Monday	Continued Learning - Moni McIntyre, PhD - Aging: Concepts & Controversies - 1:30pm - Auditorium
Mar	2	Monday	Monday Night Movie - 7:00pm - Auditorium - Parasite - (R) - 2hr 12min
Mar	3	Tuesday	Cranberry Veterinarian Visit - Sign-up Sheet in Mailroom
Mar	3	Tuesday	SORA Monthly Meeting - 1:30pm - Auditorium - All Residents Welcome!
Mar	5	Thursday	Blackburn Scooter Clinic - 9:00am to 2:30 - Sign-up Sheet in Mailroom
Mar	5	Thursday	Continued Learning - Tom Bartlett, Bird Bander - 10:30am - Auditorium
Mar	6	Friday	Crafting - 2:30pm - Lower Level Craft Room
Mar	6	Friday	Bus to River City Brass Band - 6:30pm - Carson Middle School
Mar	7	Saturday	Granny's Attic Annex - Patio Home #156 - Open Noon to 2:30pm
Mar	7	Saturday	Saturday Night Movie - 7:00pm - Auditorium - The Last Station - (R) - 1hr 52min

Sunday, February 23, 2020 through Saturday, February 29, 2020

Dining Room Reservation # for Patio Homes: 8234

Dining Room Reservation # for Apartment Residents and 600 Patio Homes: 724-776-8234

Take Out and Home Delivered Meals - Patio Home Residents: 8236

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Vegetable of the Week: Sautéed Glazed Parsnips

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WEEKEND PHYSICIANS ON CALL
 Call the Community Nurse for assistance at 8496.
 Call 412-931-3066 for doctor on call information.

Please leave items for the Weekly Bulletin at the front desk **by Thursday** for Donna Fasone or call 8462, or email fasone@sherwood-oaks.com.