

This Week at Sherwood Oaks - December 15, 2019 to December 21, 2019 The Audio Bulletin Board 8489



Sunday, Dec 15 Buffet Lunch/Dinner

Bus to Local Churches - please see board and Channel 900 for times

2:00 pm Chapel Service - Auditorium - Reverend William Dambach

Monday, Dec 16 Buffet Lunch/Dinner

8:15 am Bus to Passavant Cranberry
9:30 am Bus to Costco/Barnes & Noble
Walmart/Cranberry Mall
Passavant Cranberry & Main Campus
10:00 am Aquacize Cancelled Until Further Notice
10:45 am Women's Bible Study - Card Room
11:00 am Exercise Class - Cranberry Lake
Fitness Center
1:00 pm NO Painting Class - Novice or Pro
1:00 pm Bus to Shop 'n Save/CVS
Passavant Cranberry & Main Campus
1:15 pm Living With Loss: A Service of Peace Auditorium
7:00 pm Monday Night Bridge - Card Room

Tuesday, Dec 17 Buffet Lunch/Dinner

8:15 am Bus to Passavant Cranberry
9:30 am Bus to VA Clinic in Cranberry
Passavant Cranberry &
Pittsburgh/Oakland
10:00 am Tai Chi - Cranberry Lake Fitness Ctr.
11:00 am Sister Circle - Skilled Nursing
1:30 pm Drama Club - Oak Lodge Great Room
1:40 pm Bus to VA Clinic Cranberry/Passavant
3:00 pm Hand & Foot Canasta - Lobby

Wednesday, Dec 18 Buffet Lunch/Dinner

Bus to UPMC Passavant Cranberry 8:15am - 9:30am -11:45am - 2:00pm

9:30 am Bus to Rite Aid, Passavant
Cranberry & Rt. 228 Mall
10:00 am Men's Bible Study - Card Room
11:00 am Exercise Class - Cranberry Lake
Fitness Center
12:00 pm Granny's Attic Annex - Patio Home 156

Open until 2:30pm 1:00 pm Wednesday Bridge - Lobby

1:00 pm PC, Laptop, Tablet, or Smartphone Help - Cancelled Until Further Notice

1:00 pm Complimentary Hearing Aid Service Dr. Francis - Appointment Necessary

Thursday Dec 19 Buffet Lunch/Dinner

Resident Holiday Party All Residents Invited! 4:30pm to 6:00pm Auditorium/Card Room/Lobby

Sherwood Gifts - No Evening Hours Today

7:00 am Bus to Passavant Cranberry & Main 9:30 am Bus to Cranberry Mall/Passavant Cranberry & Passavant Main

10:00 am Aquacize - Cancelled Until Further Notice

11:00 am Yoga Class - Cranberry Lake Fitness

1:00 pm Bus to Streets of Cranberry/Passavant Cranberry and Passavant Main

1:15 pm Scrabble & Games - Lobby

1:30 pm Duplicate Bridge - CANCELLED

Friday, Dec 20 Buffet Lunch/Dinner

Bus to UPMC Passavant Cranberry 7 am - 9:30 am - 1 pm

9:30 am Bus to Shop 'n Save/Passavant Cranberry & Passavant Main

10:00 am Friday Gathering for Prayer - Personal Care Day Room

11:00 am Exercise Class - Cranberry Lake Fitness

1:00 pm Bus to Costco/Barnes & Noble/Walmart Cranberry Mall/Passavant Cranberry/ Passavant Main

1:30 pm Tai Chi - Cranberry Lake Fitness Center

Saturday, Dec 21 Buffet Lunch/Dinner

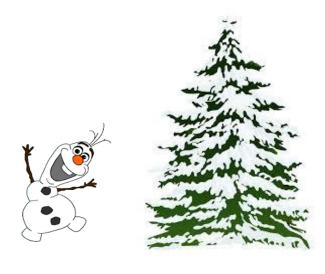
9:30 am Bus to the Beaver Valley Mall
1:30 pm Western Pennsylvania Steinway Society Piano Concert - Auditorium

3:40 pm Bus to St. Ferdinand's Church

7:00 pm Saturday Night Movie - The Man Who

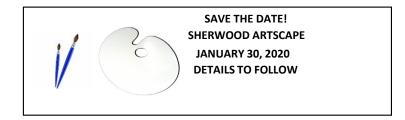
Invented Christmas - PG - 1hr 38min

Let it snow!



Coming Events

| Dag | 22 Sunday | Bus to Pops Concert - 1:30pm - Heinz Hall |
|-----|--------------|--|
| Dec | 22 Sunday | Bus to Pops Concert - 1.50pin - Heinz Hair |
| Dec | 22 Sunday | Chapel Service - 2:00pm - Auditorium - Reverend Barry Mariana |
| Dec | 22 Sunday | Memorial Reception - Andrew Briskar - 3:00 to 4:30pm - Card Room |
| Dec | 23 Monday | Audio/Visual Equipment Class Led by Jason Lyle - 10:00 to 11:00am - Auditorium |
| Dec | 23 Monday | Let's Talk! - 1:15pm - Auditorium |
| Dec | 24 Tuesday | Sherwood Gifts CLOSED for Christmas Eve |
| Dec | 24 Tuesday | Christmas Eve Service - 6:15pm - Auditorium |
| Dec | 25 Wednesday | Sherwood Gifts and Granny's Attic Annex CLOSED for Christmas |
| Dec | 28 Saturday | Saturday Night Movie - 7:00pm - Auditorium - Master and Commander - PG - 1hr 55min |



Sunday, December 15, 2019 through Saturday, December 21, 2019

Dining Room Reservation # for Patio Homes: 8234

Dining Room Reservation # for Apartment Residents and 600 Patio Homes: 724-776-8234

Take Out and Home Delivered Meals - Patio Home Residents: 8236

Take Out and Home Delivered Meals - Apartment Residents and 600 Patio Homes: 724-776-8236

Vegetable of the Week: Sautéed Cabbage

| Sunday | Buffet Lunch/Dinner | 15 | Thursday | Buffet Lunch/Dinner | 19 |
|--------------------------------------|-----------------------------------|----|--|------------------------------|----|
| Cream of Potate | o Soup | | Cream of Mushroom Soup | | |
| Crab Cake with | Remoulade | | Angel Hair Pasta with Tomato Basil Sauce | | |
| Prime Rib au Ju | 18 | | BeWell Baked Flounder in Lemon Butter | | |
| Chicken Forest | iere | | Sweet and Sour Chicken | | |
| Chef's Feature | - Cheese Blintz with Cherries | | Chef's Feature - Crispy Chicken Tenders and French Fries | | |
| Monday | Buffet Lunch/Dinner | 16 | Friday | Buffet Lunch/Dinner | 20 |
| Beef Rice Soup | | | Vegetable Barley Soup | | |
| Vegetable Ques | sadilla with Avocado Mayonnaise | | Ham Loaf with Raisin Sauce | | |
| | d Garlic Chicken | | BeWell Seared Chicken with Red Pepper Sauce | | |
| Pork Osso Bucc | 20 | | Veal Cutlet Piccata | | |
| Chef's Feature - Grilled Trout | | | Chef's Feature - Tuna Noodle Casserole | | |
| Tuesday | Buffet Lunch/Dinner | 17 | Saturday | Buffet Lunch/Dinner | 21 |
| Beer Cheese So | oup | | Chicken Florentine Soup | | |
| Fried Catfish | | | Tender Beef Tips in a Red Wine Sauce | | |
| BeWell Baked | Stuffed Zucchini w/Apple Cous Cou | us | BeWell Orange Chicken Stir-fry | | |
| Creole Chicken | Thighs | | Steamed Mussels | | |
| Chef's Demo - 1 | Noodle Bowl MTO | | Chef's Feature - Southwest Chicken | | |
| Wednesday | Buffet Lunch/Dinner | 18 | Regular Non-Ho | oliday Dining Room Hours | |
| Italian Wedding | g Soup | | Lunch Buffet: - Noon - 1 PM Mon Sat. | | |
| Barbecue Beef | | | Sunday Brunch Buffet: 11:30 AM - 2 PM | | |
| BeWell Rotisserie Chicken | | | Dinner: 5:00 PM - 7:00 PM | | |
| Pork and Kraut | | | Café Sherwood: | | |
| Chef's Feature - House Smoked Salmon | | | Breakfast: Daily 8 AM - 10:30 AM | | |
| | | | Lunch: Daily 11 | AM - 5 PM | |
| | | | Dinner: 5:00 PM | I - 7:00 PM | |
| WEEKENI | D PHYSICIANS ON CALL | | Please leave item | s for the Weekly Bulletin at | |
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Call the Community Nurse for assistance at 8496.

Call 412-931-3066 for doctor on call information.







the front desk by Thursday for Donna Fasone or

call 8462, or email fasone@sherwood-oaks.com.

