



This Week at Sherwood Oaks - December 15, 2019 to December 21, 2019
The Audio Bulletin Board 8489



Sunday, Dec 15 Buffet Lunch/Dinner

Bus to Local Churches - please see board and Channel 900 for times

2:00 pm Chapel Service - Auditorium - Reverend William Dambach

Monday, Dec 16 Buffet Lunch/Dinner

8:15 am Bus to Passavant Cranberry
 9:30 am Bus to Costco/Barnes & Noble Walmart/Cranberry Mall
 Passavant Cranberry & Main Campus
 10:00 am Aquacize Cancelled Until Further Notice
 10:45 am Women's Bible Study - Card Room
 11:00 am Exercise Class - Cranberry Lake Fitness Center
 1:00 pm NO Painting Class - Novice or Pro
 1:00 pm Bus to Shop 'n Save/CVS
 Passavant Cranberry & Main Campus
 1:15 pm Living With Loss: A Service of Peace - Auditorium
 7:00 pm Monday Night Bridge - Card Room

Tuesday, Dec 17 Buffet Lunch/Dinner

8:15 am Bus to Passavant Cranberry
 9:30 am Bus to VA Clinic in Cranberry Passavant Cranberry & Pittsburgh/Oakland
 10:00 am Tai Chi - Cranberry Lake Fitness Ctr.
 11:00 am Sister Circle - Skilled Nursing
 1:30 pm Drama Club - Oak Lodge Great Room
 1:40 pm Bus to VA Clinic Cranberry/Passavant
 3:00 pm Hand & Foot Canasta - Lobby

Wednesday, Dec 18 Buffet Lunch/Dinner

Bus to UPMC Passavant Cranberry 8:15am - 9:30am -11:45am - 2:00pm

9:30 am Bus to Rite Aid, Passavant Cranberry & Rt. 228 Mall
 10:00 am Men's Bible Study - Card Room
 11:00 am Exercise Class - Cranberry Lake Fitness Center
 12:00 pm Granny's Attic Annex - Patio Home 156 Open until 2:30pm
 1:00 pm Wednesday Bridge - Lobby
 1:00 pm PC, Laptop, Tablet, or Smartphone Help - Cancelled Until Further Notice
 1:00 pm Complimentary Hearing Aid Service Dr. Francis - Appointment Necessary

Thursday Dec 19 Buffet Lunch/Dinner

Resident Holiday Party
 All Residents Invited!
 4:30pm to 6:00pm
 Auditorium/Card Room/Lobby

Sherwood Gifts - No Evening Hours Today

7:00 am Bus to Passavant Cranberry & Main
 9:30 am Bus to Cranberry Mall/Passavant Cranberry & Passavant Main
 10:00 am Aquacize - Cancelled Until Further Notice
 11:00 am Yoga Class - Cranberry Lake Fitness
 1:00 pm Bus to Streets of Cranberry/Passavant Cranberry and Passavant Main
 1:15 pm Scrabble & Games - Lobby
 1:30 pm Duplicate Bridge - CANCELLED

Friday, Dec 20 Buffet Lunch/Dinner

Bus to UPMC Passavant Cranberry 7 am - 9:30 am - 1 pm

9:30 am Bus to Shop 'n Save/Passavant Cranberry & Passavant Main
 10:00 am Friday Gathering for Prayer - Personal Care Day Room
 11:00 am Exercise Class - Cranberry Lake Fitness
 1:00 pm Bus to Costco/Barnes & Noble/Walmart Cranberry Mall/Passavant Cranberry/Passavant Main
 1:30 pm Tai Chi - Cranberry Lake Fitness Center

Saturday, Dec 21 Buffet Lunch/Dinner

9:30 am Bus to the Beaver Valley Mall
 1:30 pm Western Pennsylvania Steinway Society - Piano Concert - Auditorium
 3:40 pm Bus to St. Ferdinand's Church
 7:00 pm Saturday Night Movie - **The Man Who Invented Christmas** - PG - 1hr 38min


Let it snow!



Coming Events



Dec 22 Sunday	Bus to Pops Concert - 1:30pm - Heinz Hall
Dec 22 Sunday	Chapel Service - 2:00pm - Auditorium - Reverend Barry Mariana
Dec 22 Sunday	Memorial Reception - <i>Andrew Briskar</i> - 3:00 to 4:30pm - Card Room
Dec 23 Monday	Audio/Visual Equipment Class Led by Jason Lyle - 10:00 to 11:00am - Auditorium
Dec 23 Monday	Let's Talk! - 1:15pm - Auditorium
Dec 24 Tuesday	Sherwood Gifts CLOSED for Christmas Eve
Dec 24 Tuesday	Christmas Eve Service - 6:15pm - Auditorium
Dec 25 Wednesday	Sherwood Gifts and Granny's Attic Annex CLOSED for Christmas
Dec 28 Saturday	Saturday Night Movie - 7:00pm - Auditorium - Master and Commander - PG - 1hr 55min



SAVE THE DATE!

SHERWOOD ARTSCAPE

JANUARY 30, 2020

DETAILS TO FOLLOW

Sunday, December 15, 2019 through Saturday, December 21, 2019

Dining Room Reservation # for Patio Homes: 8234

Dining Room Reservation # for Apartment Residents and 600 Patio Homes: 724-776-8234

Take Out and Home Delivered Meals - Patio Home Residents: 8236

Take Out and Home Delivered Meals - Apartment Residents and 600 Patio Homes: 724-776-8236

Vegetable of the Week: Sautéed Cabbage

<table border="0" style="width: 100%;"> <tr> <td style="text-align: center;">Sunday</td> <td style="text-align: center;">Buffet Lunch/Dinner</td> <td style="text-align: center;">15</td> </tr> <tr> <td colspan="3"> Cream of Potato Soup Crab Cake with Remoulade Prime Rib au Jus Chicken Forestiere Chef's Feature - Cheese Blintz with Cherries </td> </tr> <tr> <td style="text-align: center;">Monday</td> <td style="text-align: center;">Buffet Lunch/Dinner</td> <td style="text-align: center;">16</td> </tr> <tr> <td colspan="3"> Beef Rice Soup Vegetable Quesadilla with Avocado Mayonnaise BeWell Roasted Garlic Chicken Pork Osso Bucco Chef's Feature - Grilled Trout </td> </tr> <tr> <td style="text-align: center;">Tuesday</td> <td style="text-align: center;">Buffet Lunch/Dinner</td> <td style="text-align: center;">17</td> </tr> <tr> <td colspan="3"> Beer Cheese Soup Fried Catfish BeWell Baked Stuffed Zucchini w/Apple Cous Cous Creole Chicken Thighs Chef's Demo - Noodle Bowl MTO </td> </tr> <tr> <td style="text-align: center;">Wednesday</td> <td style="text-align: center;">Buffet Lunch/Dinner</td> <td style="text-align: center;">18</td> </tr> <tr> <td colspan="3"> Italian Wedding Soup Barbecue Beef BeWell Rotisserie Chicken Pork and Kraut Chef's Feature - House Smoked Salmon </td> </tr> </table>	Sunday	Buffet Lunch/Dinner	15	Cream of Potato Soup Crab Cake with Remoulade Prime Rib au Jus Chicken Forestiere Chef's Feature - Cheese Blintz with Cherries			Monday	Buffet Lunch/Dinner	16	Beef Rice Soup Vegetable Quesadilla with Avocado Mayonnaise BeWell Roasted Garlic Chicken Pork Osso Bucco Chef's Feature - Grilled Trout			Tuesday	Buffet Lunch/Dinner	17	Beer Cheese Soup Fried Catfish BeWell Baked Stuffed Zucchini w/Apple Cous Cous Creole Chicken Thighs Chef's Demo - Noodle Bowl MTO			Wednesday	Buffet Lunch/Dinner	18	Italian Wedding Soup Barbecue Beef BeWell Rotisserie Chicken Pork and Kraut Chef's Feature - House Smoked Salmon			<table border="0" style="width: 100%;"> <tr> <td style="text-align: center;">Thursday</td> <td style="text-align: center;">Buffet Lunch/Dinner</td> <td style="text-align: center;">19</td> </tr> <tr> <td colspan="3"> Cream of Mushroom Soup Angel Hair Pasta with Tomato Basil Sauce BeWell Baked Flounder in Lemon Butter Sweet and Sour Chicken Chef's Feature - Crispy Chicken Tenders and French Fries </td> </tr> <tr> <td style="text-align: center;">Friday</td> <td style="text-align: center;">Buffet Lunch/Dinner</td> <td style="text-align: center;">20</td> </tr> <tr> <td colspan="3"> Vegetable Barley Soup Ham Loaf with Raisin Sauce BeWell Seared Chicken with Red Pepper Sauce Veal Cutlet Piccata Chef's Feature - Tuna Noodle Casserole </td> </tr> <tr> <td style="text-align: center;">Saturday</td> <td style="text-align: center;">Buffet Lunch/Dinner</td> <td style="text-align: center;">21</td> </tr> <tr> <td colspan="3"> Chicken Florentine Soup Tender Beef Tips in a Red Wine Sauce BeWell Orange Chicken Stir-fry Steamed Mussels Chef's Feature - Southwest Chicken </td> </tr> </table> <p>Regular Non-Holiday Dining Room Hours</p> <p>Lunch Buffet: - Noon - 1 PM Mon. - Sat.</p> <p>Sunday Brunch Buffet: 11:30 AM - 2 PM</p> <p>Dinner: 5:00 PM - 7:00 PM</p> <p>Café Sherwood:</p> <p>Breakfast: Daily 8 AM - 10:30 AM</p> <p>Lunch: Daily 11 AM - 5 PM</p> <p>Dinner: 5:00 PM - 7:00 PM</p>	Thursday	Buffet Lunch/Dinner	19	Cream of Mushroom Soup Angel Hair Pasta with Tomato Basil Sauce BeWell Baked Flounder in Lemon Butter Sweet and Sour Chicken Chef's Feature - Crispy Chicken Tenders and French Fries			Friday	Buffet Lunch/Dinner	20	Vegetable Barley Soup Ham Loaf with Raisin Sauce BeWell Seared Chicken with Red Pepper Sauce Veal Cutlet Piccata Chef's Feature - Tuna Noodle Casserole			Saturday	Buffet Lunch/Dinner	21	Chicken Florentine Soup Tender Beef Tips in a Red Wine Sauce BeWell Orange Chicken Stir-fry Steamed Mussels Chef's Feature - Southwest Chicken		
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WEEKEND PHYSICIANS ON CALL
 Call the Community Nurse for assistance at 8496.
 Call 412-931-3066 for doctor on call information.

Please leave items for the Weekly Bulletin at
 the front desk **by Thursday** for Donna Fasone or
 call 8462, or email fasone@sherwood-oaks.com.

