

## POLICIES AND PROCEDURES

<b>Department:</b>	<b>Policy #</b>	<b>Date Issued</b>	<b>Date Reviewed</b>	<b>Date Revised</b>
Administration	Admin 20	10-22-12	1-1-13, 9-1-18	1-1-13, 5-1-2018 9-5-18
<b>Subject :</b>	<b>Dept. Head:</b>			<b>Date:</b>
Swimming Pool Policy	<b>Approved:</b> <i>Annette J. [Signature]</i>			<b>Date:</b> 9-5-18

**POLICY:** Sherwood Oaks will operate our swimming area in accordance with applicable laws and regulations.

### Guidelines:

1. The swimming pool is maintained at 86 degrees Fahrenheit.
2. A resident/employee is never permitted to swim alone. **The Buddy System must be used at all times** when entering the swimming pool area.
3. The keys for the pool are available at the reception desk; residents/staff are required to sign the register log when taking and/or returning the keys.
4. Pool keys will not be handed out during certain times of the day due to privately reserved time slots – see swimming pool schedule at the reception desk or outside swimming pool doors.
  - a. Residents who wish to sign up for a reserved time slot must contact the Fitness Center Director.
  - b. NO reservations are accepted after 2:30 PM
5. Guests must be signed in and accompanied by a resident in order for them to use the pool. **Guests are not permitted to sign out pool keys.**
  - a. Guests may use the pool after 2:30 PM or during times that the pool is not reserved.
  - b. Residents are responsible for their guests and are responsible for having them clean up the pool area before leaving.
  - c. Keys must be returned by 7:45 PM.
6. **Keys must be left in the door** whenever anyone is in the pool area. This allows help to enter quickly if needed.
7. **The doors to the pool area cannot be propped open**, due to state regulations and safety precautions.
8. Pool users are asked to use the shower in the pool area to rinse off prior to entering the swimming pool/Jacuzzi.
9. Employees and their immediate family members may swim from 3:30-8 PM daily. (except Fridays). Keys must be returned by 7:45 PM.
10. **No** food or drinks are permitted in the pool area (except water in plastic bottles), **No** tissues, **No** loose bandages and **No** children of diaper age.
11. A telephone is in the pool area as well as an emergency pull cord which notifies the security and nursing departments.
12. If or when any safety concerns are noted, they will be addressed by staff.
13. **Motorized** wheelchairs and/or scooters are not permitted in the pool area.
14. **Running is not permitted in the pool area.**
15. **No jumping or diving into the pool.**

16. Children must be supervised at all times
17. The Jacuzzi (hot tub) is maintained at 102 degrees. Time in the Jacuzzi is limited to 5 minutes per Doctor's orders.
  - a. A clock is on the wall above the Jacuzzi area for time purposes.
  - b. Children under the age of 15 are not permitted to use the jacuzzi.
  - c. **NO jumping or diving into the jacuzzi.**
18. The Maintenance Department will follow policies in place at all times for pool cleaning and water testing.
  - a. The pool is closed for weekly maintenance from 12:30 PM on Friday until 7:30 AM on Saturday.

Any Personal Care or Skilled Nursing resident using the pool area will adhere to the following guidelines to promote a safe and enjoyable swimming experience.

**Personal Care/Skilled Nursing Guidelines:**

19. The physician must write an order which states that the resident is physically and cognitively appropriate for swimming activities. If the resident needs assistance and wishes to swim, the physician's order must be specific as to assistance needs and safety precautions.
  - a. The Resident's support plan will address the swimming activity and any assistance needs. Recreation Therapy will be utilized as needed.
20. A resident must be continent to use the pool
21. A resident is not permitted to use the pool if an open wound is present.
22. A resident is not permitted to use the Jacuzzi unless a written physician order is present.
23. The resident will sign out on Personal Care or Skilled Nursing and inform the staff of their location.
24. Above general guidelines also apply.