

This Week at Sherwood Oaks - July 21, 2019 to July 27, 2019
The Audio Bulletin Board 8489



Sunday, July 21 Buffet Lunch/Dinner

Bus to Local Churches - please see board and Channel 900 for times
 2:00 pm Chapel Service - Auditorium - Reverend William Pugliese

Monday, July 22 Buffet Lunch Full Service Dinner

8:15 am Bus to Passavant Cranberry
 9:30 am Bus to Costco/Barnes & Noble Walmart/Cranberry Mall Passavant Cranberry & Main Campus
 10:00 am Aquacize - Swimming Pool
 11:00 am Exercise Class - Cranberry Lake Fitness Center
 1:00 pm Painting Class - Novice or Pro
 1:00 pm Bus to Shop 'n Save/CVS Passavant Cranberry & Main Campus
 1:15 pm Let's Talk - Auditorium
 7:00 pm Monday Night Bridge - Card Room

Tuesday, July 23 Buffet Lunch/Dinner

8:15 am Bus to Passavant Cranberry
 9:30 am Bus to VA Clinic in Cranberry Passavant Cranberry & Pittsburgh/Oakland
 10:00 am Tai Chi - Cranberry Lake Fitness Ctr.
 11:00 am Take a Walk with a Friend - Meet in Main Lobby
 1:40 pm Bus to VA Clinic Cranberry/Passavant
 3:00 pm Hand & Foot Canasta - Lobby

Wednesday, July 24 Buffet Lunch/Dinner

Bus to UPMC Passavant Cranberry 8:15am - 9:30am -11:45am - 2:00pm
 9:30 am Bus to Rite Aid, Passavant Cranberry & Rt. 228 Mall
 10:00 am Men's Bible Study - Chapel
 11:00 am Exercise Class - Cranberry Lake Fitness Center
 12:00 pm Granny's Attic Annex -Patio Home #156 - open until 2:30pm
 1:00 pm Wednesday Bridge - Card Room
 1:00 pm PC, Laptop, Tablet, or Smartphone Help in Computer Room until 3pm
 1:00 pm Complimentary Hearing Aid Service Dr. Francis - Appointment Necessary
 7:15 pm Campfire Night - Summer House

Thursday, July 25 Buffet Lunch/Dinner

7:00 am Bus to Passavant Cranberry & Main
 9:30 am Bus to Cranberry Mall/Passavant Cranberry & Passavant Main
 10:00 am Aquacize - Swimming Pool
 11:00 am Yoga Class - Cranberry Lake Fitness Ctr.
 1:00 pm Bus to Streets of Cranberry/Passavant Cranberry and Passavant Main
 1:15 pm Scrabble & Games - Lobby
 1:30 pm Duplicate Bridge - Card Room
 3:00 pm Hand & Foot Canasta - Lobby
 7:15 pm Program Committee Presents - Pine Creek Community Band - Auditorium

Friday, July 26 Buffet Lunch Full Service Dinner

Bus to UPMC Passavant Cranberry 7 am - 9:30 am - 1 pm
 9:30 am Bus to Shop 'n Save/Passavant Cranberry & Passavant Main
 10:00 am Friday Gathering for Prayer - Chapel
 11:00 am Exercise Class - Cranberry Lake Fitness
 1:00 pm Bus to Costco/Barnes & Noble/Walmart Cranberry Mall/Passavant Cranberry/Passavant Main
 1:30 pm Tai Chi - Cranberry Lake Fitness Center
 2:00 pm Sew and So - Personal Care Day Room

Saturday, July 27 Buffet Lunch/Dinner

9:30 am Bus to Ross Park Mall
 3:40 pm Bus to St. Ferdinand's Church
 7:00 pm Saturday Night Movie - **On the Basis of Sex** - Rated PG13 - 2hr - Auditorium



Coming Events



July 28	Sunday	Quaker Meeting for Worship - 10:45am - Chapel
July 28	Sunday	Chapel Service - 2:00pm - Auditorium - Reverend Joseph Toomey
July 30	Tuesday	Take a Walk with a Friend - All Residents Welcome - 11:00am - Meet in Lobby
Aug 1	Thursday	Blackburn Scooter Service - 9:00 to 2:30pm - Gallery/Scooter Room
Aug 3	Saturday	Granny's Attic Annex - Patio Home #156 - noon to 2:30pm
Aug 3	Saturday	Saturday Night Movie - 7:00pm - Auditorium - Babette's Feast - Rated G - 1hr 43min

This Week's Menu

Sunday, July 21, 2019 through Saturday, July 27, 2019

Dining Room Reservation # for Patio Homes: 8234

Dining Room Reservation # for Apartment Residents and 600 Patio Homes: 724-776-8234

Take Out and Home Delivered Meals - Patio Home Residents: 8236

Take Out and Home Delivered Meals - Apartment Residents and 600 Patio Homes: 724-776-8236

Side of the Week: Croatian Butter Beans

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Regular Non-Holiday Dining Room Hours

Lunch Buffet: Noon - 1 PM Mon. - Sat.

Sunday Brunch Buffet: 11:30 AM - 2 PM

Dinner: 5:00 PM - 7:00 PM

Café Sherwood:

Breakfast: Daily 8 AM - 10:30 AM

Lunch: Daily 11 AM - 5 PM

Dinner: 5:00 PM - 7:00 PM

WEEKEND PHYSICIANS ON CALL
 Call the Community Nurse for assistance at 8496.
 Call 412-931-3066 for doctor on call information.

Please leave items for the Weekly Bulletin at the front desk **by Thursday** for Donna Fasone or call 8462, or email fasone@sherwood-oaks.com.

