

**This Week at Sherwood Oaks -May 12, 2019 to May 18, 2019
The Audio Bulletin Board 8489**

Sunday, May 12 Buffet Lunch/Dinner



Happy Mother's Day!

Bus to Local Churches - please see bulletin board and Channel 900 for times

- 1:30 pm Bus to Pittsburgh Symphony - Heinz Hall
- 2:00 pm Chapel Service - Auditorium - Reverend Derek Marotta

Buffet Lunch

Monday, May 13 Full Service Dinner

Power Washing of Patio Home Gutters and Vinyl Siding Begins!

- 8:15 am Bus to Passavant Cranberry
- 9:30 am Bus to Costco/Barnes & Noble Walmart/Cranberry Mall Passavant Cranberry & Main Campus
- 10:00 am Aquacize - Swimming Pool
- 10:30 am Reviving the Recycling Committee- Administrative Conference Room
- 11:00 am Exercise Class - Cranberry Lake Fitness Center
- 11:00 am Communion Service - Chapel
- 1:00 pm Painting Class - Novice or Pro
- 1:00 pm Bus to Shop 'n Save/CVS Passavant Cranberry & Main Campus
- 7:00 pm Monday Night Bridge - Card Room

Tuesday, May 14 Buffet Lunch/Dinner

- 8:15 am Bus to Passavant Cranberry
- 9:30 am Bus to VA Clinic in Cranberry Passavant Cranberry & Pittsburgh/Oakland
- 10:00 am Tai Chi - Cranberry Lake Fitness Center
- 10:30 am Resident Get Together - Auditorium
- 11:00 am Take a Walk with a Friend - Meet in Main Lobby
- 1:40 pm Bus to VA Clinic Cranberry/Passavant
- 3:00 pm Hand & Foot Canasta - Lobby
- 4:00 pm Grab and Go Book Club - Chapel

Wednesday, May 15 Buffet Lunch/Dinner

Bus to UPMC Passavant Cranberry 8:15am - 9:30am -11:45am - 2:00pm

- 9:30 am Bus to Rite Aid, Passavant Cranberry & Rt. 228 Mall
- 10:00 am Men's Bible Study - Chapel
- 11:00 am Exercise Class - Cranberry Lake Fitness Center
- 12:00 pm Granny's Attic Annex -Patio Home 156 - open until 2:30pm
- 1:00 pm Wednesday Bridge - Card Room
- 1:00 pm Complimentary Hearing Aid Service Dr. Francis - Appointment Necessary

Wednesday, May 15 (continued)

- 1:00 pm PC, Laptop, Tablet, or Smartphone Help in Computer Room until 3pm

Thursday, May 16 Buffet Lunch/Dinner

- 7:00 am Bus to Passavant Cranberry & Main
- 9:30 am Bus to Cranberry Mall/Passavant Cranberry & Passavant Main
- 10:00 am Aquacize - Swimming Pool
- 11:00 am Yoga Class - Cranberry Lake Fitness Ctr.
- 1:00 pm Bus to Streets of Cranberry/Passavant Cranberry and Passavant Main
- 1:00 pm Bus to Pittsburgh Public Theater - O'Reilly Theatre
- 1:15 pm Scrabble & Games - Lobby
- 1:30 pm Duplicate Bridge - Card Room
- 3:00 pm Hand & Foot Canasta - Lobby
- 7:15 pm Focus on the World - Refugee Resettlement - Auditorium

Buffet Lunch

Friday, May 17 Full Service Dinner



**Landscapes Committee's Annual Hanging Basket Sale!
11:30am to 2:30pm
Outside Gallery/Scooter Room**

Bus to UPMC Passavant Cranberry 7 am - 9:30 am - 1 pm

- 9:30 am Bus to Shop 'n Save Passavant Cranberry & Passavant Main
- 9:30 am Friday Gathering for Prayer - Chapel
- 11:00 am Exercise Class - Cranberry Lake Fitness
- 1:00 pm Costco/Barnes & Noble/Walmart Cranberry Mall/Passavant Cranberry/Passavant Main
- 1:30 pm Tai Chi - Cranberry Lake Fitness Center
- 2:00 pm Sew and So - Personal Care Day Room

Saturday, May 18 Buffet Lunch/Dinner

- 9:30 am Bus to Beaver Valley Mall
- 3:40 pm Bus to St. Ferdinand's
- 7:00 pm Saturday Night Movie - **Casablanca** - Rated PG - 1hr 42min - Auditorium



Coming Events

May 19 Sunday	Chapel Service - 2:00pm - Auditorium - Reverend Elisabeth Hartwell
May 20 Monday	Memorial Service - Kay Pittman - 11:00am - Auditorium/Card Room
May 20 Monday	Let's Talk - 1:15pm - Oak Lodge Great Room
May 21 Tuesday	Take a Walk with a Friend - All Residents Welcome - 11:00am - Meet in Lobby
May 21 Tuesday	Sister Circle - 11:00am - Skilled Nursing
May 22 Wednesday	Bus to City Theatre - 11:45am - Southside
May 23 Thursday	Program Committee Presents - Pitt Alumni Dance Band - 7:15pm - Auditorium
May 24 Friday	Violinist, Monique Mead - Beethoven Concert - 2:00pm - Auditorium
May 25 Saturday	Saturday Night Movie - 7:00pm - Auditorium - The Sting - Rated PG - 2hr 9min

This Week's Menu

Sunday, May 12, 2019 through Saturday, May 18, 2019

Dining Room Reservation # for Patio Homes: 8234

Dining Room Reservation # for Apartment Residents and 600 Patio Homes: 724-776-8234

Take Out and Home Delivered Meals - Patio Home Residents: 8236

Take Out and Home Delivered Meals - Apartment Residents and 600 Patio Homes: 724-776-8236

Side of the Week: Baked Butter Beans

Sunday	Buffet Lunch/Dinner	12
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Triple Onion Soup		
Salmon Teriyaki		
Quiche Lorraine		
Roast Beef Tenderloin		
Chef's Feature -Fresh Blueberry Pancakes with Maple Syrup		

Thursday	Buffet Lunch/Dinner	16
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Chicken Vegetable Soup		
Seasoned Catfish		
Braised Beef Short Ribs		
Seared Chicken Bella		
Chef's Feature - Vegetable Quinoa Cake		

Monday	Buffet Lunch Full Service Dinner	13
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Cream of Asparagus Soup		
Coconut Shrimp		
Chicken Salad Stuffed Tomato		
Ham Loaf with Rum Raisin Sauce		
Chef's Feature - Italian Roasted Beef		

Friday	Buffet Lunch Full Service Dinner	17
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Pasta Fagioli		
Fried Grouper		
Chicken Bruschetta		
Angus Beef Burger with Honey Sriracha Mayo		
Chef's Feature -Vegetable Lo Mein		

Tuesday	Buffet Lunch Full Service Dinner	14
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Chicken Tortilla Soup		
Baked Haddock		
Pork Paprikash		
Sauerbraten		
Chef's Demo - Pasta Bar MTO		

Saturday	Buffet Lunch/Dinner	18
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Broccoli Cheese Soup		
Baked Orange Tilapia		
Turkey Avocado Salad		
Veal with Sautéed Peppers		
Chef's Feature - Shepherds' Pie		

Wednesday	Buffet Lunch/Dinner	15
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Chilled Peach Soup		
Pesto Cod		
Chicken Quesadilla		
Old Fashioned Meat Lasagna		
Chef's Feature - Pork Chop Suey		

Regular Non-Holiday Dining Room Hours
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Lunch Buffet: Noon - 1 PM Mon. - Sat.
Sunday Brunch Buffet: 11:30 AM - 2 PM
Dinner: 5:00 PM - 7:00 PM
Café Sherwood:
Breakfast: Daily 8 AM - 10:30 AM
Lunch: Daily 11 AM - 5 PM
Dinner: 5:00 PM - 7:00 PM

WEEKEND PHYSICIANS ON CALL

Call the Community Nurse for assistance at 8496.
Call 412-931-3066 for doctor on call information.

Please leave items for the Weekly Bulletin at the front desk **by Thursday** for Donna Fasone or call 8462, or email fasone@sherwood-oaks.com.