



**This Week at Sherwood Oaks -April 14, 2019 to April 20, 2019
The Audio Bulletin Board 8489**



Sunday, April 14 Buffet Lunch/Dinner

**Share with Hungry People
Cranberry Food Bank Drive
April 14 through April 20
Monetary Donations Accepted - Make Checks
Payable to "Gleaner's Food Bank"**

Bus to Local Churches - please see bulletin board and Channel 900 for times

- 1:30 pm Bus to Pittsburgh Symphony - Heinz Hall
- 2:00 pm Chapel Service - Auditorium - Reverend Tega Swan

Buffet Lunch

Monday, April 15 Full Service Dinner

- 8:15 am Bus to Passavant Cranberry
- 9:30 am Bus to Costco/Barnes & Noble
Walmart/Cranberry Mall
Passavant Cranberry & Main Campus
- 10:00 am Aquacize - Swimming Pool
- 10:45 am Women's Bible Study - Chapel
- 11:00 am Exercise Class - Cranberry Lake
Fitness Center
- 1:00 pm Painting Class - Novice or Pro
- 1:00 pm Bus to Shop 'n Save/CVS
Passavant Cranberry & Main Campus
- 7:00 pm Monday Night Bridge - Card Room

Tuesday, April 16 Buffet Lunch/Dinner

- 8:15 am Bus to Passavant Cranberry
- 9:30 am Bus to VA Clinic in Cranberry
Passavant Cranberry &
Pittsburgh/Oakland
- 10:00 am Tai Chi - Cranberry Lake Fitness Center
- 11:00 am Sister Circle - Skilled Nursing
- 11:00 am Take a Walk with a Friend - Meet in
Main Lobby
- 1:30 pm Drama Club - Card Room
- 1:40 pm Bus to VA Clinic Cranberry/Passavant
- 3:00 pm Hand & Foot Canasta - Lobby

Wednesday, April 17 Buffet Lunch/Dinner

**Bus to UPMC Passavant Cranberry
8:15am - 9:30am -11:45am - 2:00pm**

- 9:30 am Bus to Rite Aid, Passavant
Cranberry & Rt. 228 Mall
- 10:00 am Men's Bible Study - Chapel
- 11:00 am Exercise Class - Cranberry Lake
Fitness Center
- 11:45 am Bus to City Theatre - Benedum Center
- 12:00 pm Granny's Attic Annex -Patio Home 156 -
open until 2:30pm
- 1:00 pm Wednesday Bridge - Card Room
- 1:00 pm Complimentary Hearing Aid Service
Dr. Francis - Appointment Necessary

Wednesday, April 17 (continued)

- 1:00 pm PC, Laptop, Tablet, or Smartphone Help
in Computer Room until 3pm
- 1:30 pm Hand Bells Practice -Auditorium
- 3:00 pm Chorus Practice - Auditorium

Thursday, April 18 Buffet Lunch/Dinner

- 7:00 am Bus to Passavant Cranberry & Main
- 9:30 am Bus to Cranberry Mall/Passavant Cranberry
& Passavant Main
- 10:00 am Aquacize - Swimming Pool
- 11:00 am Yoga Class - Cranberry Lake Fitness Ctr.
- 1:00 pm Bus to Streets of Cranberry/Passavant
Cranberry and Passavant Main
- 1:15 pm Scrabble & Games - Lobby
- 1:30 pm Duplicate Bridge - Card Room
- 3:00 pm Hand & Foot Canasta - Lobby
- 4:00 pm Holy Week Service - Maundy Thursday -
Auditorium - Rev. John Rodgers
- 7:00 pm Easter Movie - **He Who Must Die** -
Auditorium

Buffet Lunch

Friday, April 19 Full Service Dinner

**SHERWOOD GIFTS CLOSED IN
OBSERVANCE OF GOOD FRIDAY**

**Bus to UPMC Passavant Cranberry
7 am - 9:30 am - 1 pm**

- 9:30 am Bus to Shop 'n Save
Passavant Cranberry & Passavant Main
- 9:30 am Friday Gatherings for Prayer - Chapel
- 11:00 am Exercise Class - Cranberry Lake Fitness
- 1:00 pm Costco/Barnes & Noble/Walmart
Cranberry Mall/Passavant Cranberry/
Passavant Main
- 1:30 pm Tai Chi - Cranberry Lake Fitness Center
- 2:00 pm Sew and So - Personal Care Day Room
- 4:00 PM Holy Week Service - Good Friday -
Auditorium - Rev. Jean Henderson

Saturday, April 20 Buffet Lunch/Dinner

- 10:00 am Bus to Beaver Valley Mall
- 3:40 pm Bus to St. Ferdinand's Church
- 7:00 pm Saturday Night Movie - **The Robe**- Unrated
2hr 15min - Auditorium



Coming Events



- April 21 Sunday Chapel Service - 2:00pm - Auditorium - Reverend Ron Hoellein
- April 22 Monday Let's Talk - 1:15pm - Oak Lodge Great Room
- April 23 Tuesday Take a Walk with a Friend - All Residents Welcome - 11:00am - Meet in Lobby
- April 23 Tuesday Opera - Intro to Don Pasquale - 10:30am - Auditorium
- April 24 Wednesday Focus on the World - Who's Taking Care of Us? - 7:15pm - Auditorium
- April 25 Thursday Program Committee Presents - Timothy Heavner, Pianist/Vocalist - 7:15pm - Aud.
- April 26 Friday Resident Get Together - 1:30pm - Auditorium
- April 26 Friday Bake Sale Meeting- Immediately Following Resident Get Together - Auditorium
- April 27 Saturday Saturday Night Movie - 7:00pm - Auditorium - **The Station Agent** - (R) - 1hr 29min

This Week's Menu

Sunday, April 14, 2019 through Saturday, April 20, 2019

Dining Room Reservation # for Patio Homes: 8234

Dining Room Reservation # for Apartment Residents and 600 Patio Homes: 724-776-8234

Take Out and Home Delivered Meals - Patio Home Residents: 8236

Take Out and Home Delivered Meals - Apartment Residents and 600 Patio Homes: 724-776-8236

Vegetable of the Week:

Sunday Buffet Lunch/Dinner 14
 Chilled Vichyssoise
 Lobster Ravioli with a Tuscan Lobster Sauce
 Chicken Marsala
 Prime Rib au Jus
 Chef's Feature - Sausage Gravy over Biscuit

Thursday Buffet Lunch/Dinner 18
 Manhattan Clam Chowder
 Salmon Berry Salad
 Moussaka
 Garlic Parmesan Chicken Wings
 Chef's Feature - Potted Beef

Monday Buffet Lunch Full Service Dinner 15
 Tomato Basil Soup
 Grilled Mahi with Pecan Lime Butter
 Sesame Beef Stir-fry
 Herb Marinated Baked Chicken Thighs
 Chef's Feature - Braised Pork Chop

Friday Buffet Lunch Full Service Dinner 19
 Chilled Strawberry Soup
 Tilapia with Lemon and Chives
 Corned Beef
 Angel Hair Pasta with Vegetables & Pesto Sauce
 Chef's Feature - Sautéed Turkey Medallions

Tuesday Buffet Lunch Full Service Dinner 16
 Italian Wedding Soup
 Jumbo Lump Crab Cakes
 Zucchini Ricotta Rolls
 Pork Tenderloin with Peach Salsa
 Chef's Demo - Choice of Grilled Chicken or Steak Salad, MTO

Saturday Buffet Lunch/Dinner 20
 Split Pea Soup
 Scallops ala Caprese
 Pork Chop Vietnamese
 Honey Mustard Chicken
 Chef's Feature - Swedish Meatballs

Wednesday Buffet Lunch/Dinner 17
 Chicken Black Bean Soup
 Shrimp Scampi
 Steak au Poive
 Sweet Italian Sausage
 Chef's Feature - Champagne Chicken

Regular Non-Holiday Dining Room Hours

Lunch Buffet: Noon - 1 PM Mon. - Sat.

Sunday Brunch Buffet: 11:30 AM - 2 PM

Dinner: 5:00 PM - 7:00 PM

Café Sherwood:

Breakfast: Daily 8 AM - 10:30 AM

Lunch: Daily 11 AM - 5 PM

Dinner: 5:00 PM - 7:00 PM

WEEKEND PHYSICIANS ON CALL
 Call the Community Nurse for assistance at 8496.
 Call 412-931-3066 for doctor on call information.

Please leave items for the Weekly Bulletin at the front desk **by Thursday** for Donna Fasone or call 8462, or email fasone@sherwood-oaks.com.