

“For Your Information”

(A periodic publication by Sherwood Oaks Executive Director, Annette McPeck)

April 12, 2019

Projector Out of Order

We are receiving bids for a new LED projector. Saturday night movies will be cancelled until further notice. I appreciate your patience.

Speaking Lecture

On Thursday, April 25, Dr. Barry Kerzin will be speaking to you about his many accomplishments over the past 30 years, one of which as the personal physician for the Dalai Lama. He combines his work as a monk and doctor, harmonizing the mind and body lecturing around the world. The lecture will be held in the Auditorium at 1:30 PM.

More Telephone Scams

I continue to hear about telephone scams from residents almost daily. Two recent scams that have been reported to me are:

- The “Grandchild is in jail” scam. The caller will pretend to be the “grandchild” and asks you to call a “court appointed attorney” who then asks for \$9,500 in cash in a plain brown envelope to obtain the release of the grandchild.
 - Please do not be fooled. Hang up and check with your family.
- Apple Computer – They call you multiple times and claim your computer has been hacked. They promise diagnostic services for your computer and request gift cards for payment. Simply hang up. Apple will not contact you by phone.

If you receive these calls, here is my advice:

- Never provide your social security number, bank account numbers or other personal information over the phone unless you are extremely confident of the source to whom you are providing the information. Question gift cards for payment.
- Report the call to Mike Mills at ext. 8482.

Bulletin Board Guidelines

I was asked to remind you of the guidelines for posting items on the resident bulletin boards in the mail room. Should you post, please note the following:

- Posted items should pertain to Sherwood Oaks or be of general interest to residents of Sherwood Oaks
- No item larger than 8 ½ “x 11” is permitted
- Each item must be dated and have name of person posting it
- Items deemed inappropriate, or, do not have a date and name on it, will be removed

We also ask that you refrain from posting anything on the employee bulletin board on the lower level. If you have any questions, please contact Phyllis Franks at ext. 8461.

Non-Sherwood Oaks Solicitation

It is the policy of Sherwood Oaks to minimize solicitations directed to residents from residents, employees and others for non-Sherwood Oaks purposes. Direct resident-to-resident solicitation is strongly discouraged. Direct solicitation may be in the form of phone calls, letters in mail slots, e-mails or in-person solicitation. This includes solicitation for political votes. Please refrain from stuffing the mail room pigeon holes with voter guides and other candidate information.

Indirect solicitation, for a 501 (c.)(3)* Charitable Organization, is permitted to be posted on the resident bulletin board in the mail room. These solicitations must follow the bulletin board rules and be limited to the authorized area of the bulletin board. Postings that are unsigned or deemed inappropriate will be removed by Administration.

Recycling

Sherwood Oaks uses Road Runner for our recycling needs. I want to let you know that they do not accept plastic bags. We recommend you take them back to a supermarket or retail store for recycling. Colored glass containers are accepted, but the market for them has largely disappeared. Updated recycling signage will be posted in the trash rooms as to what is/is not recyclable. More information on recycling can be found at CranberryTownship.org/Recycling.

Resident Meeting/Bake Sale Meeting

A resident get together will be held on Friday, April 26 at 1:30 PM in the Auditorium. Greg Holt, Director of Maintenance, will be the guest speaker this month. Greg will give you an overview of his department and will answer any questions you may have. A bake sale meeting will immediately follow this resident get together.

Drug Take Back Day

The Drug Take Back Day at Sherwood Oaks will be held on Friday, April 26. Please look for the flyers for the location and times. Questions should be directed to Mike Mills, Director of Security & Transportation at ext. 8482.

Mail Room Exhibit

If you haven't already done so, stop by the mailroom to view the display of classic framed album covers. This exhibit will change monthly and is sponsored by the Movie Committee.

Sherwood Oaks' Website Addition

We've added an additional tab on the main page of the website that allows you to view the monthly activities calendar for Skilled Nursing, Personal Care and the Oak Grove Center. The tab is called Recreational Therapy Calendar. Other tabs that you can explore are: Weekly Bulletin, Nutrition Facts, The Acorn, FYI from the Executive Director and Gift Certificates.

If you scroll to the bottom of the page, you can view channel 900 by clicking on the tab called View Our Webshow.