

This Week at Sherwood Oaks -March 10, 2019 to March 16, 2019  
The Audio Bulletin Board 8489



**Sunday, March 10 Buffet Lunch/Dinner**



**Bus to Local Churches - please see bulletin board and Channel 900 for times**

- 1:30 pm Bus to Pittsburgh Symphony - Heinz Hall
- 2:00 pm Chapel Service - Auditorium - Reverend William Pugliese

**Monday, March 11 Buffet Lunch Full Service Dinner**

- 8:15 am Bus to Passavant Cranberry
- 9:30 am Bus to Costco/Barnes & Noble Walmart/Cranberry Mall Passavant Cranberry & Main Campus
- 10:00 am Aquacize - Swimming Pool
- 11:00 am Communion Service - Chapel
- 11:00 am Exercise Class - Cranberry Lake Fitness Center
- 1:00 pm Painting Class - Novice or Pro
- 1:00 pm Bus to Shop 'n Save/CVS Passavant Cranberry & Main Campus
- 1:30 pm Charitable Gift Annuities- Speaker, James Connell - Auditorium
- 7:00 pm Monday Night Bridge - Card Room

**Tuesday, March 12 Buffet Lunch/Dinner**

- 8:15 am Bus to Passavant Cranberry
- 9:30 am Bus to VA Clinic in Cranberry Passavant Cranberry & Pittsburgh/Oakland
- 10:00 am Tai Chi - Cranberry Lake Fitness Center
- 1:30 pm Great Decisions - Auditorium - Must be Pre-Registered to Participate
- 1:40 pm Bus to VA Clinic Cranberry/Passavant
- 3:00 pm Hand & Foot Canasta - Lobby
- 4:00 pm Grab and Go Book Club- Chapel
- 7:15 pm SORA Quarterly Meeting - Auditorium All Residents Welcome!

**Wednesday, March 13 Buffet Lunch/Dinner**

**Bus to UPMC Passavant Cranberry 8:15am - 9:30am -11:45am - 2:00pm**

- 9:30 am Bus to Rite Aid, Passavant Cranberry & Rt. 228 Mall
- 10:00 am Men's Bible Study - Chapel
- 11:00 am Exercise Class - Cranberry Lake Fitness Center

**Wednesday, March 13 (continued)**

- 11:45 am Bus to City Theatre - Southside
- 12:00 pm Granny's Attic Annex -Patio Home 156
- 1:00 pm Wednesday Bridge - Card Room
- 1:00 pm Complimentary Hearing Aid Service Dr. Francis - Appointment Necessary
- 1:00 pm PC, Laptop, Tablet, or Smartphone Help
- 1:30 pm Hand Bells Practice -Auditorium
- 3:00 pm Chorus Practice - Auditorium

**Thursday, March 14 Buffet Lunch/Dinner**

- 7:00 am Bus to Passavant Cranberry & Main Cranberry Mall/Passavant Cranberry & Passavant Main
- 9:30 am Dogs for Fun - Cranberry Lake Fitness Ctr.
- 10:00 am Aquacize - Swimming Pool
- 10:30 am Continued Learning - "Draw the Lines" - Auditorium
- 11:00 am Yoga Class - Cranberry Lake Fitness Ctr.
- 1:00 pm Bus to Streets of Cranberry/Passavant Cranberry and Passavant Main
- 1:15 pm Scrabble & Games - Lobby
- 1:30 pm Duplicate Bridge - Card Room
- 3:00 pm Hand & Foot Canasta - Lobby

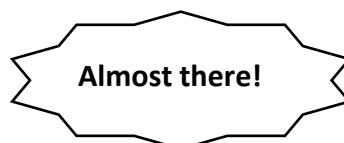
**Friday, March 15 Buffet Lunch Full Service Dinner**

**Bus to UPMC Passavant Cranberry 7 am - 9:30 am - 1 pm**

- 9:30 am Bus to Shop 'n Save Passavant Cranberry & Passavant Main
- 9:30 am Friday Gatherings/Prayer - Chapel
- 11:00 am Exercise Class - Cranberry Lake Fitness
- 1:00 pm Costco/Barnes & Noble/Walmart Cranberry Mall/Passavant Cranberry/Passavant Main

**Saturday, March 16 Buffet Lunch/Dinner**

- 10:00 am Bus to Beaver Valley Mall
- 3:40 pm Bus to St. Ferdinand's Church
- 7:00 pm Saturday Night Movie - **Rosewood** - Rated R - 2hr 20min - Auditorium



**Coming Events**

- March 17 Sunday Chapel Service - 2:00pm - Auditorium - Reverend James Gascoine
- March 17 Sunday Bus to Pittsburgh Symphony - 1:30pm - Heinz Hall
- March 18 Monday Women's Bible Study - 10:45 - Chapel
- March 18 Monday Let's Talk - 1:15pm - Auditorium
- March 19 Tuesday Sister Circle - 11:00am - Skilled Nursing
- March 19 Tuesday Drama Club - 1:30pm - Card Room
- March 19 Tuesday Golf Players Get Together - 4:45pm - Card Room
- March 21 Thursday Continued Learning - Gray Matters - 10:30am - Auditorium
- March 22 Friday Continued Learning - Beaver Area Heritage Foundation - 10:30am - Auditorium
- March 23 Saturday Saturday Night Movie - 7:00pm - Auditorium - **Green Book** - PG 13 - 2hr 10min



**This Week's Menu**

**Sunday, March 10, 2019 through Saturday, March 16, 2019**

Dining Room Reservation # for Patio Homes: 8234

Dining Room Reservation # for Apartment Residents and 600 Patio Homes: 724-776-8234

Take Out and Home Delivered Meals - Patio Home Residents: 8236

Take Out and Home Delivered Meals - Apartment Residents and 600 Patio Homes: 724-776-8236

**Side of the Week: Soaked Beans**

<table border="0" style="width: 100%;"> <tr> <td style="border-bottom: 1px solid black;"><b>Sunday</b></td> <td style="border-bottom: 1px solid black; text-align: center;"><b>Buffet Lunch/Dinner</b></td> <td style="border-bottom: 1px solid black; text-align: right;"><b>10</b></td> </tr> <tr> <td colspan="3">                     Italian Wedding Soup                      Chicken Cordon Bleu                      Roast Beef Tenderloin                      Orange Roughy                      Chef's Feature - Sausage Gravy                 </td> </tr> </table> <table border="0" style="width: 100%;"> <tr> <td style="border-bottom: 1px solid black;"><b>Monday</b></td> <td style="border-bottom: 1px solid black; text-align: center;"><b>Buffet Lunch Full Service Dinner</b></td> <td style="border-bottom: 1px solid black; text-align: right;"><b>11</b></td> </tr> <tr> <td colspan="3">                     Chicken Rice Soup                      Baked Savory Meatloaf                      Apple Sage Pork Chop                      Trout with Chive Butter                      Chef's Feature - Broccoli &amp; Cheese Stuffed Chicken                 </td> </tr> </table> <table border="0" style="width: 100%;"> <tr> <td style="border-bottom: 1px solid black;"><b>Tuesday</b></td> <td style="border-bottom: 1px solid black; text-align: center;"><b>Buffet Lunch Full Service Dinner</b></td> <td style="border-bottom: 1px solid black; text-align: right;"><b>12</b></td> </tr> <tr> <td colspan="3">                     Italian Minestrone Soup                      Seafood Newburg                      Chicken Parmesan w/Pesto Cream Sauce on Side                      Greek Lamb Patty                      Chef's Demo - Seasonal Plate: Chorizo or Vegetable Tostadas                 </td> </tr> </table> <table border="0" style="width: 100%;"> <tr> <td style="border-bottom: 1px solid black;"><b>Wednesday</b></td> <td style="border-bottom: 1px solid black; text-align: center;"><b>Buffet Lunch/Dinner</b></td> <td style="border-bottom: 1px solid black; text-align: right;"><b>13</b></td> </tr> <tr> <td colspan="3">                     Pumpkin Soup                      Southern Fried Chicken                      Grilled Kielbasa                      Catch of the Day                      Chef's Feature - Pan Seared Tuna                 </td> </tr> </table>	<b>Sunday</b>	<b>Buffet Lunch/Dinner</b>	<b>10</b>	Italian Wedding Soup Chicken Cordon Bleu Roast Beef Tenderloin Orange Roughy Chef's Feature - Sausage Gravy			<b>Monday</b>	<b>Buffet Lunch Full Service Dinner</b>	<b>11</b>	Chicken Rice Soup Baked Savory Meatloaf Apple Sage Pork Chop Trout with Chive Butter Chef's Feature - Broccoli & Cheese Stuffed Chicken			<b>Tuesday</b>	<b>Buffet Lunch Full Service Dinner</b>	<b>12</b>	Italian Minestrone Soup Seafood Newburg Chicken Parmesan w/Pesto Cream Sauce on Side Greek Lamb Patty Chef's Demo - Seasonal Plate: Chorizo or Vegetable Tostadas			<b>Wednesday</b>	<b>Buffet Lunch/Dinner</b>	<b>13</b>	Pumpkin Soup Southern Fried Chicken Grilled Kielbasa Catch of the Day Chef's Feature - Pan Seared Tuna			<table border="0" style="width: 100%;"> <tr> <td style="border-bottom: 1px solid black;"><b>Thursday</b></td> <td style="border-bottom: 1px solid black; 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**Regular Non-Holiday Dining Room Hours**

**Lunch Buffet:** Noon - 1 PM Mon. - Sat.  
**Sunday Brunch Buffet:** 11:30 AM - 2 PM  
**Dinner:** 5:00 PM - 7:00 PM  
**Café Sherwood:**  
 Breakfast: Daily 8 AM - 10:30 AM  
 Lunch: Daily 11 AM - 5 PM  
 Dinner: 5:00 PM - 7:00 PM

WEEKEND PHYSICIANS ON CALL

Call the Community Nurse for assistance at 8496.  
 Call 412-931-3066 for doctor on call information.

Please leave items for the Weekly Bulletin at the front desk **by Thursday** for Donna Fasone or call 8462, or email fasone@sherwood-oaks.com.



Hurry up, spring!

