



This Week at Sherwood Oaks - February 17, 2019 to February 23, 2019
The Audio Bulletin Board 8489

Sunday, February 17 Buffet Lunch/Dinner

Bus to Local Churches - please see bulletin board and Channel 900 for times

- 1:30 pm Bus to Pittsburgh Symphony - Heinz Hall
- 2:00 pm Chapel Service - Auditorium - Reverend Paul Cooper

Monday, February 18 Buffet Lunch Full Service Dinner

- 8:15 am Bus to Passavant Cranberry
- 9:30 am Bus to Costco/Barnes & Noble Walmart/Cranberry Mall Passavant Cranberry & Main Campus
- 10:00 am Aquacize - Swimming Pool
- 10:45 am Women's Bible Study - Chapel
- 11:00 am Exercise Class - Cranberry Lake Fitness Center
- 1:00 pm Painting Class - Novice or Pro
- 1:00 pm Bus to Shop 'n Save/CVS Passavant Cranberry & Main Campus
- 7:00 pm Monday Night Bridge - Card Room

Tuesday, February 19 Buffet Lunch/Dinner

- 8:15 am Bus to Passavant Cranberry
- 9:30 am Bus to VA Clinic in Cranberry Passavant Cranberry & Pittsburgh/Oakland
- 10:00 am Tai Chi Today - Cranberry Lake Fitness Center
- 11:00 am Sister Circle - Skilled Nursing
- 1:30 pm Drama Club - Card Room
- 1:40 pm Bus to VA Clinic Cranberry/Passavant
- 3:00 pm Hand & Foot Canasta - Lobby

Wednesday, February 20 Buffet Lunch/Dinner

Bus to UPMC Passavant Cranberry 8:15am - 9:30am -11:45am - 2:00pm

- 9:30 am Bus to Rite Aid, Passavant Cranberry & Rt. 228 Mall
- 10:00 am Men's Bible Study - Chapel
- 11:00 am Exercise Class - Cranberry Lake Fitness Center
- 12:00 pm Granny's Attic Annex -Patio Home 156
- 1:00 pm Complimentary Hearing Aid Service Dr. Francis - Appointment Necessary
- 1:00 pm Wednesday Bridge - Card Room
- 1:00 pm PC, Laptop, Tablet, or Smartphone Help

Wednesday, February 20 (continued)

- 1:30 pm Hand Bells Practice -Auditorium
- 3:00 pm Chorus Practice - Auditorium

Thursday, February 21 Buffet Lunch/Dinner

- 7:00 am Bus to Passavant Cranberry & Main Cranberry Mall/Passavant Cranberry & Passavant Main
- 9:30 am Dogs for Fun - Cranberry Lake Fitness Center
- 10:00 am Aquacize - Swimming Pool
- 11:00 am Yoga Class - Cranberry Lake Fitness Ctr.
- 1:00 pm Bus to Streets of Cranberry/Passavant Cranberry and Passavant Main
- 1:00 pm Bus to Pittsburgh Public Theater - O'Reilly Theater
- 1:15 pm Scrabble & Games - Lobby
- 1:30 pm Duplicate Bridge - Card Room
- 3:00 pm Hand & Foot Canasta - Lobby
- 7:15 pm Focus on the World- Diversity in the Seneca Valley School District - Auditorium

Friday, February 22 Buffet Lunch Full Service Dinner

Bus to UPMC Passavant Cranberry 7 am - 9:30 am - 1 pm

- 9:30 am Bus to Shop 'n Save Passavant Cranberry & Passavant Main
- 9:30 am Friday Gatherings/Prayer - Chapel
- 10:00 am Tai Chi - Cranberry Lake Fitness Center
- 11:00 am Exercise Class - Cranberry Lake Fitness
- 1:00 pm Costco/Barnes & Noble/Walmart Cranberry Mall/Passavant Cranberry/Passavant Main
- 1:30 pm Great Decisions - Auditorium - Must Be Pre-registered to Participate

Saturday, February 23 Buffet Lunch/Dinner

- 10:00 am Bus to Ross Park Mall
- 3:40 pm Bus to St. Ferdinand's Church
- 7:00 pm Saturday Night Movie - **The Wife** - Rated R 1hr 40min - Auditorium



Coming Events



February 24 Sunday	Bus to Pops Concert - 1:30pm - Heinz Hall
February 24 Sunday	Quaker Meeting for Worship - 10:30am - Chapel
February 24 Sunday	Chapel Service - 2:00pm - Auditorium - Reverend Ronald Brown
February 25 Monday	Resident Meeting with Cranberry Twp. Manager - Jerry Andree - 1:30pm - Aud.
February 26 Tuesday	Resident Computer Center Closes at 1:00pm for Regular Monthly Maintenance
February 28 Thursday	Farm Garden Meeting - 10:30am - Auditorium
February 28 Thursday	SORA Program Committee Presents - The Greater Harmony Chorus - 7:15pm - Aud.
March 1 Friday	Bus to River City Brass Band - 6:30pm - Carson Middle School
March 2 Saturday	Granny's Attic Annex - Patio Home 156 - 12:00pm to 2:30pm
March 2 Saturday	Saturday Night Movie - 7:00pm - Auditorium - A Star is Born - Rated R - 2hr 16min

This Week's Menu

Sunday, Feb 17, 2019 through Saturday, Feb 23, 2019

Dining Room Reservation # for Patio Homes: 8234

Dining Room Reservation # for Apartment Residents and 600 Patio Homes: 724-776-8234

Take Out and Home Delivered Meals - Patio Home Residents: 8236

Take Out and Home Delivered Meals - Apartment Residents and 600 Patio Homes: 724-776-8236

Side of the Week: Croatian Butter Beans

<p>Sunday Buffet Lunch/Dinner 17</p> <hr/> <p>Cream of Artichoke Soup Brown Sugar Glazed Baked Ham Duck Breast with Dark Cherry Sauce Baked erb Perch Chef's Feature - Hash and Eggs</p>	<p>Thursday Buffet Lunch/Dinner 21</p> <hr/> <p>Han and Cabbage Soup Balsamic Glazed Beef Eggplant Parmesan with Marinara on the Side Chicken Carbonara Chef's Feature - Mahi-Mahi w/Shallot-Sage Sauce</p>
<p style="text-align: center;">Buffet Lunch</p> <p>Monday Full Service Dinner 18</p> <hr/> <p>Seafood Bisque Yankee Pot Roast Grilled Pork Tenderloin Lamb Stew Chef's Feature - Fried Haddock</p>	<p style="text-align: center;">Buffet Lunch</p> <p>Friday Full Service Dinner 22</p> <hr/> <p>Chicken Noodle Soup Spicy Beef Stir-Fry Cobb Salad Shrimp Scampi Chef's Feature - Meat Lover's Pizza</p>
<p style="text-align: center;">Buffet Lunch</p> <p>Tuesday Full Service Dinner 19</p> <hr/> <p>Triple Onion Soup Steak Medallions Curried Chicken Trout Amandine Chef's Demo - "Seasonal Plate" Pecan Mushroom Quinoa Burger</p>	<p>Saturday Buffet Lunch/Dinner 23</p> <hr/> <p>Beef Rice Soup Black Bean Burger Baked Chicken Thighs Baked Ziti Chef's Feature - Pan Seared Walleye</p>
<p>Wednesday Buffet Lunch/Dinner 20</p> <hr/> <p>Vegetarian Vegetable Soup Barbequed Baby Back Pork Ribs Grilled Chicken Breast with Dipping Sauces Lobster Mac 'n Cheese Chef's Feature - Veal Romano</p>	<p>Regular Non-Holiday Dining Room Hours</p> <hr/> <p>Lunch Buffet: Noon - 1 PM Mon. - Sat. Sunday Brunch Buffet: 11:30 AM - 2 PM Dinner: 5:00 PM - 7:00 PM Café Sherwood: Breakfast: Daily 8 AM - 10:30 AM Lunch: Daily 11 AM - 5 PM Dinner: 5:00 PM - 7:00 PM</p>

WEEKEND PHYSICIANS ON CALL

Call the Community Nurse for assistance at 8496.
Call 412-931-3066 for doctor on call information.

Please leave items for the Weekly Bulletin at the front desk **by Thursday** for Donna Fasone or call 8462, or email fasone@sherwood-oaks.com.