



This Week at Sherwood Oaks - January 20, 2019 to January 26, 2019
The Audio Bulletin Board 8489



Sunday, January 20 Buffet Lunch/Dinner

Bus to Local Churches - please see bulletin board and Channel 900 for times

2:00 pm Chapel Service - Auditorium - Reverend Karen Slusser

Buffet Lunch

Monday, January 21 Full Service Dinner

Martin Luther King, Jr. Day

There will be no housekeeping today. Residents on the Monday schedule will receive a credit on their monthly statement.

8:15 am Bus to Passavant Cranberry
 9:30 am Bus to Costco/Barnes & Noble Walmart/Cranberry Mall Passavant Cranberry & Main Campus
 10:00 am Aquacize - Swimming Pool
 10:45 am Women's Bible Study - Chapel
 11:00 am Exercise Class - Cranberry Lake Fitness Center
 1:00 pm **NO** Painting Class - Novice or Pro
 1:00 pm Bus to Shop 'n Save/CVS Passavant Cranberry & Main Campus
 1:15 pm Let's Talk - CANCELLED until March 18th
 7:00 pm Monday Night Bridge - Card Room

Tuesday, January 22 Buffet Lunch/Dinner

8:15 am Bus to Passavant Cranberry
 9:30 am Bus to VA Clinic in Cranberry Passavant Cranberry & Pittsburgh/Oakland
 10:00 am Tai Chi Today - Cranberry Lake Fitness Center
 1:40 pm Bus to VA Clinic Cranberry/Passavant
 3:00 pm Hand & Foot Canasta - Lobby

Wednesday, January 23 Buffet Lunch/Dinner

Bus to UPMC Passavant Cranberry 8:15am - 9:30am -11:45am - 2:00pm

9:30 am Bus to Rite Aid, Passavant Cranberry & Rt. 228 Mall
 10:00 am Men's Bible Study - Chapel
 11:00 am Exercise Class - Cranberry Lake Fitness Center
 12:00 pm Granny's Attic Annex -Patio Home 156
 1:00 pm Complimentary Hearing Aid Service Dr. Francis - Appointment Necessary
 1:00 pm Wednesday Bridge - Card Room
 1:00 pm PC, Laptop, Tablet, or Smartphone Help
 1:30 pm Hand Bells Practice -Auditorium
 3:00 pm Chorus Practice - Auditorium

Thursday, January 24 Buffet Lunch/Dinner

7:00 am Bus to Passavant Cranberry & Main Cranberry Mall/Passavant Cranberry & Passavant Main
 10:00 am Aquacize - Swimming Pool
 11:00 am Yoga Class - Cranberry Lake Fitness Ctr.
 1:00 pm Bus to Streets of Cranberry/Passavant Cranberry and Passavant Main
 1:15 pm Scrabble & Games - Lobby
 1:30 pm Duplicate Bridge - Card Room
 3:00 pm Hand & Foot Canasta - Lobby
 7:15 pm Program Committee Presents - The Pitt Pendulums - Auditorium/Card Room

Buffet Lunch

Friday, January 25 Full Service Dinner

Bus to UPMC Passavant Cranberry 7 am - 9:30 am - 1 pm

9:30 am Bus to Shop 'n Save Passavant Cranberry & Passavant Main
 9:30 am Friday Gatherings/Prayer - Chapel
 11:00 am Exercise Class - Cranberry Lake Fitness
 1:00 pm Costco/Barnes & Noble/Walmart Cranberry Mall/Passavant Cranberry/Passavant Main
 1:30 pm Tai Chi - Cranberry Lake Fitness Center
 1:30 pm Great Decisions - Auditorium - Must Be Pre-registered to Participate
 2:00 pm Sew & So - Personal Care Day Room

Saturday, January 26 Buffet Lunch/Dinner

10:00 am Bus to Ross Park Mall
 3:40 pm Bus to St. Ferdinand's Church
 7:00 pm Saturday Night Movie - **A Quiet Place** - PG 13 - 1hr 30min - Auditorium



Don't tell me the sky's the limit, when there are footprints on the moon!

Coming Events

January 27 Sunday	Chapel Service - 2:00pm - Auditorium - Reverend Connie Frierson
January 27 Sunday	Quaker Meeting for Worship - 10:30am - Chapel
January 27 Sunday	Bus to Pittsburgh Symphony - 1:30pm - Heinz Hall
January 29 Tuesday	SORA "Winterfest II" - 1:00pm to 3:00pm - Auditorium
January 30 Wednesday	Bus to City Theater - 11:45am - Southside
January 31 Thursday	Program Committee Presents- The Pitt Pendulums - 7:15pm - Aud/Card Room
February 2 Saturday	Granny's Attic Annex - Patio Home 156 - noon to 2:30pm
February 2 Saturday	Saturday Night Movie - 7:00pm - Auditorium - Groundhog Day - PG



This Week's Menu

Sunday, January 20, 2019 through Saturday, January 26, 2019

Dining Room Reservation # for Patio Homes: 8234

Dining Room Reservation # for Apartment Residents and 600 Patio Homes: 724-776-8234

Take Out and Home Delivered Meals - Patio Home Residents: 8236

Take Out and Home Delivered Meals - Apartment Residents and 600 Patio Homes: 724-776-8236

Side of the Week: Harvard Beets

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WEEKEND PHYSICIANS ON CALL
 Call the Community Nurse for assistance at 8496.
 Call 412-931-3066 for doctor on call information.

Please leave items for the Weekly Bulletin at the front desk **by Thursday** for Donna Fasone or call 8462, or email fasone@sherwood-oaks.com.

