



This Week at Sherwood Oaks - October 14, 2018 to October 20, 2018
The Audio Bulletin Board 8489



Sunday, October 14 Buffet Lunch/Dinner

Bus to Local Churches - please see bulletin board and Channel 900 for times

- 1:30 pm Pops Concert - Heinz Hall
- 2:00 pm Chapel - Auditorium - Rev. Dean Ziegler

Cranberry Food Bank Collection All Week!
Please place your donations in the boxes located in the Gallery. Thank You!

Buffet Lunch

Monday, October 15 Full Service Dinner

- 8:15 am Bus to Passavant Cranberry
- 9:30 am Bus to Costco/Barnes & Noble Walmart/Cranberry Mall Passavant Cranberry & Main Campus
- 10:00 am Aquacize - Swimming Pool
- 10:45 am Women's Bible Study - Chapel
- 11:00 am Exercise Class - Cranberry Lake Fitness Center
- 11:00 am Living with Loss - Card Room
- 1:00 pm Painting Class - Novice or Pro
- 1:00 pm Bus to Shop 'n Save/CVS Passavant Cranberry & Main Campus - Legacy Theater - Movie Today
- 1:15 pm Let's Talk - Auditorium
- 3:00 pm Pinochle - Center Lobby
- 7:00 pm Monday Night Bridge - Card Room

Buffet Lunch

Tuesday, October 16 Full Service Dinner

- 8:15 am Bus to Passavant Cranberry
- 9:30 am Bus to VA Clinic in Cranberry Passavant Cranberry & Pittsburgh/Oakland
- 10:00 am Tai Chi Today - Cranberry Lake Fitness Center
- 10:30 am Continued Learning - Auditorium
- 11:00 am Take a Walk with a Friend - Meet in Lobby
- 1:30 pm Drama Club - Oak Lodge Great Room
- 1:40 pm VA Clinic Cranberry/Passavant Cranberry/Pittsburgh/Oakland
- 3:00 pm Hand and Foot Canasta - Lobby

Wednesday, October 17 Buffet Lunch

Bus to UPMC Passavant Cranberry 8:15am - 9:30am -11:45am - 2:00pm

- 9:30 am Bus to Rite Aid, Passavant Cranberry & Rt. 228 Mall
- 10:00 am Men's Bible Study - Chapel
- 11:00 am Exercise Class - Cranberry Lake Fitness Center
- 12:00 pm Granny's Attic Annex Patio Home 156
- 1:00 pm Complimentary Hearing Aid Service Dr. Francis - Appointment Necessary

Wednesday, October 17 (continued)

- 1:00 pm Wednesday Bridge - Card Room
- 1:00 pm How To Write Your Life Story - Must be pre-registered - Sherwood Meeting Room
- 1:30 pm Handbells Practice - Auditorium
- 3:00 pm Chorus Practice - Auditorium
- 3:00 pm Pinochle - Center Lobby
- 5:00 pm Murder, Mystery, Music & Suspense - Auditorium - Reservations Required

Thursday, October 18 Buffet Lunch/Dinner

- 7:00 am Bus to Passavant Cranberry & Main
- 9:30 am Bus to Costco/Barnes & Noble/Walmart Cranberry Mall/Passavant Cranberry & Passavant Main
- 10:00 am Aquacize - Swimming Pool
- 10:30 am Continued Learning - Auditorium
- 11:00 am Yoga Class - Cranberry Lake Fitness Center
- 1:00 pm PC, Laptop, Tablet, or Smartphone Help
- 1:00 pm Streets of Cranberry/Passavant Cranberry and Passavant Main
- 1:15 pm Scrabble & Games - Lobby
- 1:30 pm UPMC for Life Seminar - Auditorium
- 1:30 pm Duplicate Bridge - Card Room

Buffet Lunch

Friday, October 19 Full Service Dinner

UPMC Passavant Cranberry 7 am - 9:30 am - 1 pm

- 9:30 am Bus to Shop 'n Save Passavant Cranberry & Passavant Main
- 9:30 am Friday Gatherings/Prayer - Chapel
- 10:30 am Continued Learning - Auditorium
- 11:00 am Exercise Class - Cranberry Lake Fitness Ctr.
- 1:00 pm Costco/Barnes & Noble/Walmart Cranberry Mall/Passavant Cranberry/Passavant Main
- 1:30 pm Tai Chi - Cranberry Lake Fitness Center
- 1:30 pm Resident Get Together - Auditorium
Resident Bake Sale Meeting immediately after Resident Get Together
- 2:00 pm Sew and SO - Personal Care Day Room
- 2:00 pm Patching & Piecing Quilters - Craft Room

Saturday, October 20 Buffet Lunch/Dinner

- 10:00 am Bus to Beaver Valley Mall
- 1:15 pm Students of Kazumi Petinaux - Piano Recital - Auditorium
- 3:40 pm Bus to St. Ferdinand's Church
- 7:00 pm Saturday Night Movie -**Our Souls at Night** - (TV - 14) - 1hr 43min

Remember the Poinsettia Sale!
To order, contact J. Andrews (139) or M.L. Jordan (124)

COMING EVENTS

October	21 Sunday	Chapel Service - 2:00pm - Auditorium - Rev. Amy Mickelson
October	22 Monday	Monday Musical Matinee - 2:00pm - Auditorium - The Glenn Miller Story
October	22 Monday	Continued Learning - Bill Markus - 10:30am - Auditorium
October	22 Monday	Living with Loss - 11:00am - Card Room
October	24 Wednesday	How to Write Your Life Story - 1:00pm - Cranberry Lake Grill - Must Be Pre-registered
October	25 Thursday	Bus to Pittsburgh Public Theater - 1:00pm - O'Reilly Theater
October	25 Thursday	Continued Learning - Don McBurnie - 10:30am - Auditorium
October	25 Thursday	The Bogmeisters (Men's Chorus) - 7:15pm - Auditorium
October	26 Friday	Bus to Pittsburgh Philharmonic - 6:00pm - Quaker Valley High School
October	26 Friday	Continued Learning - Chuck Gourley - 10:30am - Auditorium
October	27 Saturday	Saturday Night Movie - 7:00pm - Auditorium - Young Frankenstein - PG

This Week's Menu

Sunday, October 14, 2018 - Saturday, October 20, 2018

Dining Room Reservation # for Patio Homes: 8234

Dining Room Reservation # for Apartment Residents and 600 Patio Homes: 724-776-8234

Take Out and Home Delivered Meals - Patio Home Residents: 8236

Take Out and Home Delivered Meals - Apartment Residents and 600 Patio Homes: 724-776-8236



Vegetable of the Week: Fresh Honey Dill Carrots

Sunday	Buffet Lunch/Dinner	14
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Cream of Artichoke Soup		
Seafood Newburg		
Rotisserie Chicken		
Baked Ham		
Chef's Feature - Raisin Bread French Toast		

Thursday	Buffet Lunch/Dinner	18
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Cream of Asparagus Soup		
Bourbon Chicken Quarters		
Barbecue Pulled Pork		
Blackened Catfish		
Chef's Feature - Vegetable Stuffed Portabella		

Monday	Buffet Lunch Full Service Dinner	15
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Five Bean Soup		
Roasted Pork Loin with Pears & Shallots		
Beef Tips Stroganoff		
Tilapia with Roasted Cherry Tomatoes		
Chef's Feature - Champagne Chicken		

Friday	Buffet Lunch Full Service Dinner	19
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French Onion Soup		
Peanut Chicken Satay Stir-fry		
Veal Marsala		
Baked Stuffed Flounder		
Chef's Feature - Pierogi Pizza		

Tuesday	Buffet Lunch Full Service Dinner	16
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Hearty Vegetable Soup		
Carved Roast Turkey/Cranberry Bread Stuffing		
Glazed Ham Loaf		
Lemon Pepper Cod		
Chef's Demo - Vegetable Lo Mein		

Saturday	Buffet Lunch/Dinner	20
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Cream of Broccoli Soup		
Pittsburgh Steak Salad		
Fried Shrimp		
Grilled Pork Tenderloin with Salsa Verte		
Chef's Feature - Chicken Pot Pie		

Wednesday	Buffet Lunch/Dinner	17
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Chicken Noodle Soup		
Spinach Quiche		
Corned Beef Brisket		
Mediterranean Salmon		
Chef's Feature - Chef's City Chicken		

Regular Non-Holiday Dining Room Hours		
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Lunch Buffet: Noon - 1 PM Mon. - Sat.		
Sunday Brunch Buffet: 11:30 AM - 2 PM		
Dinner: 5:00 PM - 7:00 PM		
Café Sherwood:		
Breakfast: Daily 8 AM - 10:30 AM		
Lunch: Daily 11 AM - 5 PM		
Dinner: 5:00 PM - 7:00 PM		

Side of the week: Harvard Beets



WEEKEND PHYSICIANS ON CALL
 Call the Community Nurse for assistance at 8496.
 Call 412-931-3066 for doctor on call information.

Please leave items for the Weekly Bulletin at the front desk **by Thursday** for Donna Fasone or call 8462, or email fasone@sherwood-oaks.com.