

THE ACORN

SHERWOOD OAKS NEWSLETTER
100 Norman Drive, Cranberry Twp., PA 16066
www.sherwood-oaks.com

November 2018 “For the residents, by the residents” Vol. 19 No. 9

*A Thankful Heart is Not Only the Greatest Virtue,
But the Parent of All Other Virtues. - Cicero*



Photo by Tabby Alford

FROM THE EDITOR

The holidays are fast approaching. Those of us here at Sherwood Oaks are fortunate to live in a place where we are cared for so well by truly kind and dedicated people. In my years here I have only met friendly staff members who would go out of their way to be helpful. If you have not sent in your donation to the annual Employee Appreciation Fund, please do so. Turn to page 7 to read some of the notes from our staff sharing what their holiday gift checks mean to them and their families.

The holiday festivities will soon begin: get ready to enjoy what Sherwood Oaks has to offer in the way of holiday cheer! Things here seem to start with Halloween and move right along through to the New Year's Eve party. The SORA Bake Sale this month will offer goodies that some residents buy to give as holiday gifts (just an idea). We then move into the resident-sponsored Eggnog Party in Early December. There is real rum in some of that eggnog, yum! Following that, there will be many more activities which will be announced in the December issue of *THE ACORN*.

But before we begin to party, let's not forget those who have served in our armed services. The annual Veterans' Day ceremony (see page 13) is a meaningful and well-attended program offered here at Sherwood Oaks. Please join us as we honor current resident veterans as well as those we have lost over the past year.

Barbara Dixon

THE ACORN

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Submissions for the December *ACORN* must be sent to the Editor, or Mike Rose if poetry, no later than November 15, 2018.

ART EXHIBITION

Beginning in early November, the resident art exhibition will be in the Gallery.

All residents are invited to participate in the painting class. We are located on the lower level — Mondays from 1 to 3 PM.

Dorothy Fitzpatrick

DENTON AND MARILYN BOND

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Interviewed by Ruth Becker



Photo by Diane Setzenfand

Church/Bible Study and love of camping connect Marilyn and Denton Bond to many people already living at Sherwood Oaks ... although they checked us out on their own.

They have been members of Heritage United Presbyterian Church for 49 years. Residents Alick Kennedy and Paul Wierman have served as pastors there. Since the Bonds have also served as Elders, they know many other Presbyterian clergy and lay people who live here.

Marilyn and Denton are involved in Bible Study. Marilyn serves as a substitute small group leader at Community Bible Study, North Hills Day Group, a gathering of women and children. Denton attends a Monday night Bible Study group involving both men and women ... more connections with SO folks.

Since they moved to Sherwood Oaks from Treesdale, they are happy to continue volunteering locally by serving meals at Single Moms Ministry and Bellevue Meal Ministry.

The camping part of the equation goes back at least 40 years. The Bonds began camping with relatives and friends. In 2002 Denton and Marilyn joined an Air Stream tour of Alaska, sharing eight weeks and 10,000 miles of sight-seeing and "bonding" with SO residents Juanita and Tom Manley. After their travel days were over, for three summers Marilyn and Denton enjoyed camping at Pymatuning Reservoir.

"Confident culture" is how Denton describes living at Sherwood Oaks. "It is sort of like camping." You find a group of friendly folks and engage with them. The atmosphere is "sincere, and there are no ulterior motives."

Both Marilyn and Denton grew up in Clarion County, PA. Marilyn then earned her RN at Presbyterian University Hospital School of Nursing. (aka U of Pitt School of Nursing). Denton graduated from Clarion State U. He taught Sixth grade in the North Allegheny School District for 30 years, with a year, early on, of teaching in Hawaii. (Which, as a state, incidentally, operates as one school district.)

The Bonds have three daughters and six grandchildren: one family in Shaler, one in McCandless, and one in northern Virginia. Several years ago, the entire family celebrated Marilyn and Denton's 50th wedding anniversary in Cancun.

Join the Bonds in water aerobics, swimming, walking, and playing pickleball. Or in the dining room where everyone can talk; there is a lot more to discuss.

Welcome home.

ROSEMARY COFFEY

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Interviewed by Jan Wendt



Photo by Mike Mills

Although technically a “new” resident, Rosemary Coffey has longtime connections to our community. Through her Quaker faith, she was acquainted with several of the founders, and has had a number of Sherwood friends over the years. She even celebrated one of her three 60th birthday parties at the Oak Lodge! And, in a neat coincidence, she discovered that her new next-door neighbor is Jean Kabbert, with whom she taught at Milliones Middle School in Pittsburgh.

Rosemary was conceived in China to parents who were there for a year on a Guggenheim Fellowship. When she was eight, the family moved to São Paulo, Brazil, where she learned Portuguese and began studying French and Spanish. Later, she went to boarding school in Switzerland, where she improved her French and added German to her skills. After earning her BA from Vassar College, she obtained a master’s in international relations from the Fletcher School of Law and Diplomacy. She did policy work in that field for five years in Boston, MA, Washington, DC, and Ann Arbor, MI.

After the birth of two children and the adoption of a third, she and her husband, then a professor at Pitt, spent a sabbatical year in London. Back in Pittsburgh, she earned

teaching certificates as an elementary school teacher and as a reading specialist. She taught in the Pittsburgh Public Schools, and worked in the curriculum department of the Board of Education. During that time, she wrote and published a book for third-graders titled *The Story of Pittsburgh*. In 1997, she and Elizabeth Fitzgerald Howard (known as Betty, and now also living at Sherwood Oaks) co-authored a book titled *America as Story; Historical Fiction for Middle and Secondary Schools*, published by the American Library Assn. With her second husband, she spent two years in Honolulu, HI, where the couple managed the Friends Meeting House. Eventually, without any effort on her part, three grandchildren were born to her son and his wife. She visits them in Miami several times a year.

Rosemary’s Quaker faith has been a meaningful focus of her life. For some twenty-five years, she traveled and danced with the Friendly FolkDancers on a ministry of peace through dance. They present sets of dances from countries that are or have been at war, bringing them together through their cultures. As you may have guessed, this unique endeavor enabled more travel, throughout the US and to such countries as Australia, New Zealand, Ireland, Cuba, Kenya, Rwanda, and the Democratic Republic of the Congo. It also led to Rosemary publishing several articles about the international tours in the Quaker monthly, *Friends Journal*.

Closer to home, a gray and white cat named Mandy keeps her company; they both look forward to imminent completion of the patio room conversion. Meanwhile, Rosemary and her companion Bill continue to usher at a number of cultural events downtown, a commitment that provides welcome opportunities to take in plays and concerts on a regular basis. In addition, Rosemary continues to work from home as a freelance editor. She enjoys our exercise classes and has been designated the Quaker liaison on campus.

Take time to get to know this diminutive, articulate, and accomplished addition to our community!

JACK AND HEATHER DILLS

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Interviewed by Connie Brandenberger



Photo by Ed Borrebach

Jack and Heather believe in planning ahead, and they followed the lead of both sets of parents, each of whom had a good experience in retirement community living. Another influence in their decision to come to Sherwood Oaks was their acquaintance with Quaker friends who told them about our Continuing Care Retirement Community as it was built in the 1980's. Now that Jack and Heather are residents, they feel the Quaker influence, noting the healthy style of living, the various participation programs, and especially the desire to keep residents physically active. They enjoy the covered walkways and beautifully maintained surroundings.

They moved here from Franklin Park. Heather is a native Pittsburgher, growing up near Marshall Avenue area of the upper North Side. She graduated from Carnegie Mellon with a degree in technical writing, working as a free-lance writer for many years. Jack was born in Wilmington, Delaware. He earned his BS in Mathematics from Clarkson and an MS in Computer Science at Carnegie Mellon. Theirs was a Carnegie Mellon romance. They have two sons; one son presently lives in Haiti, and the other son lives closer to home in Avalon.

Jack retired in 2008 after a career of 34 years with Mellon Bank where he was a computer analyst. Not one to just sit back and observe, he, along with Heather, became students with the Osher Life-Long Learning programs at Pitt and CMU. It was at Osher that they met Jno Hunt, our resident opera aficionado. They will be most interested in Sherwood Oaks Continued Learning activities.

The Dills are happy that cooking is no longer a part of their lives. Heather says that it took Jack 35-years to learn how to bake a chicken breast. He had to take over "kitchen detail" after Heather broke her leg six years ago. The Dills were surprised to discover former neighbors, Barbara and Stan Foster, one of our new couples at Sherwood Oaks.

Jack enjoys bird and butterfly watching and photography. Heather's joy is reading fiction and non-fiction science books. Dining with other residents is one of their favorite things. When you get the opportunity, ask them about their experience with breeding Old English Sheepdogs (one of which appeared in the Civic Light Opera version of "Camelot" back in 1980). You will enjoy your time with them. Welcome, Jack and Heather.

HOLIDAY CUSTOMS

Drop *THE ACORN* a note to share with us one of your family's holiday traditions: a special food (that fish entrée that's only made for Christmas), a meaningful yearly trip over the holidays (skiing in Vermont?), a special holiday decorating tradition (how many nutcrackers do you have?) or perhaps annually inviting someone who is alone to share the holiday with your family. Let us know what has meant something special to your family during this special time of the year.

Get these into *THE ACORN*'s mailbox no later than November 15.

Barbara Dixon

WHAT'S NEW WITH SORA? (Sherwood Oaks Residents Association)

NOTE: Minutes are always available for review on the SORA bulletin board in the mailroom and in the SORA binder in the library.

Summary of reports and actions for the Oct. 2, 2018, Monthly Board meeting:

Treasurers' Reports:

The current balance of the Memorial/Special Projects Fund is \$85,073. The Employee Appreciation Fund has a balance of \$29,170. The SORA bank balance is \$32,135.46.

Liaison Reports:

Landscape:

Fall pruning and plantings are in process. Plans to replace the Lake Gazebo and renovate the east side of the lake are in process.

Health Affairs:

Flu shots are available. Low vision issues are being addressed.

Library:

A donor for the Wall Street Journal is being sought. A new donation policy is in place.

Living with Loss:

A new grief support group is now meeting.

Security and Transportation:

A new bus for 33 people, or a combination of up to 4 wheelchairs and 21 people, has been ordered. Drivers are reminded to obey the speed limit of 15 mph on campus.

Civic Affairs:

The Board adopted the committee's suggested policy: *Any resident can have a private gathering for a candidate, inviting others to attend, but such an invitation cannot be advertised as a SO event, i.e. no bulletin board flyers, no in-house mailings, no announcement in the weekly bulletin or on Channel 900.*

Maintenance:

Roof leaks on campus are being repaired, as well as a leak in older plumbing to the new spa.

Memorial/Special Funds:

An allocation to the Landscaping Committee for tree plantings on the east side of the lake for up to \$6,000 was approved.

Administration Report:

Meeder project developers have revised storm run-off management near the SO border at our request. Resident satisfaction surveys are due back November 16. New ceiling tile for the dining room was reordered because of a foul odor.

CCRCs Meeting:

On September 27, officers of 5 CCRCs met with SORA officers for a day of discussion and fellowship. The SO campus, food, and residents shone! Thanks to all for a splendid day.

Visitors: Ten were in attendance.

**The next SORA Board meeting is
Tuesday, November 6 at 1:30 PM.**

Jean Henderson, Secretary

IN APPRECIATION

About a month ago you received a letter inviting you to participate in the Employee Appreciation Fund by making a donation. The purpose of the fund is to provide each of our many Sherwood Oaks employees with a holiday gift check. Many of you have already responded generously.

If you have forgotten, or have not yet sent your check, please remember that it should be in the hands of the SORA Treasurer, Gary Brandenberger, no later than November 15. The purpose of this article is to share with you the significance of these gifts to those who serve us in so many ways. Following are some excerpts from the many notes of appreciation that employees placed on our bulletin boards last year.

“Thanks to your generosity, I can help provide a wonderful Christmas for my family. I am truly blessed and grateful to be a part of the Sherwood Oaks staff.”

“Thank you so much for the generous Christmas bonus. It is a privilege to work for and with such wonderful people. Sherwood Oaks is like family to me. Can't imagine being anywhere else.”

“Thank you so much for the Christmas bonus. It helped my family so much. Right before Christmas our furnace went out and we had to replace it. Thanks so much because our Christmas was a warm one.”

“Thank you so very much for your generous gift. I am in the process of going back to school, so the gift will

certainly be put to good use. SORA will be helping me take my first steps on my career path.”

“I am so grateful to have a job that I absolutely enjoy coming to every day. Sherwood Oaks is a special community and I am blessed to be able to work here.”

“Please accept my sincere thanks for such a kind and generous gift. This will really help with the necessary home repairs we have going on right now.”

“Thank you for your generosity. Your kindness is unique and cannot be compared to any other facility around. You all have such big hearts. Thank you for everything you do for us.”

Gratitude goes in a never-ending circle. As we appreciate the services we receive and give to those who care for us, they express their gratitude and appreciation for our heartfelt gifts to them. We are indeed fortunate to live in a safe, friendly and caring environment.

Thank you for your support.

Betty Eichler
SORA President



Thank you!

FOCUS ON THE WORLD: REFUGEE RESETTLEMENT

**Thursday, November 15
7:15 PM in the Auditorium**



Pittsburgh's Jewish Family and Community Services has been resettling refugees for over 80 years and helping immigrants and refugees achieve legal status in the US since 2001.

Our November speaker, Leslie Aizenman, JFCS Director of Refugee and Immigrant Services, oversees a range of programs that build self-sufficiency in refugee and immigrant individuals and families. These programs include resettlement, case management, service coordination, vocational support, cultural orientation, and referrals to a myriad of community partners. Leslie's work also entails extensive outreach and education about refugees and resettlement to the "receiving" community of Pittsburgh area residents, service, government, and education providers of all kinds, and the ethnic and faith-based community.

Leslie holds a bachelor's degree in communications from Boston University and a Master's degree in Public Policy and Management from the University of Pittsburgh's Graduate School of Public and International Affairs. She received the Nelson Mandela Leadership and Diversity Award from Afrika Yetu and the African Community. She is also a recipient of the Humanity Day Award from the Islamic Center of Pittsburgh.

Come and learn how newcomers to our country, who have suffered loss and trauma, are being helped to become self-sufficient and to have hope for better lives.

Nancy Paul
Focus on the World

CURIO CABINETS

The Halloween display will end on Tuesday, November 6. Items may be picked up between 10-12 AM and 4:30-5:30 PM. Thanks go to our wonderful residents who came through once again with new and interesting spooky things.

We're beginning the holiday season early this year in order to include Thanksgiving (on November 22), which is sometimes overlooked as the Christmas season gets underway. The holiday display, including Thanksgiving, Hanukkah, and Christmas will begin on November 8. Display items may be brought between 10-12 AM and 4:30-5:30 PM.

Gussie Dimmick

THANKSGIVING 2001, A LONG WAY FROM 1621 (OR WAS IT?)

For Thanksgiving 2001, my friend Cindy and I decided we'd head to New England. Her husband was out of the country, and it being right after 9/11, we had no idea what was in store ... so she planned the accommodations and I put together a packet of activities, many history-related, for her two boys, aged 7 and 8 years old. I thought at the time maybe I'd overdone the "education" part of the trip, but the boys fondly remember the stories, puzzles, and coloring pages etc.

We made several early stops that would appeal to the boys before we hit them hard with the history "stuff." Their favorite was the Naismith Memorial Basketball Hall of Fame in Springfield, MA.

Our first Thanksgiving celebration was at Old Sturbridge Village near Worcester, MA, a living history museum, and a favorite of mine over the years. It depicts life in an early 19th-century rural New England village, featuring costumed historians, artisans and farmers, historic homes, trade shops, water-powered mills, and a working farm.

We had a Thanksgiving feast, New England style, in one of their two taverns that offer the special dinners. This year's menu includes apple butternut bisque, roast turkey, cranberry stuffing, mashed potatoes, squash, and green beans. Dessert choices are carrot cake, apple almond tart, Boston cream pie, and pumpkin pie.

Our next stop was Plimoth Plantation which attempts to replicate the original settlement of the Plymouth Colony. Again, it was not my first visit but having a real feast for Thanksgiving certainly was meaningful.

The village is laid out as it was by the settlers and the costumed role players take on the personality of specific residents. If you are a Mayflower descendant, you can chat with your ancestor! My son-in-law's line goes

back to Stephen Hopkins. A tanner and merchant, he was recruited for the Mayflower voyage due to his prior trip to the New World (he had been at Jamestown, VA). He was the only passenger who had been to the New World before and his experience paid off for the Pilgrims.

At Plimoth Plantation, nothing compares with the rich tradition of gathering together at harvest time and celebrating the abundant joys of the season. They also serve the traditional roast turkey and New England trimmings. In addition, there are Pilgrim role players and native interpreters who explain the 1621 feast that inspires our modern celebration. One discovers the table manners of the times as well as being entertained with psalms and songs. Of all the experiences we had on our trip, the boys' favorite was the drinking song they learned at Plimoth. They sang it for years and might even know it today. Cindy and I were just thankful we weren't sent out to scavenge for turkeys and that there were no further terrorist attacks in the United States.

Julie Eden

LET'S TALK

Can you imagine an announced disputation to which everyone came?

Well, we do have such an entity and it is called Let's Talk. We welcome those residents who seek discussion of conflicting ideas; a gathering where we disagree but refrain from becoming disagreeable.

Consider yourself invited to our next meeting on Monday, November 12 at 1:15 PM in the Auditorium. The topic will be chosen by the participants who attend the preceding meeting.

We gather every other week and we always finish by 2:45 PM.

Paul Wierman

KEEPING BIRD FEEDERS CLEAN MAKES FOR HEALTHY BIRDS

A recent article in *Winter Bird Highlights*, a publication of the Cornell University's Laboratory of Ornithology, gives the results of a Kutztown University study of bird diseases. The focus was on diseases spread at feeders. Prominent among these are House Finch Eye Disease and salmonella entering birds' digestive systems. The object of feeding birds, particularly during the winter, is health, not the spreading of disease.

What preventive measures are the best? Researchers at Kutztown University compared several cleaning methods to determine which was the most effective. The most effective method involves soaking your feeder in a dilute bleach solution. If your feeder has debris in it, such as seed hulls or dirt scrub it thoroughly with soap and water, then soak it in the bleach solution, not more than 1-part bleach to 9-parts water, for 10 minutes. Don't forget to apply the solution to all the ports on your feeder. Rinse thoroughly and let dry completely before refilling with seed.

Prevention is the key to avoiding the spreading of disease. It is good to clean your feeder regularly, even when there are no signs of disease.

Deane Lavender



THE PROGRAM COMMITTEE PRESENTS DOUBLE PLAY FLUTE AND TUBA

Friday, November 30, 2018
7:15 PM Auditorium



Ralph Deeds photo

Double Play flute and tuba has been a touring ensemble since 1989. This married couple is classically trained and is celebrating their 29th anniversary as the world's only full-time flute and tuba duo.

Performances include music from Bach to Broadway and their unique arrangements of many classical standards.

We welcome them back after appearing here several years ago.

Tom Gregory



EGGNOG PARTY
Friday, December 7, 4:30-6:00 PM

December 7 is almost here. That's when the Eggnog Party starts our holiday season. This is a party **for** the residents (no guests) given **by** the residents. The resident sponsors' committee has been busy with preparations and decorations. Your resident host sponsors are looking forward to seeing our Sherwood Oaks residents at 4:30 PM. And friends, this is a time to "don your gay apparel," if you so choose, to look as festive as the holiday decorations!

It's not too late to become a sponsor, which carries a monetary commitment depending on the number of sponsors. Please notify Jean Henderson #611 by Thursday, November 8, if you wish to serve as a new sponsor. The next planning meeting for all sponsors is Thursday, November 15 at 9 AM in the Card Room.

See you all December 7 at this very special event!

Madelin Clements

THE BAKE SALE IS COMING!

Just a few weeks from now we will enjoy our 2018 Bake Sale! Please plan to join us.

Baked goods of all types: cakes, pies, breads, brownies, and cookies as well as cooked items such as jellies and jams, apple butter, chili, and soups are all enthusiastically accepted. Even dog treats (appropriately labeled) are welcome. **Please deliver your donations to the Auditorium between 3:00 and 6:00 PM on Tuesday, November 13.**

Also, please identify any allergy-free foods (those with NO chocolate, nuts, eggs, or peanut butter), as well as gluten-free or sugar-free foods.

Then, come to the Card Room between 8:00 AM and noon on Wednesday, November 14, to experience a very tasty event! Plan to enjoy a cup of coffee or tea as well as good conversation while you shop.

Proceeds from the Bake Sale benefit SORA. The monies help SORA fund the outstanding programs and activities we have come to expect as residents of Sherwood Oaks.

Thanks in advance for your efforts to make the 2018 Bake Sale a tasty success!

Kelley Noble, Chair
SORA Bake Sale



DECEMBER POINSETTIA SALE



The time for the poinsettia sale sponsored by the Landscape Committee is here. Those of you who have ordered poinsettias before, know that they are of the finest quality and are long-lasting. We have always had wonderful participation in this project and appreciate your continued support.

Order forms were placed in residents' mailboxes on October 10. Orders and payments must be placed in the mailbox of either Judy Andrews, #139, or Mary Lee Jordan, #124, by November 11. Delivery of the flowers will be Thursday, December 6. You can pick up your order in the Auditorium after lunch that day between 1-2:30 PM. Contact Judy Andrews 8139 and Mary Lee Jordan 8124 if you have any questions. Thank you for your participation.

Judy Andrews

Is Lifecare "Health Insurance"?

At recent insurance seminars held here at Sherwood Oaks, I have heard residents say they have Lifecare and don't have to consider which health insurance plan they sign up for in 2019. There are differences between Lifecare and health insurance as follows:

Lifecare is not health insurance. It is more like long term care insurance.

Lifecare provides you coverage either in personal care or skilled nursing for custodial care. Custodial care is assistance with activities of daily living (ADLs) such as eating, bathing, dressing, and medication management. Residents, permanently transferred to the health center under their Lifecare agreement, pay their monthly maintenance fee plus two additional meals per day. Lifecare may cover your needs for an extended period of time.

Health insurance (such as Aetna, Highmark and UPMC) provides you coverage when you go to the doctor's office, have outpatient procedures or are admitted into the hospital. It also provides you care in a skilled setting if such care is medically necessary and prescribed by a licensed physician. Generally, three or more days in the hospital will need follow-up care or a "skilled stay" on the skilled nursing unit. Some examples would be recovery from hip and knee replacement, intravenous antibiotics and bone fractures. Generally, this health insurance, unlike Lifecare, almost never covers any extended period of illness.

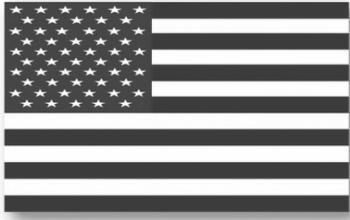
Medicare and Medicare Advantage programs do not cover any "custodial care".

Open enrollment is October 15 – December 7, 2018.

Annette McPeck

VETERANS DAY PROGRAM

Friday, November 9, 1:00 PM
in the Auditorium



So many of our Residents look forward to our annual Veterans Day Program. And no wonder- it's a truly moving event. This year marks our 6th year of providing a dignified ceremony honoring our veterans (both past & present).

Of note: This marks the 100th anniversary of the end of World War I.

For those residents who have attended this program in the past - you know that the Seneca Valley and Mars Area High Schools send us their most talented singers, musicians and dedicated ROTC Cadets to participate in the day's events. We have also been blessed by having the Cranberry Township VFW continue to be a part of this event since 2013.

This year's guest speaker will be retired Col. Daniel Ouellette, USA Med Corp. As you may have guessed, he is the son of Sherwood Oaks resident, Ron Ouellette.

It will no doubt be a meaningful program. John Rodgers will serve once again as the Master of Ceremonies! So, mark your calendars.

Memorabilia tables will be set up in the Lobby area. Please feel free to drop off any of your wartime items to be displayed. We ask that you drop them off the day of this program between 9 AM and noon. Questions? Contact Sonja DeGray at #8265

Laura Childress
Director of Recreational Therapy
and Volunteers

ONE STAR ONE SON

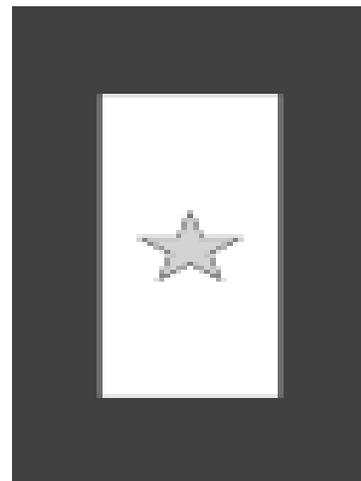
(Remembering the veterans who served
in World War II)

The silent banners hang straight,
immobile witness
that from this house
sons proudly serve.

The red, white and blue sentinels
are faithful to their windows posts,
their white fields shot through
with silver and gold
one star, one son.

The silver one signals hope.
The golden star belies its beauty.
Behind its radiant facade is ash,
the mark of mourning,
an aureate screen for broken hearts
and broken dreams.

Jean Kabbert



URBAN RENEWAL AUTUMN

rusty padlocked gates,
rolls of barbed wire
rule the place.
windows, now just space
hidden by Urban Renewal tin.
broken bits of colored glass
fade into drifts of sand.
a doll, come to pieces with time.
worn summer cottages
cast ghostly shadows, remembering.

no movement,
except waves slapping sand,
covering and uncovering shells.
and sky and water
exchanging color in
dawn and dusk.
the boardwalk has lost it's boarders.

evening sways to sunset.
an old man,
with bottle wrapped in a brown paper bag,
wanders toward the beach
in search of a companion
quiet and steady as the sea,
or maybe not.
the jetty longs for fishermen.

on the boulevard,
deli and butcher shops
now just shuttered doors.
weary faded Yiddish signs
in dust coated windows
reflect a depleted yesterday;
shoes only respond.
the village shoppers have moved on.

it's Urban Renewal autumn —
a patient wait for winter,
days shorten ...
a dress rehearsal for death, and
night comes too quickly.

By Julie Eden,
Beach 60th Street, Far Rockaway, NY
1969

ON BECOMING 90

Am I really 90?
Could I be in that "at your age" category?

I am as romantic as I was at 18 ...
As motherly as when the nest was full ...
I can still read, write and shop ...
Have never tired of sunsets and spring ...

But I look at old photos,
Hardly able to recognize the person I now
see in the mirror.
And I can barely remember what it was
like to ...

run fast,
hold babies
bake pies
multi-task.

It is a fact.
I am growing older, or rather oldER.

So whatever shape my body takes
or however muddled my mind becomes,
Something in my heart stays young
and feeds the center of my soul.

Ellie Castle



NOVEMBER MOVIE SCHEDULE



NOVEMBER 3 - MAMMA MIA! (2008)
PG 13 1 hr 48 min

MUSICAL/COMEDY/ROMANCE

The story of a bride-to-be trying to find her real father told by using songs of the popular 1970's group ABBA. *(IMDb)*

Rated PG-13 for some sex-related dialogue and mild language.

NOVEMBER 10 - LEAVE NO TRACE
(2018)
PG 1 hr 49 min

DRAMA

A father and his thirteen-year-old daughter are living an ideal existence in a vast urban park in Portland, Oregon when a small mistake derails their lives forever. *(IMDb)*

Rated PG for thematic material throughout. No profanity. No sex. No nudity.

NOVEMBER 17 - HOME FOR THE HOLIDAYS (1995)
PG-13 1 hr 43 min

COMEDY/DRAMA/ROMANCE

After losing her job and finding out that her daughter plans to spend Thanksgiving with her boyfriend, Claudia Larson faces spending the holiday at her parents' home. *(IMDb)*

Rated PG-13 for scattered language and adult family themes.

NOVEMBER 24 - A BEAUTIFUL MIND
(2001)
PG13 2 hr 15 min

BIOGRAPHY/DRAMA

After John Nash, a brilliant but asocial mathematician, accepts secret work in cryptography, his life takes a turn for the nightmarish. *(IMDb)*

Rated PG-13 for intense thematic material, mild language, sexual content, and a scene of violence.

Jason Lyle



COLETTA McKENRY LIBRARY ACCESSIONS

FICTION, INCLUDING LARGE TYPE and CD'S

Believe Me	Delaney, JP	©2018	F DEL
The Blood of Flowers	Amirrezvani, Anita	©2007	F AMI CDs
Bloomed to Die	Alexander, Johnnie	©2018	F ALE
Carnegie's Maid	Benedict, Marie	©2018	F BEN
Convenience Store Woman	Murata, Sayaka	©2018	F MUR
Cottage by the Sea	Macomber, Debbie	©2018	F MAC
Crusader's Cross	Burke, James Lee	©2005	F BUR CDs
Dark Harbor	Stuart Woods	©2006	F WOO CD
Digging Up Secrets	Orchard, Sandra	©2018	F ORC
Dinner at the Center of the Earth	Englander, Nathan	©2017	F ENG
Don't Blink	Patterson, James	©2010	F PAT LT
Early Warning	Smiley, Jane	©2015	F SMI
Give Me Your Hand	Abbott, Megan E.	©2018	F ABB
Golden Age	Smiley, Jane	©2015	F SMI
An Innocent Man	Grisham, John	©2002	F INN DVD
Love Comes Quietly	Brown, JoAnn	©2017	F BRO
Love Unexpected	Brown, JoAnn	©2017	F BRO
The Other Boleyn Girl	Gregory, Philippa	©2007	F GRE CD
The Other Woman	Silva, Daniel	©2018	F SIL
Patriot Games	Clancy, Tom	©2003	F PAT DVD
Pegasus Descending	James Lee Burke	©2006	F BUR CDs
The Perfect Couple	Hilderbrand, Elin	©2018	F HIL
Pieces of Her	Slaughter, Karin	©2018	F SLA
Revere and the Presidency: Time-Travel Adventures with Exceptional Americans	Limbaugh, Rush H.	©2016	F LIM
Tea and Promises	Davis, Susan Page	©2018	F DAV
There, There	Orange, Tommy	©2018	F ORA
Us Against You	Backman, Fredrik	©2018	F BAC
The Whole Truth	Baldacci, David	©2009	F BAL LT

NON-FICTION, INCLUDING BIOGRAPHIES

Ideas in Parallel	Gottschalk, Tricia	©2018	211 GOT
Undemocratic: How Unelected, Unaccountable Bureaucrats are Stealing Your Liberty and Freedom	Sekulow, Jay	©2015	323.49 SEK
First in Line: Presidents, Vice Presidents, and the Pursuit of Power	Brower, Kate Andersen	©2018	352.23 BRO
Reading with Patrick: a Teacher, a Student, and a Life-Changing Friendship	Kuo, Michelle	©2017	371.8 KUO
The Language of Kindness	Watson, Christie	©2018	610.7 WAT
Mission: Jimmy Stewart and the Fight for Europe	Matzen, Robert D.	©2016	791.4 MAT
First Ladies: Presidential Historians on the Lives of 45 Iconic American Women	Swain, Susan	©2015	929 SWA
Andrew Jackson and the Miracle of New Orleans	Kilmeade, Brian	©2017	973.5 KIL
Autobiography of Mark Twain	Twain, Mark	©2013	BIO TWA

Barbara Christy

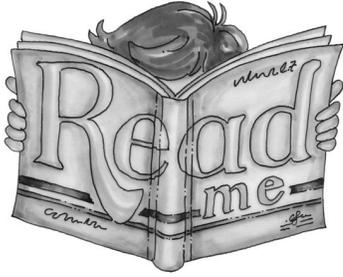


GRAB N' GO BOOK CLUB

The Grab N' Go Book Club book for November is *The Family Orchard* by Nomi Eve --- Our discussion will be held on Tuesday, November 13 at 4 PM in the large Conference Room (behind the reception desk).

We will be Skyping with the author so please bring questions and comments to the meeting.

If you have any questions or would like to join the Book Club, please contact Julie Eden at 8290.



SPOTLIGHT ON NEW BOOKS THE BOOK SELECTION COMMITTEE

These recently purchased books will be on the shelf for new books in our library. If a book you seek is not there, you can fill out a reserve slip.

Indianapolis: The True Story of the Worst Sea Disaster in U.S. Naval History and the Fifty-Year Fight to Exonerate an Innocent Man by Lynn Vincent and Sara Vlastic. Nonfiction. In 1945, the cruiser "Indianapolis" was torpedoed by a Japanese submarine. Rescue efforts were delayed and the captain was blamed by the Navy. "A gripping narrative, a convincing analysis, and a pitiless exposure of institutional mendacity" (*Publishers Weekly*).

Fear: Trump in the White House by Bob Woodward. Nonfiction. The author has a strong reputation as a journalist who can back up his reporting with evidence, as in 7 of his earlier books in our library. "Both entertaining and disturbing reading" (*Publishers Weekly*).

The Ragged Edge of Night by Olivia Hawker. Fiction. In 1942 Germany, a Franciscan friar's school is seized by the Nazis. Stripped of his authority, he joins an underground network of resisters. Their aim: to overthrow the

regime by assassinating Hitler. "A tautly-written historical thriller tailor-made for fans of *All the Light We Cannot See*" (*Best Thrillers.com*).

The Middleman by Olen Steinhauer. Fiction. A branch of a protest movement morphs into a domestic terrorist group coming to the attention of the media and the FBI. "A thoroughly modern thriller, as real as the news" (*Kirkus review*).

Our House by Louise Candlish. Fiction. Returning home after a brief time away, a woman discovers her house has been sold by her estranged husband to a family now moving in. What now? "A superb thriller" (*Washington Post*).

A Terrible Country by Keith Gessen. Fiction. The story concerns a man born in Russia and brought to the USA at age 6. Years later he returns to care for an aging grandmother in Moscow, where he encounters everyday life in the Putin era. The novel "sheds light on a society that, more than ever now, we need to understand better. It's a great book with a great heart" (*Seattle Times*).

A Place for Us by Fatima Farheen Mirza. Fiction. An American Muslim family is torn apart in the struggle between tradition and modernity. "The debut of 26-year-old Mirza is the first book from Sarah Jessica Parker's imprint at Hogarth; it explores the spiritual lives of its characters with sympathy and passion" (*Kirkus review*).

Tom Fararo

CHAPEL NOTES

Leading Chapel Services during November will be the following. (All services at 2 PM in the Auditorium.)

November 4 - The Rev. Liddy Barlow,
Christian Association of Western PA

November 11 - The Rev. Sarah
Heppenstall, Retired

November 1 - The Rev. Sara Bird,
Sewickley Presbyterian Church

November 2 - The Rev. James Moran,
Cranberry Presbyterian Church

We will be sending out invitations to ministers in mid-November for the year 2019. If your home church minister would be willing to help with our program, please let Agnes Peebles or me know. We are always trying to fill the slots of ministers who have retired or left the area.

Gary Brandenberger
Chapel Committee



IN MEMORIAM

*Memories are precious possessions that
time can never destroy. For it is in
happy remembrance that the heart
finds its greatest joy.*

Kathryn Allen

September 23, 2018

Perry Clay

October 2, 2018

Victoria Cancalosi

October 7, 2018

Mary Long

October 10, 2018

Jack McClintock

October 19, 2018

United States Army

ACTIVITIES IN THE CHAPEL

Women's Bible Study
First and third Monday of the month
Promptly at 10:45 – 12 noon

Men's Bible Study
Weekly, Wednesdays
10:00 – 11:00 AM

Holy Communion, Episcopal Rite
Second Monday of the month
11:00 AM

Rosary – Led by Chester Ludwicki
First, Second, and Third Fridays
9:30 AM

Quaker Meeting for Worship
Fourth Sunday
10:30 – 11:30 AM

Autumn is the Year's Last, Loveliest Smile. - William Cullen Bryant



Photos by Julie Eden