

# *“For Your Information”*

(A periodic publication by Sherwood Oaks Executive Director, Annette McPeck)

**October 12, 2018**



## **Resident Satisfaction Survey**

The resident satisfaction survey will be distributed to all residents and/or responsible parties on October 22<sup>nd</sup>. This year's paper survey will include a self-addressed, stamped envelope for you to mail it directly back to Holleran Consulting instead of dropping it off at the reception desk. If you would like to complete the survey online and have not given your email address to Tabby Alford, please do so by October 13<sup>th</sup>. The deadline for us to submit the final list of email addresses to the Holleran consultants is October 15<sup>th</sup>. If you have any questions about the survey, please feel free to contact me.

## **Resident Meeting**

A resident get together is scheduled for Friday, October 19 at 1:30 PM in the Auditorium. I will be reviewing last year's resident satisfaction survey results and will be giving a campus update. A bake sale meeting will immediately follow the get together for anyone interested in staying.

## **Fall / Winter Menus**

The fall/winter menus will begin on Monday, October 15. We run a five-week menu cycle excluding birthday nights and holidays, which are specially designed menus offered in all of our dining rooms. Our chef's demo night will remain on Tuesdays to coincide with the full-service dining experience. In addition to Chef Fred's features, we will be offering two seasonal plate demos and five Box'd Chef recipes for you to enjoy on Fridays. We have designated vegetarian

items with the logo  and the dietitian's choice as  on our menus.

As always, resident input is invaluable to Dining Services. Our recent survey for the fall/winter menu had 29 responses with constructive areas of opportunity that helped us make decisions relevant to resident choices. Please continue to use the comment cards to let us know how we are doing. It is imperative that you include the date and meal period on the card. All comment cards are reviewed at the dining committee monthly meeting.

## **Box'd Chef is returning with a new format**

As mentioned above, Box'd Chef is being offered on Fridays as a cycled menu item. We will also prepare raw, fresh ingredient meal kits onsite by our own chefs for you to enjoy cooking at home. We are asking that you let us know if you would like to purchase a meal kit by Thursday morning for Friday pickup. Residents are permitted to use a meal credit. These raw ingredients will stay fresh when refrigerated properly for three days. Please look for the Box'd Chef recipe of the week on channel 900, the weekly bulletin, or any TouchTown monitor.

### **Drug Takeback Day**

Sherwood Oaks will be participating in the DEA's National Drug Take Back Day on Friday, October 26 from 10 AM to 2 PM in the lobby. Mike Mills, Director of Security, will be overseeing the collection of any unwanted, unused or expired drugs. This includes prescription and over-the-counter drugs. The medicine will be picked up by UPMC for proper disposal. This program is open to Sherwood Oaks residents and staff.

### **2019 UPMC Calendars**

The 2019 UPMC Senior Communities benevolent care calendar "As Seen on TV," is now available. It features more than 150 residents dressed as cast members from many popular television series. Several Sherwood Oaks residents are featured in the calendar. How many do you recognize?

Earlier this week, we distributed one complimentary calendar to each patio home, apartment and room on Personal Care, Skilled Nursing and Oak Grove. Independent Living and Personal Care residents received their calendar in their mailbox. Skilled Nursing and Oak Grove residents were offered a calendar with the daily chronicle that was handed out by the Recreation Therapy staff and volunteers.

If you did not receive a calendar, please contact Tabby Alford at ext. 8460. If you received a calendar; but are not in need of one, please return it to the reception desk. Additional calendars are available for purchase at the reception desk for \$7.00.