



**This Week at Sherwood Oaks - September 9, 2018 to September 15, 2018**  
**The Audio Bulletin Board 8489**

**Sunday, September 9 Buffet Lunch/Dinner**

**Bus to Local Churches - please see bulletin board and Channel 900 for times**

2:00 pm Chapel Service - Auditorium -  
Rev. Moni McIntyre

**Buffet Lunch**

**Monday, September 10 Full Service Dinner**

8:15 am Bus to Passavant Cranberry  
 9:30 am Bus to Costco/Barnes & Noble  
 Walmart/Cranberry Mall  
 Passavant Cranberry & Main Campus  
 9:30 am Donut Social - Women's Bible Study -  
 Auditorium  
 10:00 am Aquacize - Swimming Pool  
 11:00 am Exercise Class - Cranberry Lake  
 Fitness Center  
 1:00 pm Painting Class - Novice or Pro  
 1:00 pm Bus to Shop 'n Save/CVS  
 Passavant Cranberry & Main Campus -  
 Legacy Theater - Movie Today  
 2:00 pm Monday Musical Matinee - **The Pirate**  
 Not Rated - Auditorium  
 3:00 pm Pinochle - Center Lobby  
 7:00 pm Monday Night Bridge - Card Room

**Buffet Lunch**

**Tuesday, September 11 Full Service Dinner**

8:15 am Bus to Passavant Cranberry  
 9:30 am Bus to VA Clinic in Cranberry  
 Passavant Cranberry &  
 Pittsburgh/Oakland  
 10:00 am Tai Chi Today - Cranberry Lake  
 Fitness Center  
 10:30 am Meeder Development Meeting with  
 Jerry Andre - Township Supervisor -  
 Auditorium/Card Room  
 11:00 am Take a Walk with a Friend - Meet in  
 Lobby  
 1:40 pm VA Clinic Cranberry/Passavant  
 Cranberry/Pittsburgh/Oakland  
 3:00 pm Hand and Foot Canasta - Lobby  
 4:00 pm Grab 'n Go Book Club Meeting - Chapel  
 7:15 pm Outdoor Games - Summer House  
 7:15 pm SORA Quarterly Meeting - Auditorium

**Wednesday, September 12 Buffet Lunch**

**Bus to UPMC Passavant Cranberry**  
**8:15am - 9:30am -11:45am - 2:00pm**

9:30 am Bus to Rite Aid, Passavant  
 Cranberry & Rt. 228 Mall  
 10:00 am Men's Bible Study - Chapel  
 11:00 am Exercise Class - Cranberry Lake  
 Fitness Center  
 12:00 pm Granny's Attic Annex Patio Home 156

**Wednesday, September 12 (continued)**

1:00 pm Complimentary Hearing Aid Service  
 Dr. Francis - Appointment Necessary  
 1:00 pm Wednesday Bridge - Card Room  
 1:00 pm How To Write Your Life Story - Must be  
 pre-registered - Sherwood Meeting Room  
 1:30 pm Handbells Practice - Auditorium  
 3:00 pm **NO** Chorus Practice  
 3:00 pm Pinochle - Center Lobby

**Thursday, September 13 Buffet Lunch/Dinner**

7:00 am Bus to Passavant Cranberry & Main  
 9:30 am Bus to Costco/Barnes & Noble/Walmart  
 Cranberry Mall/Passavant Cranberry &  
 Passavant Main  
 10:00 am Aquacize - Swimming Pool  
 11:00 am Yoga Class - Cranberry Lake  
 Fitness Center  
 1:00 pm PC, Laptop, Tablet, or Smartphone Help  
 1:00 pm Streets of Cranberry/Passavant Cranberry  
 and Passavant Main  
 1:15 pm Scrabble & Games - Lobby  
 1:30 pm Duplicate Bridge - Card Room

**Buffet Lunch**

**Friday, September 14 Full Service Dinner**

**UPMC Passavant Cranberry**  
**7 am - 9:30 am - 1 pm**

9:30 am Bus to Shop 'n Save  
 Passavant Cranberry & Passavant Main  
 9:30 am Friday Gatherings/Prayer - Chapel  
 11:00 am Exercise Class - Cranberry Lake Fitness Ctr.  
 1:00 pm Costco/Barnes & Noble/Walmart  
 Cranberry Mall/Passavant Cranberry/  
 Passavant Main  
 1:30 pm Tai Chi - Cranberry Lake Fitness Center  
 2:00 pm Sew and SO - Personal Care Day Room

**Saturday, September 15 Buffet Lunch/Dinner**

10:00 am Bus to Beaver Valley Mall  
 3:40 pm Bus to St. Ferdinand's Church  
 7:00 pm Saturday Night Movie - **Won't You Be My**  
**Neighbor** - Rated PG - 1hr 34min

*Where were you when the world stopped turning,  
 on that September day?*

*In Remembrance of*  
**September 11, 2001**



**COMING EVENTS**



September	16 Sunday	Chapel Service - 2:00pm - Auditorium - Tom Parkinson
September	17 Monday	Women's Bible Study - 10:15am - Chapel
September	17 Monday	Let's Talk - 1:00pm - Auditorium
September	18 Tuesday	Living With Loss - 11:00am - Card Room
September	18 Tuesday	Drama Club Meeting - 1:30pm - Card Room - New Members Welcome!
September	18 Tuesday	Sister Circle - 11:00am - Skilled Nursing
September	19 Wednesday	City Theatre - 11:45am - Southside
September	19 Wednesday	Campfire Night - 7:15pm - Summer House
September	20 Thursday	Focus on the World - 7:15pm - Auditorium
September	21 Friday	Resident Get Together - 1:30pm - Auditorium
September	22 Saturday	Saturday Night Movie - 7:00pm - Auditorium -The Honeymooners - Unrated

**This Week's Menu**

**Sunday, September 9, 2018 - Saturday, September 15, 2018**

**Dining Room Reservation # for Patio Homes: 8234**

**Dining Room Reservation # for Apartment Residents and 600 Patio Homes: 724-776-8234**

**Take Out and Home Delivered Meals - Patio Home Residents: 8236**

**Take Out and Home Delivered Meals - Apartment Residents and 600 Patio Homes: 724-776-8236**

<b>Sunday</b>	<b>Buffet Lunch/Dinner</b>	<b>9</b>
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Cream of Artichoke Soup		
Seafood Newburg		
Rotisserie Chicken		
Baked Ham		
Chef's Feature - Creamed Chipped Beef		

<b>Thursday</b>	<b>Buffet Lunch/Dinner</b>	<b>13</b>
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Beef Vegetable Soup		
Trout Piccata		
Roast Turkey with Natural Jus		
Stuffed Peppers		
Chef's Feature - Smoked Pork		

	<b>Buffet Lunch</b>	
<b>Monday</b>	<b>Full Service Dinner</b>	<b>10</b>
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Turkey Barley Soup		
Seared Ahi with Salsa		
Baked Pork Chop		
Balsamic Glazed Beef		
Chef's Feature - Louisiana Chicken Bites		

	<b>Buffet Lunch</b>	
<b>Friday</b>	<b>Full Service Dinner</b>	<b>14</b>
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Lemon Orzo Chicken Soup		
Baked Flounder		
Vegetarian Chili with Toasted Pita Chips		
Baked Lamb Chop with Mint Jelly		
Chef's Feature - Thin Shaved Sirloin		

	<b>Buffet Lunch</b>	
<b>Tuesday</b>	<b>Full Service Dinner</b>	<b>11</b>
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Chilled Cucumber Soup		
Orange Roughy		
Angel Hair Pasta with Marinara Sauce		
Almond Crusted Chicken Salad		
Chef's Demo - Sauté of Steak or Pork Sirloin MTO		

<b>Saturday</b>	<b>Buffet Lunch/Dinner</b>	<b>15</b>
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Gazpacho Soup		
Pan Seared Snapper		
Barbecue Pulled Pork on an Onion Roll		
Southern Fried Chicken		
Chef's Feature - Homemade Salisbury Steak		

<b>Wednesday</b>	<b>Buffet Lunch/Dinner</b>	<b>12</b>
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Chicken Noodle Soup		
Crab Stuffed Portobello		
Calves Liver & Onions		
Cherry Glazed Ham		
Chef's Feature - Marinated Grilled Chicken		

**Regular Non-Holiday Dining Room Hours**

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**Lunch Buffet:** Noon - 1 PM Mon. - Sat.  
**Sunday Brunch Buffet:** 11:30 AM - 2 PM  
**Dinner:** 5:00 PM - 7:00 PM  
**Café Sherwood:**  
**Breakfast:** Daily 8 AM - 10:30 AM  
**Lunch:** Daily 11 AM - 5 PM  
**Dinner:** 5:00 PM - 7:00 PM

**WEEKEND PHYSICIANS ON CALL**  
 Call the Community Nurse for assistance at 8496.  
 Call 412-931-3066 for doctor on call information.

Please leave items for the Weekly Bulletin at the front desk **by Thursday** for Donna Fasone or call 8462, or email fasone@sherwood-oaks.com.

