



**This Week at Sherwood Oaks - July 15, 2018 to July 21, 2018**  
**The Audio Bulletin Board 8489**



**Sunday, July 15**      **Buffet Lunch/Dinner**  
**Bus to Local Churches - please see bulletin board and Channel 900 for times**  
 2:00 pm Chapel Service - Auditorium -  
 Rev. James Gascoine

**Wednesday, July 18 (continued)**  
 1:15 pm Wednesday Bridge -Card Room  
 3:00 pm Pinochle - Center Lobby  
 7:15 pm Campfire Night - Summer House

**Monday, July 16**      **Buffet Lunch**  
**Full Service Dinner**  
 8:15 am Bus to Passavant Cranberry  
 9:30 am Bus to Costco/Barnes & Noble  
 Walmart/Cranberry Mall  
 Passavant Cranberry & Main  
 10:00 am Aquacize - Swimming Pool  
 11:00 am Exercise Class - Cranberry Lake  
 Fitness Center  
 1:00 pm Painting Class - Novice or Pro  
 1:00 pm Bus to Shop 'n Save/CVS  
 Passavant Cranberry & Main Campus -  
 Legacy Theater - Movie Today  
 3:00 pm Pinochle - Center Lobby  
 7:00 pm Monday Night Bridge - Card Room

**Thursday, July 19**      **Buffet Lunch/Dinner**  
 7:00 am Bus to Passavant Cranberry & Main  
 9:30 am Bus to Costco/Barnes & Noble/Walmart  
 Cranberry Mall/Passavant Cranberry &  
 Passavant Main  
 10:00 am Aquacize - Swimming Pool  
 11:00 am Yoga Class - Cranberry Lake  
 Fitness Center  
 1:00 pm PC, Laptop, Tablet, or Smartphone Help  
 1:00 pm Streets of Cranberry/Passavant Cranberry  
 and Passavant Main  
 1:15 pm Scrabble & Games - Lobby  
 1:30 pm Duplicate Bridge - Card Room  
 3:00 pm Hand and Foot Canasta - Lobby

**Tuesday, July 17**      **Buffet Lunch**  
**Full Service Dinner**  
 8:15 am Bus to Passavant Cranberry  
 9:30 am Bus to VA Clinic in Cranberry  
 Passavant Cranberry &  
 Pittsburgh/Oakland  
 10:00 am Tai Chi Today - Cranberry Lake  
 Fitness Center  
 11:00 am Take a Walk with a Friend - Meet in  
 Lobby  
 11:00 am Sister Circle - Skilled Nursing  
 1:40 pm VA Clinic Cranberry/Passavant  
 Cranberry/Pittsburgh/Oakland  
 3:00 pm Hand and Foot Canasta - Lobby  
 7:15 pm Outdoor Games - Summer House

**Friday, July 20**      **Buffet Lunch**  
**Full Service Dinner**  
**Bus to Passavant Hospital and**  
**UPMC Passavant Cranberry**  
**7 am - 9:30 am - 1 pm**  
 9:30 am Bus to Shop 'n Save  
 Passavant Cranberry & Passavant Main  
 9:30 am Friday Gatherings/Prayer - Chapel  
 11:00 am Exercise Class - Cranberry Lake Fitness Ctr.  
 1:00 pm Costco/Barnes & Noble/Walmart  
 Cranberry Mall/Passavant Cranberry/  
 Passavant Main  
 1:15 pm Let's Talk - Auditorium  
 1:30 pm Tai Chi - Cranberry Lake Fitness Center  
 2:00 pm Sew and SO - Personal Care Day Room

**Wednesday, July 18**      **Buffet Lunch**  
**Bus to UPMC Passavant Cranberry**  
**8:15am - 9:30am -11:45am - 2:00pm**  
 9:30 am Bus to Rite Aid, Passavant  
 Cranberry & Rt. 228 Mall  
 10:00 am Men's Bible Study - Chapel  
 11:00 am Exercise Class - Cranberry Lake  
 Fitness Center  
 12:00 pm Granny's Attic Annex Patio Home 156  
 1:00 pm Complimentary Hearing Aid Service  
 Dr. Francis - Appointment Necessary

**Saturday, July 21**      **Buffet Lunch/Dinner**  
 10:00 am Bus to Beaver Valley Mall  
 3:40 pm Bus to St. Ferdinand's Church  
 7:00 pm Saturday Night Movie -**Never Cry Wolf**-  
 Rated **PG** - 1hr 45min





### COMING EVENTS

July	22 Sunday	Chapel Service - 2:00pm - Auditorium - Rev. Derek Marotta
July	24 Tuesday	Outdoor Games - 7:15pm - Summer House
July	24 Tuesday	Chris Denem performs Neil Diamond Classics - 2:00pm - Auditorium
July	26 Thursday	Pitt Alumni Dance Band - 7:15pm - Auditorium
July	27 Friday	Resident Get Together - 1:30pm - Auditorium
July	28 Saturday	Saturday Night Movie - <b>My Dog Skip</b> - Rated <b>PG</b> - 1hr 35min
July	28 Saturday	Memorial Service - Jean "Rusty" Sweitzer - 2:00pm - Auditorium

#### This Week's Menu

Sunday, July 15, 2018 - Saturday, July 21, 2018

Dining Room Reservation # for Patio Homes: 8234

Dining Room Reservation # for Apartment Residents and 600 Patio Homes: 724-776-8234

Take Out and Home Delivered Meals - Patio Home Residents: 8236

Take Out and Home Delivered Meals - Apartment Residents and 600 Patio Homes: 724-776-8236

#### Sunday Buffet Lunch/Dinner 15

Chilled Vichyssoise  
 Lobster Ravioli with a Tuscan Lobster Sauce  
 Chicken Marsala  
 Prime Rib au Jus  
 Chef's Feature - Eggs Benedict

#### Thursday Buffet Lunch/Dinner 19

Manhattan Clam Chowder  
 Salmon Berry Salad  
 Moussaka  
 Garlic Parmesan Chicken Wings  
 Chef's Feature - Salisbury Steak

#### Monday Full Service Dinner 16

Tomato Basil Soup  
 Grilled Mahi with Pecan Lime Butter  
 Sesame Beef Stir Fry  
 Herb Marinated Baked Chicken Thighs  
 Chef's Feature - Meat Lover's Pizza

#### Friday Full Service Dinner 20

Chilled Strawberry Soup  
 Tilapia with Lemon and Chives  
 Corned Beef and Cabbage  
 Angel Hair Pasta with Vegetable & Pesto Sauce  
 Chef's Feature - Chicken Romano

#### Tuesday Full Service Dinner 17

Italian Wedding Soup  
 Jumbo Lump Crab Cakes  
 Zucchini Ricotta Rolls  
 Pork Tenderloin with Peach Salsa  
 Chef's Demo - Choice of Buffalo Chicken or  
 Steak Salad MTO

#### Saturday Buffet Lunch/Dinner 21

Split Pea Soup  
 Scallops ala Caprese  
 Pork Chop Vietnamese  
 Honey Mustard Chicken  
 Chef's Feature - Sauteed Liver and Onions

#### Wednesday Buffet Lunch/Dinner 18

Chicken Black Bean Soup  
 Shrimp Scampi  
 Steak au Poive  
 Sweet Italian Sausage  
 Chef's Feature - Turkey/Broccoli Pilaf

#### Regular Non-Holiday Dining Room Hours

**Lunch Buffet:** Noon - 1 PM Mon. - Sat.  
**Sunday Brunch Buffet:** 11:30 AM - 2 PM  
**Dinner:** 5:00 PM - 7:00 PM  
**Café Sherwood:**  
 Breakfast: Daily 8 AM - 10:30 AM  
 Lunch: Daily 11 AM - 5 PM  
 Dinner: 5:00 PM - 7:00 PM

**WEEKEND PHYSICIANS ON CALL**  
 Call the Community Nurse for assistance at 8496.  
 Call 412-931-3066 for doctor on call information.

Please leave items for the Weekly Bulletin at the front desk **by Thursday** for Donna Fasone or call 8462, or email fasone@sherwood-oaks.com.

