

“For Your Information”

(A periodic publication by Sherwood Oaks Executive Director, Annette McPeck)

July 25, 2018

Farmers Market

The ever-so-popular farmer’s market will be back in swing on Thursday, July 26th in the lobby and fireplace area. This month, we are featuring a zucchini alfredo action cooking station. We will also offer several new items (made in-house) that are available to sample and purchase.

- ✓ Zucchini slaw and power blend
- ✓ Homemade pickles
- ✓ Cucumbers in assorted sauces
- ✓ Applesauce and apple butter
- ✓ Baked goods, including local homemade apple strudel, banana bread, zucchini bread and margarita ciabatta
- ✓ Bread items from Bread Works
- ✓ A variety of produce and veggie power blends
- ✓ Homemade pesto and salsa

The market will be open from 11 AM – 2 PM and is open to all residents, guests and staff. Residents may use cash or charge items to their monthly statement. Guests and employees must use cash for purchases. If you have any questions, contact Beverly Puglia at ext. 8495.

Oak Grove Center and Personal Care Open Houses

Many residents are curious about the Oak Grove Center and Personal Care and are not sure what to expect when visiting friends or moving in. We would like to give you an opportunity to tour each unit and understand the ins and outs of the programs.

- An open house for The Oak Grove Center will be held on Tuesday, August 7th at 10:30 AM. We will meet in the Cranberry Lake Grill on the lower level of the Oak Grove Center.
- An open house for Personal Care will be held on Tuesday, August 14th at 1:30 PM in the Personal Care Day Room on the 2nd floor of the health center.

Lori Greer, Personal Care Administrator, will be available to talk about the programs and answer any questions you may have.

Low Vision Presentation

Board certified vision specialist, Holly Stants, will be here on Thursday, August 2nd at 1:15 PM in the Auditorium to speak to you about low vision. Holly works at the UPMC Eye Center and is highly regarded for her ability to identify and recommend equipment and techniques to continue independence with low vision.